



### TABLE OF CONTENTS

COLUDD DAGD	EDDE II/ODI D DII/ODIA
COVER PAGE1	FREE WORLD PHOBIA42
TABLE OF CONTENTS2	HALLOWEEN PICTURES43
RESTORATIVE JUSTICE3	GIVING BACK47
MISSION STATEMENT4	INTRODUCTION TO STOCK49
THE ESSAY6	EXERCISE ON THE ROAD52
COME HOME	CARTOON54
THERE ARE CHOICES14	BRAIN TEASERS55
I ENDURE15	HORROR-SCOPES57
TO MY B.I.T16	STATEWIDE CALLOUT60
PEER LED SHOWCASE18	
THE HISTORY OF HALLOWEEN19	
HALLOWEEN FAVORITES23	
MORE THAN DECORATIONS31	
GLOBAL LEADERSHIP ACADEMY34	OUTSIDE CONTRIBUTORS
MY GLOBAL LEADERSHIP EXPERIENCE37	
AUNT MARYS STORYBOOK40	

## TENNES HORIZONS VOLD TO TO



# RESTORATIVE AUSTICE

*KEWANEE LSRC* has agreed to allow us to engage in more Restorative Practices. In the Horizons newsletter you will see the terms <u>RESTORATIVE JUSTICE</u> and <u>RESTORATIVE</u> <u>PRACTICES</u> very often.

The aim of Restorative Practices is to develop community and to manage conflict and tensions by repairing harm and building relationships. Restorative Justice in general, is a process involving the primary stakeholders in determining how best to repair the harm done by an offense. The three primary stakeholders in Restorative Justice are: the victims, the offenders, and their communities of care; their needs are respectively: obtaining reparation, taking responsibility, and achieving reconciliation.

The Kewanee Horizons team believes creating a better community here is Restorative. By indirectly repairing damages and by giving back to our current community and with greater communities at large, we are engaging in Restorative Practices.

Community: A group of people with a common characteristic Or interest living together with in a larger society.

Merriam-Webster's Collegiate Dictionary Eleventh Edition

## TEMPLES HORIZONS NOW TO FIG.



# MISSION STATEMENT

Kewanee Horizons has adopted the Restorative Justice and community theme. Partly because this has been the fight of our lives, those of us who have sought not only freedom in its many forms, but, also a way to give back, rebuild, and uplift our communities.

We give back because of what we have been given. We rebuild, by restoring back to a state of before our offenses. We uplift, by a conscious and consistent effort to better ourselves as well as those around us.

Kewanee Horizons will work to highlight the achievements of our community both on campus and off, inside facilities and outside. Whether individually or collectively and no matter the uniform we wear. We're going to look into the daily lives on our campus and across the state to other facilities on a regular basis. We are hoping to open the eyes to the limitless potential there is in our population, to advocate for more participation in programming, and to give recognition to those who succeed. We want to remain as interactive as possible so Kewanee Horizons will be picking your brains for ideas and accepting submissions to make this as interactive as possible. This publication is put together for the purpose of uplifting mind, body and spirit.

## 



### KEWANEE HORIZONS NOW HAS ITS VERY OWN EMAIL ADDRESS!

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## TEMPLE MONTHUMEN TO PER PROPERTY OF THE PROPER



By Melissa Pavlik, Adjunct Professor, Lewis University's Prison Education Program

They laughed when I brought in Seg pens because they had access to ink pens now. They called out my truths and my lie in our day one check-in faster than any other prison writing class I'd taught before. "She look like a coffee drinker." "She don't use red pen." They self-identified as having one foot out of prison, with ten other things they could be doing with their Sundays. They talked loud and over one another, yet still wanted to hear everyone's ideas when crafting a community agreement and before making class decisions. Thirteen grown men and I shared a windowless classroom for six Sundays of a Lewis University course called "The Essay" in summer 2024. These students had freedom of movement, educational access, ink pens, even, but they still resided within a secure facility where human beings lock up other human beings. I was there too, signed in and surveilled for every second of those Sundays.

Teaching students at Kewanee LSRC how to craft a writer's life in prison came to mean holding instructional space where, through the unlocking of all of our selves, we could support one another in becoming the most productive, positive writers possible.

Discussing and reading back from one another's writing in class freed us to turn away from the confinement of our classroom and towards something more uplifting in mind and spirit. A writer who called himself "KT," for ex-



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ample, reminisced in a class assignment on a three-on-three basketball tournament he won as a teen, explaining how the day after the tournament, "I felt like a star. Everybody treated me like I was somebody. That put something in my body that I would always want to feel each and every day of my life." KT's words illustrated how I had felt in middle school when I started to write my own stories; teachers noticed and began reading them out loud. Everyone should have the chance to feel this way about writing, I had thought, and I tried to bring that attitude into the Kewanee classroom. Or everyone, at least, (as KT noted, and I acquiesced to halfway through the semester) should have the chance to feel this way about something. Another student, Joel, wrote about Kewanee's Juneteenth celebration: "The air was so light I don't know how we didn't all float away." The five hours spent weekly in our writing classroom actually did fly by (for me, at least). I understood if I wasn't intentional about creating a space where the air felt "light," there wouldn't be a chance for students to float (or be pulled along by those already floating) through topics like sentence boundary errors, and what makes a strong body paragraph. I exited class the same way one student, Bradley, left the "Cable Guy" concert he wrote about: "I was happy, energetic and full of life." The spirited conversations about the writing process, assignments, and in-class activities prompted me to realize and name, with excitement, the fact that people in our room had outdates, that we might continue our writerly relationships on the other side of these walls, in this lifetime.



Malcolm admitted in his creative essay about working at Wrigley Field, "I am not a baseball fan." We who shared the classroom with him could unanimously conclude from his honest participation that he was not a fan of writing, either, but the day he worked Wrigley in 2016 when the Cubs won the World Series may not be unlike the day we had presentations by the world-series lineup of writers in our prison writing class; it might even have gotten someone's

## MENANCE HORIZONS NOW TO FICE

"adrenaline pumping" again to the point of, as Malcolm noted that championship day, his "veins...dancing outside of [his] arms." The spaces I felt most myself and most alive growing up were writing spaces; voices from the Kewanee classroom mixed in my memory with voices from writing classrooms from my childhood on my travels home that summer; I left class gifted with the writerly voices that accompanied me.

Freedom through writing in this class also meant naming and sharing past traumas as a rebuilding step towards healing. Most striking to me in this category was Nate volunteering to read, out loud to the class, his journalistic account of an individual in custody taking his own life at Menard Correctional Center several years back. Nate reflected in his cover letter attached to this assignment how the process of writing on this topic, "was sad, and a level of trauma I didn't realize." I shivered as the vibe in the room moved from Sunday "fun day" (because we all—except maybe Malcom—loved writing so much) to "funeral." Students listened in community, then reflected on the memoir read out loud, several of them piecing together their own versions of that day as they realized how so many of them in that present classroom had also been present in that shared space, years ago. They who had been separated, in cells at the time, now were united in one classroom, survivors, collectively revisiting the experience. Naming the act in writing served as a step towards healing and gave permission for the classroom space to be used to help one another process and rebuild.

Cruz didn't have a chance to share his essay out loud, but he also wrote about encountering death, facing the passing of a loved one on the outside and realizing he was mourning at the same funeral home where he'd been to honor his grandfather's death years before. About the experience of recognizing he had returned to the place of his grandfather's funeral, he wrote, "I hop into the car and drive off into the evening without looking back." Cruz's response reminds me of my departures from Kewanee at 2pm each Sunday. As the only one in class with the privilege to leave, I feel the need to sign out, get out, drive away and not look

# MENANCE HORIZONS NOL TO POS

back. I don't process; I block everything until I am out. In Wazir's creative essay that places him out of prison and on stage at the Grammy's, he raps, "I'm speaking up for my skin color, RIP to my big brother," using language to create a space to process his trauma through an imagined artistic performance, showing there is much we can learn in this class about college-level academic writing from Biggie's "lyrical thesis," world building through word building. Another student, 'Ja, leaves us terrified when he reads back his story about a late-night date/favor for a homie that puts us face-to-face with a terrifying "crow, flapping his wings, hitting the side of the cage, seemingly shaking the whole house." 'Ja demonstrated how sharing a scary story can deescalate the fear one holds by carrying it so long because at least the fear is named, and you aren't alone in facing it anymore. I turn to the essay form here in this reflection as an imaginative space to name whatever fear I didn't allow myself to feel when Kewanee classes ended those Sundays, an attempt to publicize the fact that carceral spaces exist which hold some possibility for outsiders like myself to engage in honoring inside writers' humanity for a limited time in a secured space, but they don't detract from and cannot erase the depth of ongoing trauma experienced by those locked up (and working) in prisons.

More than anything, this class provided a relationship-building space for writers to assist in and support one another's dedication to positive productivity. Jet put it best in his essay on the three-on-three Juneteenth tournament at Kewanee when he philosophized, "What is victory and what is defeat? The sacrifice of your body for it" (punctuation added—mine). I witnessed ways these students pushed one another to sacrifice sleep, meals, and free time to get themselves to class and to get the work done. In his cover letter for one writing project, for example, Tony wrote, "This is my third rewrite. I will continue to rewrite it until it's perfect. The category "perfect" was not limited to an instructor's definition but expanded to address peer suggestions and teaching fellow Zack's feedback reviews. I asked in week five if anyone ever passed notes in class or remembered doing so when they were younger. Someone answered, "Nah, we just talk." Those in-class side conversations allowed students to

## MENANCE HORIZONS WOLF TO BE

demonstrate their humanity, though, and they fueled us all for better understanding what writing in community can do in terms of forging pathways towards future freedoms. Side conversations about personal histories, purposeful narrative writing, resume tips, why one is forced by society to write against their will, and how to develop self-motivation to write all became topics of current or future writing projects. The essay I am crafting now is a result of a side conversation and a response to the question, "If you are also part of this writing community, Professor Melissa, then why don't you also complete this auto ethnography assignment?"

Similarly to the side conversations, the naysayer ideas and counterarguments raised in our class discussions widened palettes and vocabularies, opening our minds up to alternate realities. As an instructor, I began to think twice before "correcting" what I read as "verb form" or "agreement" errors, and I asked myself things like, "Can I understand what the writer is getting at without the correction?" and "Is there a pattern here, even if the language does not reflect the conventions I expect?" before marking. Melvin wrote vividly about a past reentry conference at Pontiac Farm and how "a bad apple" who got overheated that day ruined his chances for early release but did "not spoil the whole bunch." Gary reminded us of how some of the most heated emotional conflicts can be humorous in their aftermath, and how freedom of expression in dress can backfire. In other words, he introduced us to the idea that there is always opportunity for one more rewrite (or change of clothes) when he read back his tale of two bridesmaids attending a wedding dress rehearsal, offended that they had both arrived in the exact same (non-bridesmaid) dress. After thinking, "If I can't wear my dress, I'll wear some f\*\*\*ing jeans!" the two women retreated to separate residences...and returned to the dress rehearsal in identical jeans and blouse outfits.

As the only one in class with both feet in the free world, teaching students in "The Essay" course at Kewanee meant honoring possibilities for the writing process to unlock mind

# MENONS VOLATIONS

and heart spaces useful for individual and communal (re)-building. What kinds of freedoms did we entertain within the limitation of our windowless classroom in those six Sundays? Gary allowed us the freedom to laugh at somebody else's drama. Wazir, Brad, and Tony gave us the chance to dream about future concerts, performances, and White Sox games, sharing good memories from the past in writing to keep those memories alive. Melvin and Malcolm granted us permission to say, "I'm tired," "I wrote this right before class," and "I haven't had time," and still turn in writing we feel might be 'less than.' Joel projected the idea that it can be fun to play around with punctuation. Jet said no to periods and semi-colons, at least in early drafts; then, he slowed down to add them in the second (or third) revision. KT took liberty at least once to make an entire essay one paragraph. Nate and Cruz permitted us to write and talk about death. Our Teaching Fellow Zach showed how we could free ourselves from the physical constrains of the carceral classroom through the mindfulness activities he facilitated, taking us to "any safe space you can imagine" (where we find Zach "with my girlfriend, just hanging out"). 'Ja showed us how in facing trauma and incarceration collectively, we can recognize the power in our near escapes ("Ca Caw!") And I got to witness this all, participate, and even write this essay.

### Tou can never learn to much

# MENANCE MORNE MORNE POR 12 SE



By: Earl Milton Jones Jr. @ Centralia C.C.

The Lord has a love for you that is based on Him being love itself. There is an unconditional nature of the love that is ever flowing towards you that proceeds from the very ocean of God's very deep love. He knows you, all of you and will not stop loving you. He wants the best for you at all times. As you grow into who He created you to become, you will learn that He is trustworthy indeed. You can come home, because He always wants you there. You don't have to run or hide. God will kiss your bruises and your (boo-boos). God will clean you off and give new clothes as many times as it takes, until this great knowledge takes root in your heart, mind, and soul, that God loves you and is to be trusted with your overall well being. He always wants you to fare well. He loves you even if you fail. He'll help yo to try again. He is your eternal friend. Give God the key to all of you. He will take care of all of you. His plans are greater than you can ever imagine. His plans for you are tailor fitted for you. He knows and understands all things. When you trusted Him to save you, He took the job. You must come to Him again and again. Build a real deep relationship between you and the Lord. He sees and knows all and He still loves you and desires for you to come home. Come back, His arms are open and He is crying over you. He doesn't want you to die before your appointed date. He doesn't want you to have to suffer more than you have to in the daily ebb and flow. He wants

# MENANCE MORNE MONES NONE TO PER 13

to help you grow. He hopes that you'll allow Him to prepare you and take care of you throughout all of time. Bring everything that you are to Him. Come as you are and come every time that you are able. Then sooner or later it will sink all the way in that He is able to handle all you got going on. So come home, there is no need to run. God wants only to help lift you up to be all that He created for you to become. Come Home & Don't Run!!!



### THERE ARE CHOICES

By: Terrence J. Williams @ Centralia C.C.

Violence

Is this the only way paved?

Victims enslaved to a early grave,

World, behold the work of tragedy,

Catastrophe, and Evil's masterpiece.

But what if we could make

This disaster decrease?

There are choices

And ways to many paths,

A walk against Evil's wrath.

People free to live in tranquility

With clarity.

God's masterpiece to master peace.

All to bring violence down in defeat.

How worthy!

For this way, let us seek,

Make tracks then set course.

Why not,

When you can show the whole world,

There are choices.



## MENANCE HORIZONS WOLD TO TO

### I ENOURE

By: Manuel Enrique Aceituno @ Mt Sterling C.C.

I have the right to think and make peace

To take a deep breath

In between this rhythmic battle of conscious driving me

Intentionally I'm direct, take a step back
I'm no threat, awareness is my test
Say what you, do what you do
"Temptation", I rebuke you
I stride along the path of change
My fellow peers, educator's without fear
I paid my dues with time
Dedication, Commitment, Transformation, Rehabilitation

I seek to change lives
Breaking the chains wrapped in negative lies
what lies inside is the vision to dream
To lead, in positivity I am set free
The power of love
Mentally, emotionally in touch

In balance with intrinsic nature of my true self
Meditative contemplation, focused determina-

tion

Positive affirmations, perceptive perception
Perseverance my existence
Freedom... Freedom...
The beat of my resistance
I endure!



# MENANCE MORNE MONES NONE TO SEE TO SEE

### TO MY B.I.T.

By: Marvin Treadwell

As I step into my future, I will always be reminded of the presence of trauma. When you look real close trauma has been here since the beginning of Man. Long before Covid-19, and it's safe to say trauma has had a more profound effect on the human race than Covid-19. Covid-19 only affected some people worse than others, and some didn't show any symptoms at all. Like Covid-19, trauma has effected entire nations on multiple levels, but unlike Covid-19, trauma has effected those centuries.

Trauma is the name or face of a deep rooted negative experience that we have all succumbed to, in more ways than we can perceive, such as intergenerational trauma, and it is hard to diagnose someone of something when so many things connect it to different aspects of a person's life.

As I walk out of this past life and step into the new world, I can consider myself a free man, but I question that "freedom." Long before I was incarcerated, I was in an institution of trauma that held me in bondage, a victim of my trauma. At the same time I charged and convicted myself of employing the same tactics and practices of the very things that catered to my self-imposed institution. My institution of trauma was founded on abuse, neglected emotions, in-

## MENANCE HORIZONS VOLDER TO PORTO IN A

stability, etc. Within my institution I couldn't appreciate the beautiful things in life as if a prisoner in IDOC, mentally and emotionally stripped of comprehending self-love and self-worth.

My trauma broke me, and I didn't even know I was broken. For years I couldn't associate my behavior to my broken state of being. With a better understanding of my past actions I'm able to see the side effects of my trauma, which has allowed me to fully understand that I'm stepping back into a world full of people with untreated trauma.

Without me being at Kewanee, where would I be concerning my unresolved trauma? It's been a true blessing coming to Kewanee and being a part of the Trauma Unit. The group has allowed me to recognize that all my life, my perspective was tainted by untreated trauma. How do I move forward is a question I feel compelled to consider, now that I am able to recognize the thoughts, emotions and actions that cause me to struggle with my untreated trauma? Simply being aware of my trauma is one thing, but the fight to diminish it or be rid of it altogether is new to me.

How long will I subjugate myself with the institution of my own trauma, putting myself in bondage, knowingly and unknowingly? My solace is knowing that I'm a free man capable of choice, to fight daily for my mental, emotional, spiritual and physical freedom. As I close, let me acknowledge that I realize that my fight against trauma will be one of my biggest. An epic war with casualties on both sides, but the journey and the embracing of it all will be worth it.

To My Brothers In Trauma (B.I.T)

I Stand With You

## MEET HORIZONS VOLD TO TO



The Ladies and Gentlemen that you see pictured above are the very people that help make our vision come to life. These individuals dedicate their time and effort to help teach our fellow peers things that are much needed in their personal development in life, which we anticipate will inspire us all to step up and do the same. We are beyond appreciative for the submissions we've received from other facilities, and other peer educators, and it's truly a wonderful thing to see. We all lead by example, and the example that we've set with these peer-led classes show that we are more than determined to prove our worth. We are all leaving behind a roadmap to success, and for all of those that are involved, to everyone that makes this possible, our gratitude cannot be expressed in simple words. However, thank you to **Everyone**, and please, keep up the good work!

Trust me, it's not going unnoticed.

## TEMPLE MONTHURS MONTH TO PER

# What is the History of Halloweek?

Halloween's origins date back to the ancient Celtic festival of Samhain (pronounced sow-in). The Celts, who lived 2,000 years ago, mostly in the area that is now Ireland, the United Kingdom and northern France, celebrated their new year on November 1.

This day marked the end of summer and the harvest and the beginning of the dark, cold winter, a time of year that was often associated with human death. Celts believed that on the night before the new year, the boundary between the worlds of the living and the dead became blurred. On the night of October 31 they celebrated Samhain, when it was believed that the ghosts of the dead returned to earth.

In addition to causing trouble and damaging crops, Celts thought that the presence of the otherworldly spirits made it easier for the Druids, or Celtic priests, to make predictions about the future. For a people entirely dependent on the volatile natural world, these prophecies were an important source of comfort during the long, dark winter.

To commemorate the event, Druids built huge sacred bonfires, where the people gathered to burn crops and animals as sacrifices to the Celtic deities. During the celebration, the Celts wore costumes, typically consisting of animal heads and skins, and attempted to tell each other's fortunes.

When the celebration was over, they re-lit their hearth fires, which they had extinguished earlier that evening, from the sacred bonfire to help protect them during the coming winter. By

## TEMPLES MONTE POR 20 20

A.D. 43, the Roman Empire had conquered the majority of Celtic territory. In the course of the 400 years that they ruled the Celtic lands, two festivals of Roman origin were combined with the traditional Celtic celebration of Samhain.

The first was Feralia, a day in late October when the Romans traditionally commemorated the passing of the dead. The second was a day to honor Pomona, the Roman goddess of fruit and trees. The symbol of Pomona is the apple, and the incorporation of this celebration into Samhain probably explains the tradition of bobbing for apples that is practiced today on Halloween.

### All Saints' Day

On May 13, A.D. 609, Pope Boniface IV dedicated the Pantheon in Rome in honor of all Christian martyrs, and the Catholic feast of All Martyrs Day was established in the Western church. Pope Gregory III later expanded the festival to include all saints as well as all martyrs, and moved the observance from May 13 to November 1.

By the 9th century, the influence of Christianity had spread into Celtic lands, where it gradually blended with and supplanted older Celtic rites. In A.D. 1000, the church made November 2 All Souls' Day, a day to honor the dead. It's widely believed today that the church was attempting to replace the Celtic festival of the dead with a related, church-sanctioned holiday.

All Souls' Day was celebrated similarly to Samhain, with big bonfires, parades and dressing up in costumes as saints, angels and devils. The All Saints' Day celebration was also called All -hallows or All-hallowmas (from Middle English *Alholowmesse* meaning All Saints' Day) and

## MENANCE HORIZONS WOLF TO POR 21

the night before it, the traditional night of Samhain in the Celtic religion, began to be called All-Hallows Eve and, eventually, Halloween.

### How Did Halloween Start in America?

The celebration of Halloween was extremely limited in colonial New England because of the rigid Protestant belief systems there. Halloween was much more common in Maryland and the southern colonies.

As the beliefs and customs of different European ethnic groups and the American Indians meshed, a distinctly American version of Halloween began to emerge. The first celebrations included "play parties," which were public events held to celebrate the harvest. Neighbors would share stories of the dead, tell each other's fortunes, dance and sing.

Colonial Halloween festivities also featured the telling of ghost stories and mischief-making of all kinds. By the middle of the 19th century, annual autumn festivities were common, but Halloween was not yet celebrated everywhere in the country.

In the second half of the 19th century, America was flooded with new immigrants. These new immigrants, especially the millions of Irish fleeing the Irish Potato Famine, helped to popularize the celebration of Halloween nationally.

### **History of Trick-or-Treating**

Borrowing from European traditions, Americans began to dress up in costumes and go house to house asking for food or money, a practice that eventually became today's "trick-or-treat" tradition. Young women believed that on Halloween they could divine the name or appearance

# MENANCE MONTH TO PER 22

of their future husband by doing tricks with yarn, apple parings or mirrors.

In the late 1800s, there was a move in America to mold Halloween into a holiday more about community and neighborly get-togethers than about ghosts, pranks and witchcraft. At the turn of the century, Halloween parties for both children and adults became the most common way to celebrate the day. Parties focused on games, foods of the season and festive costumes.

Parents were encouraged by newspapers and community leaders to take anything "frightening" or "grotesque" out of Halloween celebrations. Because of these efforts, Halloween lost most of its superstitious and religious overtones by the beginning of the twentieth century.



## MENANCE HORIZONS WOLD FOR 25

The top-grossing October horror releases (Not adjusted for inflation; all data from the Numbers.com)

- 1. "Annabelle" (2014, \$256.9 million worldwide, No. 17-highest grossing horror movie overall)
- 2. "Halloween" (2018, \$255.4 million, No. 18)
- 3. "The Ring" (2002, \$248.2 million, No. 21)
- 4. "Paranormal Activity 3" (2011, \$207 million, No. 32)
- 5. "The Grudge" (2004, \$187.3 million, No. 37)
- 6. "Paranormal Activity 2" (2010, \$177.5 million, No. 42)
- 7. "Saw III" (2006, \$163.9 million, No. 49)
- 8. "Goosebumps" (2015, \$159 million, No. 54)
- 9. "Devil's Advocate" (1997, \$153 million, No. 58)
- 10. "Saw II" (2005, \$153 million, No. 59)

### OTHER MEMORABLE HALLOWEEN FAVORITES

### **Hocus Pocus (1993)**

The campy Disney Halloween classic makes chatty black cats and goofy witches the epitome of Halloween fun. And now that the muchanticipated Hocus Pocus 2\_is out on Disney+, you can plan a double feature this Halloween.



## MENANCE MONISONS MONEY TO PER 24

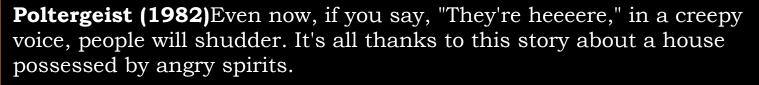
### Halloween (1978)

Given that this iconic film — featuring the unstoppable killing machine that is Michael Myers — shares a name with the year's spookiest holiday, it's just about as classic as they come. It's worth it for the atmospheric John Carpenter score alone. Recently, a new trilogy gave the tried-and-true series a refresh with its original star, Jamie Lee Curtis. In Halloween, Director David Gordon Green re-focused the series on the Strode women, and the way they react to the return of Michael Myers. A sequel, Halloween Kills, followed in 2021, and the trilogy came to a conclusion with Halloween Ends.



### It's the Great Pumpkin, Charlie Brown (1966)

For many, it's simply not Halloween season until the whole family has gathered on the couch to watch this animated special starring the Peanuts gang. Will the Great Pumpkin finally show up this year?







### Psycho (1960)

Everything about Hitchcock's *Psycho*, from its string-filled score to its creepy twist ending is classic. And yet, when you watch it — whether it's for the first time or the hundredth — it still brings up feelings of dread.

### The Texas Chain Saw Massacre (1974)

Leatherface stands up there with the greats when you talk about horror-movie franchise icons. The first one is a grimy, seedy tale of five friends who pick up a hitchhiker, only to be drawn into a house where a chain-saw-wielding killer lurks. The film launched a host of sequels, reboots and sequels to the reboots, including 2022's Texas Chainsaw Massacre, a Netflix film that has Leatherface pitted against influencers seeking to gentrify his neighborhood.



### Child's Play (1988)

Imagine *Toy Story*, but without, well, all the things that give it Disney's stamp of approval. Instead of Woody and Buzz, this movie follows a young boy who receives a doll that takes on a possessed life of its own. When you're finished with the film series, you can move on to the *Chucky* TV show that ran on SYFY and now streams on Peacock.

### The Nightmare Before Christmas (1993)

It's up for debate whether this classic falls into the Halloween or Christmas category. Either way, Tim Burton's imaginary world is a sheer delight. (So maybe watch it once a week from October to December?)





### Night of the Living Dead (1968)

George A. Romero has made his career directing the best zombie movies, usually using the undead as a stand-in to say something about mass culture at large. But even if the metaphors go over your head, just watching the flesh-eating creatures is scary enough on its own. There are six sequels: *Dawn of the Dead* (which is sadly not streaming, but\_the 2004 remake is), Day of the Dead, Land of the Dead, Diary of the Dead and Survival of the Dead.

### The Shining (1980)

Easily one of the most recognizable entries on this list, *The Shining* features Jack Nicholson's breathtaking performance as the writer-turned-madman Jack Torrance. It's a Stephen King classic that director Stanley Kubrick truly makes his own.



## 



### A Nightmare on Elm Street (1984)

Even little kids who don't watch scary movies know who Freddy Krueger is. (And they kind of think he's cool?) But if you sing, "One, two, Freddy's coming for you," even the tough ones will run away.

### **Scream (1996)**

This clever classic reinvigorated the slasher genre with deadly wit. Watch to learn the rules of the genre, like why you should never get too close to the man in the mask, only to have those tropes be subverted. A sixth entry in the franchise, Scream IV, came out earlier this year, and moves the action to New York City for the first time.



### Hellraiser (1987)

Okay, gore fans, this one's for you: *Hellraiser* is about a puzzle box that, if solved correctly, is said to open a portal to a realm of pleasure. But when a man buys it and tries to solve it in his attic, he suffers some gnarly consequences. This movie is also the originator of the Cenobites, including the "Pinhead" figure, which are their own horror icons. The film spawned nine sequels, and last year it received the reboot treatment.

### TENNES MOUS TO PE 2

### The Blair Witch Project (1999)

The movie that popularized the concept of "found footage" horror, this cult favorite follows a group of film students who get lost in the woods while investigating the local "Blair Witch." Try not to think about it next time you're off in the woods.





### The Sixth Sense (1999)

"I see dead people" is by far one of the most popular Halloween movie quotes to this day, and rightly so. In this paranormal drama, Haley Joel Osment plays a 9-year-old boy who has to help spirits move on, in sometimes unexpected ways.

### Friday the 13th (1980)

There's a reason so many of us are wary of Friday the 13th whenever it comes up on our calendars. We can owe a lot of that nervousness to this eerie fan-favorite and the franchise that followed.



## MENANCE HORIZONS NOW TO PER 29



### Pet Sematary (1989)

Pretty much any Stephen King adaptation — and there are a lot of them — makes for good Halloween viewing. This one follows a man who, wracked with grief over the death of his toddler, buries the kid in a pet cemetery that is said to bring dead things back to life. It works — but his son comes back wrong. This film also has a sequel and a more recent remake.

### The Addams Family (1991)

This kid-friendly classic is an easy choice for a spooky — but not night-mare-inducing — Halloween movie night. There's a recent cartoon version with a road-trip-themed sequel, but you can't beat the OG — and its 1993 follow-up, Addams Family Values — for its chemistry between Raul Julia and Anjelica Houston.





### **Carrie** (1976)

In this high school horror story written by Stephen King, a young misfit shows her bullies the terrible power that she possesses. But who are the real evil ones?

## MENANCE HORIZONS WOLD TO TO SO

### The Amityville Horror (1979)

A couple moves into their dream home, only to discover the previous tenants met a deadly end. Really, this drama teaches an important life tip: If the house you're buying seems too good to be true, call the ghostbusters before you settle in.



### The Craft (1996)

Teenage angst goes supernatural when the new girl at school falls in with a coven of witches — and things go off the rails. It's a good one to watch with your BFFs (or frenemies).



This famous paranormal horror from 1973 is based loosely around actual events. Loosely. Reassuring, right?





### Candyman (1992)

In 2021, *Candyman* got a Jordan Peele-produced remake. Wait ... we've said his name twice now! We only get three more before he's summoned in this 1992 horror film.

# MEN TO THE PORT OF THE PARTY OF

### MORE THAN DECORATIONS

By: Halik Williams

Have you ever been walking and something grabs your attention and stops your stride. Well, it recently happened to me. I was going about my normal workday. When I observed something that I haven't seen in my 25 years of incarceration "Halloween Decorations". At that particular moment I couldn't understand why I was so stunned. After ruminating it hit me, it was more than decorations to me. The décor represented fond memories of my youth and freedom. The days of trick-or-treating and thinking about what I would (what costume I would wear) be.

To be honest, I don't know how long I stood mesmerized by the decorations it had to be at least 5 minutes. After a while the staff that took the time and energy out to decorate came out their office to see what I thought, still in a daze my response was it looks good. There were no words to accurately depict how I felt. Others may not have felt or thought what I did in that moment. However, for me those decorations were nostalgic.

I would like to give a huge shout out to EFA Mr. Warnsing for taking the photos, which allowed me to share them with you all. Mr. K. Haley for assisting with putting this article together. Last but not least. Thanks to Ms. Rodríguez and Sgt. Segura for creating a Halloween ambience.

## 















# TENNIE HORIZONS NO. 33











## MENANCE HORIZONS MOLD TO PO 34

### GLOBAL LEADERSHIP ACADEMY

By: Bradley Collier

Not long ago our facility was invited to the Global Leadership Summit, and for two days we listened as men and women from all over the world told their stories. One after another they got on stage and poured their hearts and souls into conveying their message, peeling back history, layer after layer, every story unique in its own way. They talked about their visions, and their dreams, about setting goals and the overwhelming sense of self-worth as they began to accomplish them. They talked of strengths and weaknesses, and of fear and anxiety. They spoke on failure and the strength that it takes to overcome the physical, mental and emotional restraints that it causes. They talked about the mental transformations that had to take place, and the changes in the way that they thought once they began to realize their potential. Every story unique, yet they all had one thing in common. Every person that got on that stage had a vision and passion, not only for their own dreams but also for helping others to realize theirs as well.

Soon after the summit thanks to connections made by Chaplain York, and Warden Carothers, we were introduced to Bo Cornelius an ex-inmate, and Warden Kyle Kempker of Algoa prison in Missouri. An odd couple one might think. You cannot help but ask yourself what these two are doing together in Kewanee, Illinois. After meeting and talking with them for several days I soon realized that these men too have something in common. They both have a vision and passion for helping others, encouraging changes in the ways that we communicate, fostering growth and development, creating opportunities for men and women to

## MENANCE MORNANCE NOUS TO PER 35

realize their potential, and for opening our minds and our hearts to the possibilities that live within each and every one of us.

Together these two men have created the Global Leadership Academy. Beginning in a medium security prison in Jefferson City, Missouri just a couple years ago, it has now spread throughout several other states, with prospects in other countries as well. The first of its kind to be implemented in the Illinois Department of Corrections. I must commend both of these gentlemen. Bo for having a vision, and a dream, and for refusing to let his restraints keep him from realizing it, and Warden Kempker for looking beyond Bo's status as an inmate, realizing the potential, and paving the way for him to bring his vision to reality.

Today, thanks to those connections created by Chaplain York and Warden Carothers we have been able to formally introduce this program into our facility and are currently beginning to foster relationships not only with these two gentlemen and The Global Leadership Academy but also amongst each other as well. Doing so through simple conversation, putting ourselves in uncomfortable situations, and maintaining a willingness to not only to listen but also evolve.

Through open and honest conversation, we have begun to learn about the people in our community, their ways of life, their families, their cultures, and their histories. Week after week we continue to grow, becoming more and more passionate about the process, noticing change not only within ourselves personally but within each and every member of the group as well. By continuously putting ourselves in uncomfortable situations, getting on stage and speaking in front of anyone who just happens to be in the room, and being willing to answer questions openly and honestly regardless of where the conversation might lead, we have all undoubtedly grown and matured as men, sons, fathers, peer educators, mentors, facilitators,

## MENANCE MORNE MONES NON TO PER 36

and leaders.

During this process we have been able to create a fellowship amongst men deriving from all walks of life, allowing us to create an ever growing network of support. By expanding on topics such as anxiety, fear, faith, failure, integrity, and humility we have been able to gain knowledge and wisdom in ways that would have otherwise not been possible. To hear and regurgitate words is one thing, but to have a deep and honest understanding of what they truly mean, not only to ourselves but also to another human being is another. We are not reading definitions from a dictionary. Or Googling questions on the internet. We are sitting down and with good old fashion conversation, communicating our own life experiences, opening our eyes to both the similarities and differences among us. We are doing more than just fostering connections between men, we are creating understanding, acceptance, and empathy throughout our community.







# MENANCE MONISONS NOW TO PER 37

### My Global Leadership Experience

By: Jermaine Brown and Henry Broomfield

**Jermaine:** A couple of months ago I attended the Global leadership Summit which was a two day event located in the gym. It was a live syndicated network displayed on a huge projected screen. It was nice to sit and watch leaders from all around the world take stage and speak on the ups and downs to being a leader. Next came the opportunity to be apart of the Global Leadership Academy, which is a similar program but specifically for those in prison. After the selection, I was teamed up with Wazier, together we prepared and preform a speech about Fear and Chaos. But first we watched Michele Polar (whom was a GLS speaker video footage) on FEAR. Wazier and I decided to post flyers inviting all that wanted to attend to show up.

The day had arrived and it went great. I wanted to show the guys that would follow that it's O.K to be original. So, I added music, a bio, and power point to my speech to give it a professional appeal (even though we all was striving for experience and practice in the

"Elephant for chow", and spoke of my past as a child whose household was his safe place but in school was scared to read and perform in front of peers, afraid of being ridiculed, humiliated, and shamed. I then went into my journey of learning how to over come and ultimately becoming a poet, mentor, peer educator, music artist, and program founder. I concluded my piece by describing that pink elephant as fear, chopping it down piece by piece and eventually feeding off it and eating that "Elephant for chow". Hope you enjoy and feel encouraged.

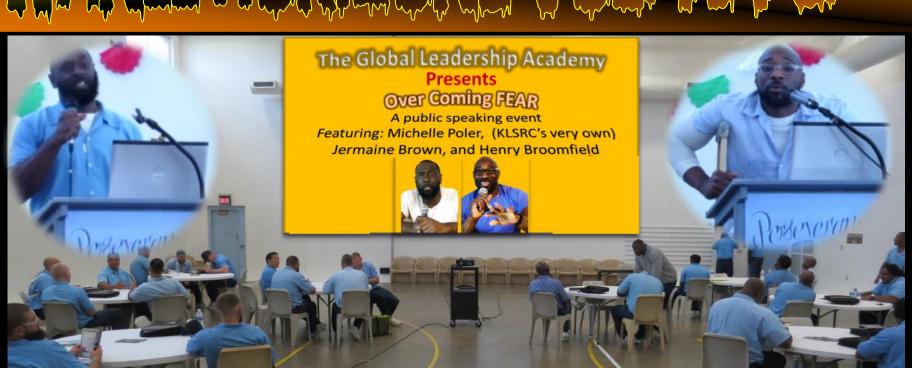
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**Henry:** Peace and Blessings to the readers, I first want to thank Global Leadership Academy for picking Kewanee to be the first place to start the program in Illinois. I have been watching global leadership summit for nine years now, thanks to Cliff and Sue from 'Freedom from within' who first exposed me to this movement. From the first time I watched it, I was hooked! I was always inspired to do something great after watching it. Just recently in my box I found some of my notes I wrote down from watching it years ago. There also have been times in the past where I would envision myself talking and having a major impact on the viewers, I wanted to do it from prison to give our brothers and sisters who are in the struggle something to look forward to, most of all hope.

Just recently in 2022 I reached out to GLS, now fast forwarding 2024. They came to Kewanee and the program is preparing us to be better leaders and be effective speakers. So just last week me and Jermaine went first after just a week to prepare. What he had to say was powerful and moved the room. I been knowing him for several years now and I am proud of him for the things he has overcome, most of all him not being afraid to be vulnerable. Our topic was overcoming fear and we did a great job as the first speakers. I spoke on my personal fears and how I overcame these fears. Coming from where so many of us come from we have so many fears.

So many people are afraid to be who they truly are, afraid to speak and share their feelings or about their mental health struggles. Coming from the hood we don't want to be labeled "crazy" so we pretend and suffer in silence. It's cool to be disrespectful and rude where you can get celebrated and look at as a "hitta" or someone "who ain't going". To be respectful and kind you can be looked at as soft. Even being respectful to certain women you can be labeled soft. So out of fear so many do the opposite. The truth is some of the most dangerous people that I know was respectful. The point is this, if you truly are a good dude or a good woman continue to be just that and don't conform to what society and what others want. In closing, I encourage you to get out your way and be great.

### TENNET HORIZONS WOLF TO THE SE



According to the book of list #1 was fear of public speaking, and death was #7.

# MENANCE HORIZONS NOLD TO POR A CONTRACTOR OF THE PROPERTY OF T

# Aunt Mary's Story Book

By: Nathaniel White

When the call pass for the Aunt Mary's book program for children was given to me the night before the actual day, I was happier than a kid on Christmas. Excitement coursed through my body like a sugar rush after a bag of Jolly Ranchers candy.

How does this program work? Do I get to choose the book? Will they let me do this program because my stepson lives in France? These were the thought which filled my mind.

Finally, the day was here. Turning the corner down the hall where the program was located, all I seen was table after table lined with books. My eyes darted back and forth. I picked books up, amazed by the cover artwork. I searched through them like the one chosen would be my own to keep. Dinosaurs, ghosts, bears, even award winning French children books like Madeline were in the piles. There were sooo many that I didn't know which to choose. I scoured tables; which probably appearing lost, the volunteer offered suggestions, telling me each tables books were arranged according to age group.

My decision and selection became easier. Now holding my book, I beamed with delight as I glanced through it. Being sure I would read it perfectly.

Lining up in the line of other eager fathers who also had their heads in their books ready to

# MENANCE HORIZONS NOW TO PER A S

read and record their newly found treasures seemed to disappear quickly. Man after man went into the room and quickly out again I inched closer. I was surprised by how anxious I felt. "Next!" The volunteer said. Nerves hit me.

My first try failed, but the volunteer let me have another chance. Taking a deep breath, I told myself, just pretend that I'm reading to him like we do over the phone. I pressed the record button again... Fast forward as my stepson heard the prerecording and seeing the photo of me holding the very book he held now was exciting. I dare to say he enjoyed the experience more than me. Oh and yes, the volunteer assured me that they would do their best to get my book overseas to France which they did.

Thanks Aunt Mary Storybook program, you've made a very grateful man, woman, and child out of my family and I.

With Thanks Nathaniel White



# MENANCE HORIZONE NOLD TO POR 42

By: Jake B. Vaughan

I'm Scared, I'll be the first to admit, that when I walk out these gates I fear I'll feel fenced. It doesn't make any sense that in this fairytale world I won't have my bricks, THIS IS MY WORLD!!!

I been out 6 months since I was 13, I'm about to be 20.

I was in St. Charles during Quarantine, no joke, wish this was funny.

Been out for a couple times and it never lasted long,

I always lost my mind, Freedom's Impossible!!!

I hear bout McDonalds, thinking bout Dietary, say you gotta go to the store, I'ma head to Commissary.

My homie died I felt guilty, shedding tears.

We ain't talked since junior high, Are My Experiences Real!!!?

My cellie swear I be tripping, when I talk bout the cell 2 TV's, yeah we living, He say we in hell.

I'm Scared of the Free World but don't wanna waste my life My experiences stand at Zero, but I'm ready to try!!!

# TEMPLES FOR AS



### HAPPY HALLOWEED



MONSTER SLAUGHTER
WINNER







### TENNES MONES MONES TO THE AREA









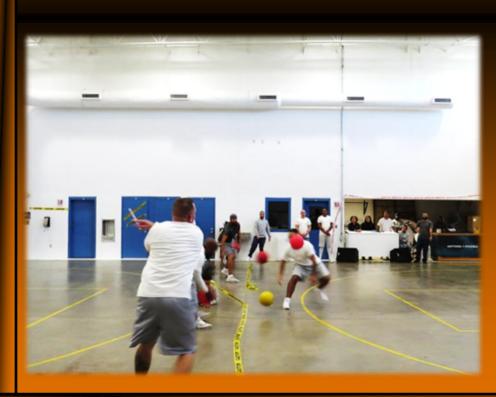


# MENANCE HORIZONS MOLD TO FOR AS











### MEN MEETING TO THE FIRST AGE











# MENONS NOW TO PRO-

### Giving Back

By: Montanez Bozeman

First and Foremost, I would like to salute and say Thank You to everybody that made the Bishop Hill Project possible. Illinois Department of Natural Resources, Rotary of Galva, Kewanee Rotary Community Corps, Ben Endress, People of Bishop Hill, Mr. Moraski (Carpenter), and Mr. Ryan (Engineer).

Kewanee Life Skills Re-Entry Center has a special way of challenging and allowing Individuals in Custody to reach their maximum potential and be great. Whether that's through learning, teaching, or giving back. Since I've arrived at KLSRC, I've had a lot of great moments... one of the most fulfilling moments came, when I was able to give back to a Church Community that's been in need of some heavy repair.

Bishop Hill Colony Church has been deemed by preservationist, one of Illinois most endangered historic sites. Bishop Hill was started as a communal in 1846. The Colony Church was built in 1848. Which is known as one of the earliest settlement of Swedish immigrants in the United States.

After learning more about the Church and what it represented, I didn't hesitate to jump at the opportunity of providing my time, energy, and services to a great cause. Throughout the course of my incarceration, I have donated money to different causes, but



### MENANCE MONSONS VOLO 76 AS

this one hit different... maybe, due to the fact that, I was really hands on with making, painting, and building the 1/4 mile of fence that was required.

I was so locked in that as soon as school was over for the day, I went straight to the ware-house and got to work. What I noticed was it became Therapeutic... Therapy for the Soul. When a person puts sweat equity into something, the value of that something goes up.

I'm grateful for the opportunity to lend a helping hand. It feels good being a part of the solution and not the problem.





# INTRODUCTION TO STOCKS

A new approach to understanding the stock market

By: Kenji Haley, Co-Editor of The Market Corner

Hello there. Throughout my years of doing Financial Literacy, The Horizon Money Team and The Market Corner, there are many of you who read the material and get to the next part of it because as it is foreign to you and be if you only had the cash you could actually do it. Well, I thought about these things and with the Presidential race being over, I felt that it was time to start off the year right by give you guys and gals knowledge so that you can be armed to the teeth with what it takes to understand the stock market. My goal is to give you a week by week measure on what the market is doing and what you need to understand when you see these things. So please, grab some paper and lets get started:

First, what exactly is a stock? A **stock** is an investment in a private or public trading company at their (or the markets) determine price, in which you become a shareholder in the company. MEANING: You are the owner of the stock, REGUARDLESS OF THE AMOUNT YOU OWN. It can be a whole share or a fractional share. You are now a part of the company. So, now that you know what a stock is, lets talk about trading hours. A person can decide to trade in the

### MENANCE HORIZONS MOLD TO POS 50

### WHAT ARE YOUR TRADING HOURS??



**CENTRAL IS 8:30AM TO 3:00PM** 

market during these set times. The arrow is pointed to where we are on the map. Now, this type of stock buying is called "intraday", where the person is buying or selling stock in the times that the stock is moving. There are also buying times that are not part of the intraday. This is called "extend hours." They allow you to buy and sell shares during these times, but there will not be a lot of volume on the shares (we'll get to this down the road). The extended hours have changed recently, where before, you could trade from 3AM to the open

and from 3PM till 6:59PM. Very soon, you will be able to trade from 1:30AM till the open and 3PM till 11:30PM. In a nutshell, you will have 22 hours to buy and sell stocks. But before we get there lets talk some history. Gaging in trading companies, **NYSE**—The history of this dates back to New York in 1792. There were 24 men who were sitting under a buttonwood tree and they were engaged in buying and selling of companies and items. This is the foundation. Not as crazy as some might think, but it is the way that was. **THE DOW JONES**—The Dow Jones Industrial Average is an American stock index, composed of 30 large companies was created

### MENANCE HORIZONS WOLF TO FIGURE 51

on May 26 26, 1896. Prior to the Dow Jones, there was still trading. In fact, Charles Dow (one half of the duo) was watching the transportation averages, which was created in 1884 (12 years prior). It consisted of sugar refining companies, 9 different railroads and the mail system (Western Union and Pacific Mail). Today, it is 30 of the top American companies and the leaders in their industries according to the stock price. The last thing is to introduce you to the stock ticker. It is more of a visual thing, so I will leave it here and you can decipher the infor-

mation. I hope that this helps you all get the gist of what the market is and next time we will talk about the difference between stocks and bonds. Peace!

Vlad Tenev, Founder of Facebook

### WHAT IS A STOCK TICKER

A SET OF LETTERS THAT DESCRIBE THE COMPANY IN WHICH YOU ARE LOOKING INTO RESEARCH/INVEST IN

NEW YOR STOCK EXCHANGE (NYSE)/STANDARD & POORS (S&P) 500 (HAS 1-3 LETTERS)

- CATERPILLAR CAT
- VISA V
- MCDONALDS MCD
- COCA COLA KO
- PROCTOR & GAMBLEPG
- 3M MMM

NASDAQ COMPOSITE (HAS 4-5 LETTERS)

- APPLE AAPL
- MICROSOFT MSFT
- GOOGLE GOOGL
- FACEBOOK META
- CISCO CSCO
- PALANTIR PLTR

### THE HORSE WAS TO BE

# EXERCISE ON THE ROAD: STAYING HEALTHY AS A TRUCK DRIVER

Improve your experience on the road with these tips to keep your truck healthy.

Truck drivers travel an average of about 2,000 miles to 3,000 miles a week. Tight schedules and time-sensitive deliveries often leave little room for much else, but your health should always come first. If you're wondering how to stay healthy as a truck driver, <u>International Used Truck Centers</u> has a few suggestions! From cutting out sugary snacks to doing sit-ups or crunches while you drive, making time for your health is easier than you might think. Find out more about stay fit on the road below, and try out exercise as your next hobby!

### SNACK ON HEALTHY FOODS

You may be tempted to fill your semi truck cab with comfort foods, such as chips, cookies, milk chocolate, and candy, but that'll do you more harm than good. When you spend hours inside a truck cab, you're going to feel peckish — and when that happens, the last things you need are sugar and empty calories. Instead of junk food, fill your cabin with healthy snacks, such as trail mix, protein bars, string cheese, and dark chocolate. Also, swap the cans of soda for bottled water or unsweetened tea. If you cut out three things- sugar, processed foods and carbohydrates- any diet will work.

### BRING EXERCISE EQUIPMENT ALONG FOR THE RIDE

Compact cardio equipment gives you a lot of options and freedom when it comes to working out on the road. Foldable exercise bikes allow you to take the gym with you on your journeys and cost around \$150 on Amazon. During downtime, you can set one up at a rest stop and do

### MENANCE HORIZONS WOLD TO TO 55

15 minutes a day — which adds up quickly. If you'd prefer to keep your workouts simple, you can choose from small weights, dumbells, resistance bands, jump ropes, a pull-up bar, or a suspension trainer. Here's a tip. Say you're driving a 53-footer; if you walk 41 times around that truck, that's a mile.

### **EXERCISE WHILE YOU DRIVE**

One of the best exercises to do while you're behind the wheel is abdominal crunches. They're simple and can be done without impeding your concentration. Squeeze your abdominal muscles and hold while you listen to a song on the radio. Once the song is over, relax your abs. To relieve tension while driving, you can also do shoulder shrugs. Simply lift your shoulders up and hold the position for about 10 seconds, then relax. You can do either of these exercises as often as you'd like.

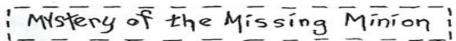
### **USE YOUR ENVIRONMENT**

Don't confine yourself to your truck cab; explore the area around you! Look for running and biking trails, parks, or truck-stop gyms. Wherever your destination, there are bound to be plenty of places to exercise along the way.

### **DOWNLOAD AN EXERCISE APP**

There's an abundance of smartphone apps that are designed to help you keep track of your workouts. Free apps include Freelectics Bodyweight, Johnson & Johnson Official 7 Minute Workout App, and Keelo. You can even download apps specifically for truckers. Iron Trucker, designed by company driver Cleo Hardy, features a selection of exercises you can do using your semi truck, as well as exercise and food logs. It's currently free for Android and IPhone devices. I hope this helps. Happy trucking.















WARDEN, Someone took a Minion!



GARDEN A OVENTURES by yeseria wind

1. I have a large money box, 10 inches wide and 5 inches tall. Roughly how many coins can I place until my money box is no longer empty?

Just one, after which it will no longer be empty.

2. Brothers and sisters I have none but this man's father is my father's son. Who is the man?

The man is my son

3. Who makes it, has no need of it. Who buys it, has no use for it. Who uses it can neither see nor feel it. What is it?

A coffin

4. What runs all around a backyard, yet never moves?

A fence

5. What tastes better than it smells?

A tongue

6. What has a bottom at the top?

Legs

7. What goes through cities and fields, but never moves?

A road

### MENANCE HORIZONS VOLD TO TO 56

### 8. During which month do people sleep the least?

February (there are usually fewer nights in February).

9. What is made of water but if you put it into water it will die?

An ice cube

10. Which creature walks on four legs in the <u>morning</u>, two legs in the afternoon, and three legs in the evening?

Man. He crawls on all fours as a baby, then walks on two feet as an adult, and then walks with a cane as an old man.

11. What 4-letter word can be written forward, backward or upside down, and can still be read from left to right?

Noon

12. Take off my skin - I won't cry, but you will! What am I?

An onion

13. A <u>family</u> has two parents and six sons. Each of the sons has one sister. How many people are in the family?

Nine. Two parents, six sons, one daughter!

14. The water level in a reservoir is low, but doubles every day. It takes 60 days to fill the reservoir. How long does it take for the reservoir to become half full?

59 days. If the water level doubles every day, the reservoir on any given day was half the size the day prior. If the reservoir is full on day 60, that means it was half full on day 59, not on day 30.

### MENANCE MORNES MORNES TO THE STATE OF THE ST

### HORROR = SCOPES



**ARIES**: Hey, to your credit, you've got the Halloween spirit thing down. But please, no more blasting tunes at midnight (except Friday night — when it's Halloween, blast all the tunes you want!

TRANSLATION: Do not blast your radio, them people don't give a shit it's Halloween.



**TAURUS**: Something spooky is going on, Taurus, and it has your whole house stressed out. You're just the person to lessen everyone's fears by double-checking locks on doors, convincing your roommate that the ghost they saw was truly just a large bug. **TRANSLATION**: **Bro Bro, them dudes is hella scary yo.** 



**GEMINI**: Ready for the best Halloween prank the world has ever seen? Yup, the time is ripe for you to pull a spooky prank on your housemates on Halloween night. you can just throw on a sheet and yell "boo" as your roommate walks in the door. **TRANSLATION:** Surprising the cat you live with seems like a bad idea?



**CANCER:** Don't do it, Cancer, don't do it. Don't watch the horror movie with your housemates; you'll end up jumping at every tiny noise or motion for the next three days. Your loss of sleep is not worth the minimal (very minimal) enjoyment you might get

TRANSLATION: Freddie Kruger is scary, even for tough guys, big dog, tell your celly you ain't gonna watch it with him..

### MENANCE MORNE MONES NON TO PER 55



**VIRGO**: Stop watching Halloween movies and message that person you've been trying not to think about. You don't want your lack of a decision to come back to haunt you. And, come on, treats are fun, but tricks are really where it's at.

TRANSLATION: Messaging your ex...now that's scary!



LIBRA: Libra, there is a mystery you have to solve. You'll soon find something precious to you missing. Could one of your housemates have taken it? It's not in your nature just to let something like this go, and rightfully so, but interrogating your roommates may not do much good. I suppose there's a chance you just misplaced it, right?

TRANSLATION: You didn't misplace nothing, your celly ate it bro.. he still got the crumbs on his shirt!



**SCORPIO**: Hey, Scorpio, have you noticed anything ... spooky happening lately? You're not imagining it — the flickering light, the creepy laugh coming from somewhere down the hall, the squeaking of bats swooping around outside!

TRANSLATION: You ain't paranoid bro, you know you ain't trippin, THAT SHIT IS REAL, they do put your house on lockdown every time it is your turn to shop! On purpose.



**SAGITTARIUS**: Seriously, if you pull one more all-nighter, you're going to be too tired to enjoy Halloween at all! And, you know what they say: Midnight is when all the ghosts, ghouls and vampires come to get you, so I'd rethink your plan to start working on your essay at 2 a.m. No need for those bad vibes.

TRANSLATION: Ain't nothing' spooky about writing that article at 2 a.m.!

### MENANCE HORIZONS NOW TO FIGURE 59



**AQUARIUS**: You should ask the spirits for help — have a séance, purchase a Ouija board. Halloween is the perfect time to really connect with the dead, but maybe consider bringing a friend or two along. The dead can be a little unruly, and you'll need all the support you can get.

TRANSLATION: Isn't your boy's nickname Ghost? That's scary asl...



**PISCES**: Pisces, let yourself have some fun. Your brain has been in the books, and you've been ignoring your creative, mystical side. What better time to bring it out than during Halloween? You know those spooky stories you used to love? See if you can scare your friends by retelling them.

TRANSLATION: You will be able to hook up a nacho and watch "It's the Great Pumpkin Charlie Brown" with your cellie, have fun yo, no cap.



**LEO:** Leo, you have been working so hard this week! Pat yourself on the back and reward yourself by eating an entire bag of Halloween candy If you're still feeling the residual need to scream, Halloween is the perfect night for it.

TRANSLATION: Go ahead and treat yourself to a whole bag of peanut clusters....or 2...



**CAPRICORN:** Cap, now is the perfect time to use your passion and determination to get your housemates to dress up in the group costume you want this Halloween! You have so many exciting ideas, and everyone will love dressing as the characters in your favorite, very obscure — I mean, very well-known — book or show. No, seriously, fool-proof costume. It's the thought that counts.

TRANSLATION: Nobody has heard of that goofy shit you watch on TV, stop talking about it to everyone.

### STAINEWIDE CALL OUT



Everyone here at Horizons would like to take the time to express our sincerest gratitude for all of the viewers, supporters, and participants of Kewanee Horizons. Our approach is different from other material that has been of benefit to us all, especially in regards to highlighting the successes of our fellow peer's, as well as highlighting the fact that we have an outstanding amount of friends, family, and loved ones that contribute to our overall success. Horizons is more than just a platform for us to use to spread content throughout I.D.O.C., it's also valuable to us all to show that we are indeed a community made up of "real" people, striving to make it through this journey. With Horizons, we are experiencing amazing things. Things that weren't the norm just a few years ago, and that's the evolution of "US", (the incarcerated individuals), and our desire to spark an already contagious thing, which is a change in the utmost positive direction. Change begins with us, and that's exactly what's been shown, as well as proven.



### STAINEWIDE CALL OUT



Being able to see some of the Peer led groups is something that is a blessing for us all. For so long, some of us didn't have the courage to teach what we knew, and quite possibly, the issue was that we didn't know what we knew would help anyone. Kewanee doesn't make Horizons, we "ALL" make Horizons. It's about all of us. The things we do during this incarceration not only impacts us, but our community as well. If we want people to believe in us, we first have to believe in ourselves. The entire Horizons team is honored to be able to be a voice for some of those that feel that you don't have one. Our focus is on positivity and how any occurrence that you've encountered since being incarcerated has impacted you in a positive way. Our driving force is positivity with a Restorative Justice mind-set. We don't look to focus on anything negative, we don't want anyone dwelling on yesterday's bad decisions, we want everyone focusing on tomorrow's goal of productivity, positivity, and finding ways to help one another in the best way possible. Please don't shy away from submitting your article to Horizons. WE WANT TO HEAR FROM YOU!

