

KEWANEE HORIZONS



VOLUME 73

FATHER'S DAY ISSUE

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RESTORATIVE JUSTICE

KEWANEE LSRC has agreed to allow us to engage in more **Restorative Practices**. In the Horizons newsletter you will see the terms **RESTORATIVE JUSTICE** and **RESTORATIVE PRACTICES** very often.

The aim of **Restorative Practices** is to develop community and to manage conflict and tensions by repairing harm and building relationships. **Restorative Justice** in general, is a process involving the primary stakeholders in determining how best to repair the harm done by an offense. The three primary stakeholders in **Restorative Justice** are: the victims, the offenders, and their communities of care; their needs are respectively: obtaining reparation, taking responsibility, and achieving reconciliation.

The **Kewanee Horizons** team believes creating a better community here is **Restorative**. By indirectly repairing damages and by giving back to our current community and with greater communities at large, we are engaging in **Restorative Practices**.

Community: A group of people with a common characteristic Or interest living together with in a larger society.

Merriam-Webster's Collegiate Dictionary Eleventh Edition

MISSION STATEMENT

Kewanee Horizons has adopted the **Restorative Justice** and community theme. Partly because this has been the fight of our lives, those of us who have sought not only freedom in its many forms, but, also a way to give back, rebuild, and uplift our communities.

We give back because of what we have been given. We rebuild, by restoring back to a state of before our offenses. We uplift, by a conscious and consistent effort to better ourselves as well as those around us.

Kewanee Horizons will work to highlight the achievements of our community both on campus and off, inside facilities and outside. Whether individually or collectively and no matter the uniform we wear. We're going to look into the daily lives on our campus and across the state to other facilities on a regular basis. We are hoping to open the eyes to the limitless potential there is in our population, to advocate for more participation in programming, and to give recognition to those who succeed. We want to remain as interactive as possible so **Kewanee Horizons** will be picking your brains for ideas and accepting submissions to make this as interactive as possible. This publication is put together for the purpose of uplifting mind, body and spirit.

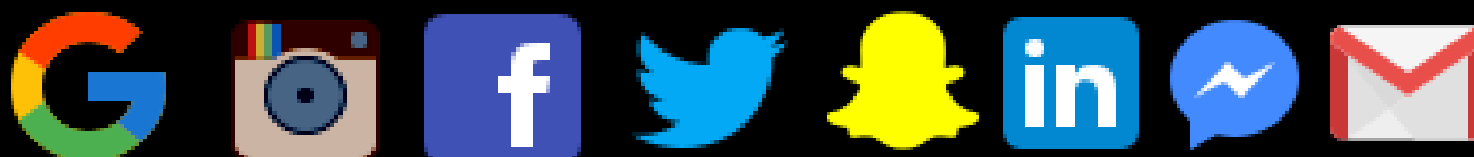
KEWANEE HORIZONS NOW HAS ITS VERY OWN EMAIL ADDRESS!

kewaneehorizons@illinois.gov

TELL YOUR FAMILY AND FRIENDS TO SCREENSHOT THIS PAGE
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#KEWANEEHORIZONS

THEN LIKE AND SHARE THE POST!



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IDOC HOME PAGE

CLICK "ABOUT"

CLICK "NEWS"

THEN SELECT "[KEWANEE HORIZONS NEWSLETTER](#)"

3RD PLACE

Earl Milton J.R. @ Centralia C.C.

3rd place is part of the plan

Part of the plan placed third

At least I placed at all

All this means is more practice is needed

A message often heard but seldom heeded

As I toil burning the midnight oil

I must cultivate the soil

Filling page after page

Half sleep writing poems and prose

I am the rose

That

Pushed through the manure

Hoping to see the sunlight

Looking for my rosebush

Let me grow connected to my roots

Like a tree let me be free

Is my cry

As I fall on bended knee

Barely strong enough to look up

Then

I seen it in the distance

A crown and a throne

Surely I thought couldn't be my own

Then again could be

We'll see as time progresses

What will be unveiled

To me fail doesn't mean give up

It means do better next time.

WHERE ARE THEY NOW?

Let's say thanks.

First off thanks to Mrs. Jennifer Parrack. For giving me the chance and opportunity. When others didn't want to give it to me. 2ndly to my brothers and sisters that's still in there fighting. I want y'all to know y'all are really being thought about out here. Also to KLSRC, Lt. Barnes (was thrown off by the respect u gave us), the Kostmans, Sgt. Costa, Ms. Rowan, Mrs. Scott, Mrs. Mead, Ms. Perkin and Ms. Wilder (in door treating me like a human), and so many more. I can cannot forget Warden Carothers for being a warden that thinks out the box to help us get our life in order.

As for self. Things started off real slow and came across quite a few bumps. If I didn't have this transition things could've went real bad for me. With being gone for decades not knowing almost basically nothing on how the world works. This transition might of saved my life.

I am working now \$18 hour. A job I am proud of. I've been volunteering with different charities for at risk youth. I'm in the process right now with helping out an event together to help raise funds for KOK Dreamchaser (non-profit). I'm playing in a basketball game for House Of Hope apart of a Peace Circle Program with the youth. I also volunteered with NYAP (National Youth Advocacy Program) to help pass out food to the ppl in high crime areas. Then you know I'm still apart of KLSRC Rotary RCC. Myself and the other guys are trying to put together an event at a church where we can pass out





cooked food to those who are coming to the church for the food bank. What's been amazing is the reconnecting with my family and friends. To be able to see that smile on my grandmother face will warm up Alaska by 40 degrees. Listen to me though (y'all know who I'm talking to). Continue to stay strong. You're going to need that strength. Do not let go of hope, your time coming and it's go be worth it as long as you continue to push forward with preparing yourself for your future. I send my love to all of y'all . To my sisters I've been in on meetings with ppl talking about doing more for you all, stay strong.



. Today was my actual first day as a Youth Life Coach so I wanted to share this moment with you all. It's nice. They even gave me an office and a laptop to get started. I'll keep you guys posted on my progress.



**IN THE MIDDLE
OF DIFFICULTY
LIES OPPORTUNITY.**

CONWAY

Find your purpose (my story)

By DeAngelo "Lo" McCall @ Danville C.C

To be honest, I didn't think I would make it this far. I lost everything I had and everyone I loved, and hurt the woman I wanted to spend the rest of my life with. But as I sat in that cell with no one to call on, it was on one person I truly needed the most. I opened my Bible and I started to read it and in that moment I started to find peace. I prayed not for only myself but for those that I hurt and for those that were effected by the choices I made. During my transition, I called home and was able to talk to my sister and the first thing she said was "pray" and ask Yah (God) for forgiveness and then find your purpose. I started writing and fell in love with writing, I've wrote 3 movies, a play, and now I'm working on commercials. I've always found my purpose, prison is a place where you can either grow or continue to move in the direction of chaos and destruction. I chose a different path because I wanted to leave prison a changed man and not the same man I was when I came in. When I tell my story I like to use the 3 F's (failure, faith, and forgiveness) through my failure I found faith and through my faith I was able to find forgiveness. Yah (God) gave me a second chance at life. Its never too late to become the best version of yourself. Just find your purpose and remember, "if you continue to look backwards, then you're no longer moving forward".

-Shalom-

"A TALE CALLED HONESTY"

By: Yusef K. Brown @ Pinckneyville C.C.

Where will I start? Living in denial is living dishonest with self... how many times have we lied to ourselves and others in our addiction? I had this saying, I can stop anytime I want to!!! Or I have the right to chose how I live my life right. I knew my behavior didn't affect anyone but me, so I thought. Ironically, as I asserted my freedom to choose anything other than my addiction. That led me to dishonesty, drugs, prostitution, bad people, the streets and many different women. I became enslaved to it all. I couldn't admit my honesty to anyone who'll listen to me! Then the spiritual forces came into my life. It took prison to open me eyes to honesty. Honesty leads to freedom within!!! Deceit leads to bondage with the devil. Remember when we are a slave to our addiction, we lose the right to choose any other way of life. And that's my honesty for you. Its only when we as humans become brutally honest about our issue, will we be set free from the Devil. Thank you honesty. Be with great honesty about your problem. Take care courage, love and honesty will your relationships in life.

P.S. take care and be safe always.

Assalaamu Alaikum

Peace be unto you all "friends"

KNOW YOUR WORTH

Ignacio Alvarez @ East Moline C.C

Today I had a conversation with a scholar, however, and to my surprise did not see his worth as it pertains to scholarship. He spoke oh so eloquently of others as scholars and the beauty of their evolving minds. He was even amazed at the progression that was right before him, but he did not or could not see himself in a similar light. This baffled me, because when I see him and interact with him I see an evolving mind and scholar as well. However, his comparison or juxtaposition with other scholars appears to have diminished and overshadowed his worth, at least in his own eyes. The reality, however, of his worth & scholarly prowess is seen & felt throughout all the spaces that he inhabits and interacts. And yet he does not see it?

As I thought about this interaction with this scholar, I began to wonder about the meaning of this romanticized ideal all too often gets distorted, becomes divisive, and is misapplied by so many who feel that they have “arrived.” The fact of the matter is that anyone & everyone can be a scholar, why do I say this? Because this word in its simplest form means “learned person or student under the tutelage of a teacher. So, based on this definition, scholars are simply students who have, yes, to a degree, become specialized in a given branch of knowledge, but they are mindful to remain lifelong learners & students because the body of work that they engage in is energetic & vibrant; never static. Scholars, thus, grow and will continue to grow within the scope of their evolving mass of knowledge, and not apart from it. They will be perpetual students & learners, understanding that, “[the] engaged voice must never be fixed and absolute, but always evolving in dialogue with a world beyond it”.

A good analogy of this would be found in a parable entitled the wine and wineskins. In this particular parable a wineskin, that at one time was fresh, malleable, and evolutionary has, over a period of time lost its ability to be that. It has reached a point of completion & fulfillment; it has served its purpose. Now, if I were to pour new wine into this old outdated struc-

ture I would only damage that container and lose the fresh, vibrant, and effervescent wine meant to be contained. No, new wine demands new wineskins. New frames of mind, analysis, and revelation demand new will eventually evolve, and our job is to evolve with it. If not, we risk the danger of being stuck within old paradigms that no longer fit the body of knowledge that we have espoused too. We cannot grow or evolve with the fresh and innovative without having the ability to shift & be flexible, malleability is a must.

Nonetheless, scholars, true scholars, at least in my estimation, never really feel comfortable within elevated titles and idealized monikers. Why? Because their objectives is not a title, but rather that in the learning process, there is an accumulation and interaction with ideas, thoughts, concepts, and voices framed by other scholars. This gathering of info serves a purpose, which is to grow the scholar or student in their understanding & critical analysis of the aforementioned by giving them a mass to work with. In handling this treasure trove of “jewels” that they have been giving, they begin to process the mass through a lens that others do not have the ability or capacity to look through. This is especially true within the carceral community, when incarcerated scholars get a hold of that body of work; watch out!

It is important to note that scholars do not evolve within a vacuum. They are collaborators at heart who see the worth in their peers. They see, pursue, and engage their equals for the purpose of developing deeper insight and gaining a wealth that resides within the matrix of these contemporary minds. As they enter these collaborative spheres, their bandwidth increases and they are stretched beyond their limited understanding which is always good. We are not, after all, islands unto ourselves, in a multitude of counsel there is definitely wisdom.

Ironically, we have the tendency to look at scholars as monoliths, but they are not, we look at them as brilliant, which they are. However, what makes them or anyone else brilliant? Is it due in part to the vast amount of knowledge or info that one possess? Or, is it that brilliance is cultivated within the spear of one’s mind & heart? We must understand that the data or knowledge one possesses can become irrelevant if one does not understand or engage it accurately & practically. I know one thing, that brilliant minds are not enamored by ones “smarts”

because being smart is enough nor is it equal with intelligence or brilliance.

If anything, scholars or students are appreciative of the individuals who have the ability to play with that mass of data, because in the process of “play” the cultivation of novel frames of mind that speak to the relevant factors within communities is birthed. Brilliant minds, from my perspective, are not just smart, they are intelligent! As they not only see the abstract & conceptual, but they also have the uncanny ability to bring those frames out into the concrete jungles of life. They have “the ability to cope with new {and old} problems and to use the power of reasoning and inference effectively.

The question that encounters me along this path of writing & thinking is: “Is brilliance innate?” to a degree, I would say yes, it is innate within everyone, but it needs to be cultivated within the right environment and with the right people. Why do I believe in this innateness, well because a wise sage once said that: “...He [the Divine] has set [placed] the world [eternity] in the heart of humanity...” This simple thought says a lot, and I believe touches on this notion of innateness, but also the origins of it. A prophet by the name of Isaiah went a step further with that thought when he declared this of the Divine, that: “He is the One that inhabits eternity...” So, if this Divine entity inhabits eternity and eternity has been placed in our hearts, is it not plausible to say that the Divine would inhabit our hearts in which eternity is found? Furthermore, if the Divine dwells there, than is it not plausible that the depth of His mind & heart would also be found there? I believe so. Moreover, if this Divine depth is in us than so is that brilliance that accompanies it. Just some food for thought.

Now, let us turn our attention back to the initial topic of worth, in the light of all the necessary information. Remember that this train of thought was birthed out of a conversation with a scholar in the early morning hours of the day. This brilliant mind did not feel like he was on par with his contemporary, but in my eyes he was. He was on equal footing with his contemporary, but distortion & disproportionality was divesting him of his worth, brilliance, and position within his community.

This, of course, led me to research this word worth, and it was defined as follows: “the quality

that renders something desirable, useful, or valuable. Wealth, riches, and a quality that commands esteem or respect.” This means that we often do not see our worth or value because we cannot see the wealth residing within us, but how much of that blindness is based on the narratives that have been told about us. Or, even the narratives that we tell ourselves. How much of that value is being veiled by imbedded ideas that are saturated in lies? Lies that want to hold us in a perpetual state of dysfunction and immaturity. Lies that render us inoperative! Many, unfortunately, have embraced the idea that sticks & stones can break ones bones, but words will never hurt them, but this saying is grossly inaccurate. Sticks & stones will definitely hurt and break ones physical body, but words will not only hurt, they will also break, crush, and pierce ones heart, conscience, and tear ones emotional sinews to pieces. Staying with us for longer than the physical wounds that were incurred. Remember that words construct us, warp us, devalue us, paralyze us blind us, and kill our hopes, dreams, and vision. They have the potential to deconstruct our innocence and rob us of our God-given identity so that we operate from, that singular point of contact, with a less than ideal for the rest of our lives.

A lot of us, unfortunately, within the educational arenas have not healed from the adverse words of our youth. We still carry them within us, our bodies most definitely keep the score, and they ring louder today than when they first spoken into us. They have become our constant & nagging companions, always reminding us that we are of no value, worthless, containers devoid of substance. Those words, ideas, thoughts, reminders, and negative voices speak in solidarity with our momentary failures & shortcomings. Always ready, willing, and able to pounce and declare. “I told you so!” These voices oppose us at every juncture of life, especially during our accomplishments. They create narratives that hijack our imagination, creating a reel of negativity that is on a constant loop. Seeking to keep us ensnared within its web of lies. Not allowing us to stay within those spheres of brilliance & scholar-ship! Well, that is not completely true, they will let us enter, so long as we do not stay there physically, mentally, emotionally & spiritually.

At the end of the day I want my brothers within these walls to embrace the fact that they are scholars, philosophers, writers, poets, teachers, professors, policy makers, advocates, attorneys, pastors, ministers and even prophetic voices in this vast wasteland that was meant to swallow them up & kill them, but couldn't. The mere notion of their accomplishment is a stark reminder of their innateness derived from an other world dimension. You, my brothers, colleagues, and peers stand here as a testament to the brilliant mind that you are. You are lights, shining ever so brightly, displacing the error fueled darkness of worthlessness. Do not listen, any longer, to those erroneous primordial voices spoken into you, transcend them, and embrace your God given identity, but also embrace it in others. Do not allow jealousy to rob you of the ability to collaborate with your peers. Embrace & acknowledge each other's scholarship and birth that which is able to revolutionize any and all arenas.

Always keep in mind that you, the marginalized scholars within this carceral system, for the most part came from disenfranchised communities. In which you were devalued and seen as dumb and even non-human. Expected to conform within the westernized educational arenas without pushback. However, your non-conformity to the memorization and regurgitation of info could not & would not suffice, you needed to resist, and did so because something told you that there was much more to you and life in general than meets the eye! Today claim your humanity back along with your worth. Continue to reach beyond the life-limiting narratives and become who you were destined to be great!

I close with this interesting thought by Susan Jeffers. She states that "we" have been indoctrinated, since infancy, through various outlets to embrace thoughts, ideas, and narratives of self that are unhealthy and inaccurate. While the positive was shut down and deemed fantastical and beyond reach. We were told that we would never amount to anything and that we were just like _____, well you can fill in the blank. But I am here to tell you that the negative does not have to keep defining you, it does not have to be your lot, and you can break away from it. You are and can be who you choose to be. Scholar is just one title, but you are more than titles, you are you, which is more than enough!

OUR PAST DOESN'T DEFINE OUR FUTURES!

By: Gregory Sherman @ Mt. Sterling C.C.

“Don’t be afraid to start over again, this time you are not starting from scratch, you are starting from experience”.

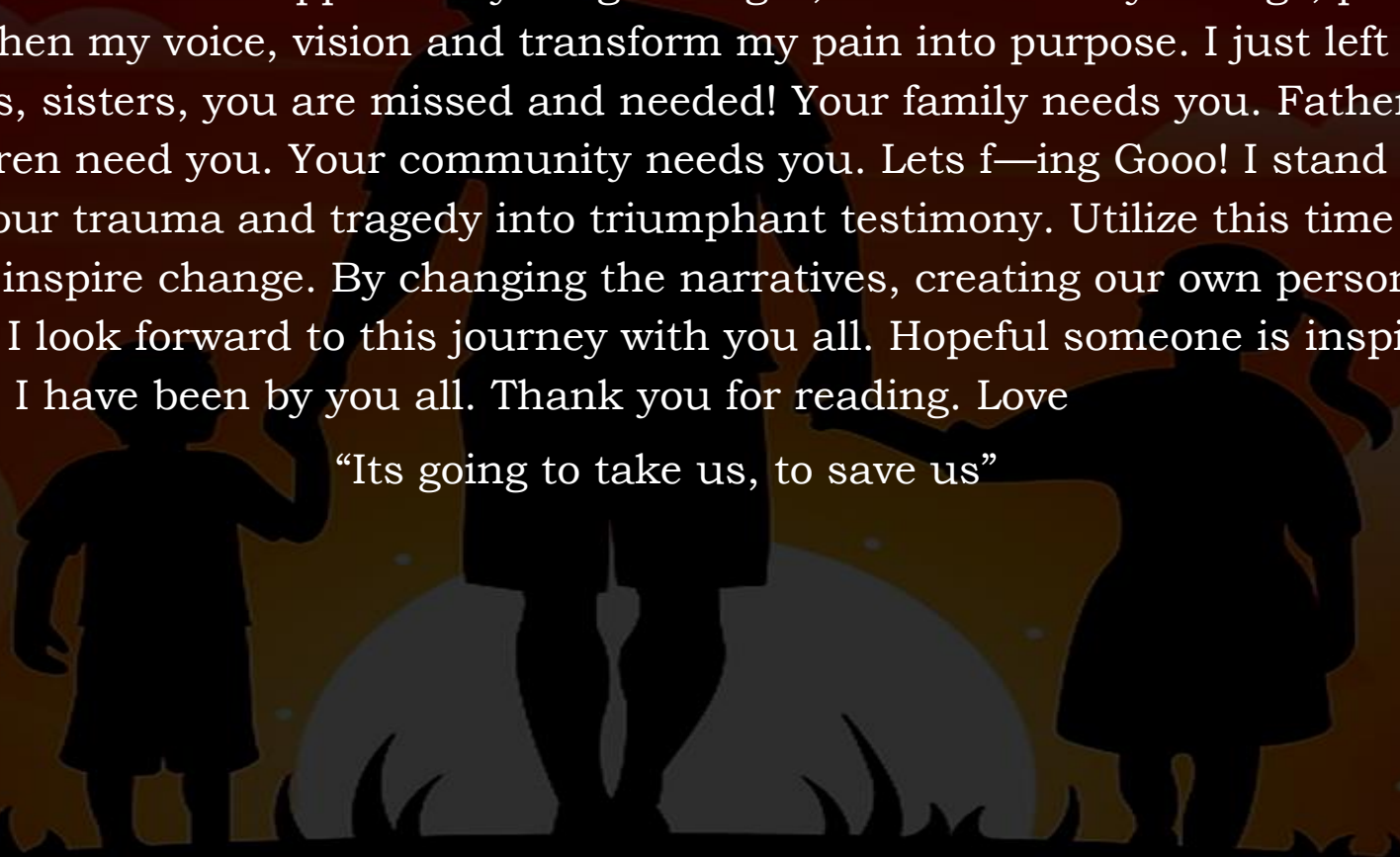
What’s the word Kewanee and all the brothers and sisters in custody across I.D.O.C. My handle is Gregory Sherman, unfortunately after of 6 1/2 years of wonderful, memorable, successful freedom, I once again find myself “booked.” I truly believed I was never coming back to jail, but here I am snowed in again. Wow! Things have changed and not for the better, while sitting in this cell feeling frustrated, slightly depressed trying to make sense or understanding why the creator chose this route for me again. Then I discovered Kewanee Horizons Publications on my tablet. Finally a bright spot in a dark situation. This outlet definitely wasn't around during my last bid, hell they didn't even have tablets then. Inspired, motivated, hopeful is a few words to describe how reading these volumes have made me feel! Quick shout out to everyone involved in the creation and obvious day to day commitment it takes to make this happen. Thank You! So I decided to begin with that quote because I vow to be even better this time when I’m released. I plan to do the work each and everyday of this sentence until it’s over. Emotional maturity is the theme of this incarceration. I’ve been doing a life sentence in increments. I literally grew up in jail. 3 years here, 5 years there, 7 years everywhere. I spent more time of my adult life in jail than being free. However, for me jail has been a blessing, saved me from my own self-destruction or being killed. I like to say I wasn't arrested, I was

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rescued. Allowed opportunity to change. Malcom X said “There is no shame in being a criminal, only shame in staying a criminal.” So while of course I don’t want to be here, I’m extremely thankful for another opportunity to “get it right,” To correct any wrongs, practice good habits, strengthen my voice, vision and transform my pain into purpose. I just left the world, listen! Brothers, sisters, you are missed and needed! Your family needs you. Fathers, mothers, your children need you. Your community needs you. Lets f—ing Gooo! I stand with you, we must turn our trauma and tragedy into triumphant testimony. Utilize this time and lived experiences to inspire change. By changing the narratives, creating our own personal stories of redemption. I look forward to this journey with you all. Hopeful someone is inspired by these words as I have been by you all. Thank you for reading. Love

“Its going to take us, to save us”



HAPPY FATHER’S DAY

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THE POWER OF LOVE

By: Michael Martinez @ Dixon C.C.

The month of February is considered one of the most romantic times of the year. Couples try their hardest to go out of their way to make that day special for their partners. Which brings me to write this small article on the power of love.

Love works, its life's most purest and powerful motivator, and has far greater depth and meaning than most people realize. We are born a life long thirst for love, our hearts desperately need it like our motives for living. Relationships become meaningful with it. No marriage is successful without it. Love inspires you to be a patient person. When you chose to be patient, you respond in positive way to a negative situation. Love helps give your partner or spouse permission to be human. It understands that everyone fails, daily. So when they make a mistake, it patiently choose to give them more time then they deserve to correct it. Love requires thoughtfulness on both sides. The kind that builds bridges through the constructive combination of patience, kindness, and selflessness. Love teaches you to meet in the middle, to respect and appreciate how your spouse uniquely thinks. A husband should listen to his wife and learn to be considerate of her unspoken messages. A wife should learn to communicate truthfully and not say one thing while meaning another. When was the last time you spent a few minutes thinking about how you could better understand and demonstrate love to your spouse? What immediate need can you meet? Good marriages and relationships come from

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great thinking.

Did you know that you can tell a lot about the current status of a couples relationships or marriage by the way they greet each other? You can see it in their smile, hear it in their voice and sense it in the tenderness of their touch, or lack there of. Think about your greeting. Do you do it well? Does your spouse feel appreciated? Do they feel loved? Even when your not getting along to well, you can lessen the tension and help turn things around by the way bless them when you greet them. Remember love is a choice, so choose to love them.

Lastly, I just want to thank my beautiful wife for the way she inspires me, her love motivates me everyday and makes me want to become better for us and our family. I love you and always will. And thank you Kewanee Horizons for allowing me the opportunity to speak about this topic and how we may be able to apply it in our lives.

LOVE IS POWER

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Why the Gold Smiles in the Fire

Earl Milton, Jr., Centralia C.C.

Gold is a very precious, yet the impurities that are in the gold must be removed by refining the gold by fire. This is necessary for gold to reach it's highest value. To sit here with all of these impurities in fact would be more convenient for the gold in the short term. But gold knows that the uncomfortable refining process is what purifies the gold, making it of much greater worth.

So why does the gold smile in the fire? First, the gold knows that it is gold. Second, the gold knows that the impurities cause far more pain and suffering than the refining process does. Third, The gold is laughing in the fire because it knows that it is being prepared to be made into a crown.

Gold is always worth something in any condition, but the more pure that the gold is, the higher the value. You are that gold my friend and you are worth much, but wouldn't you like to be all that you can be? I'm sure you would, so be thankful as you become the priceless metal that you are destined to be. Stay in it! stay with it!, because the big picture is so much more beautiful with you in it.

Remember where you came from and remember where you are going, always knowing that you will get there as long as you keep moving forward. One day at a time. Keep living and keep giving out the best of which you are able. Set your face, fill your place, and keep on trucking. The road may be long, but the journey is the delight...keep your destination in site and fight the

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urge to give up. Live up to all that you were meant to be. Move with purpose and always remember why the gold is smiling in the fire and the wood is all frowned up.

The gold is headed to the crowns and jewelry and the wood is headed for the ash heap. Know thyself and be all that you are able based on who and what you are. I say that you are gold. But it doesn't matter what I say about you, it only matters what you say about you. The truth will be made plain to all. Remember that the fire doesn't bother purified gold, it's only the impurities that are bothered by the flames. Wake up to the priceless treasure that that you are my friend, which will surely be unveiled in the end (T.B.C.)



IF YOU CANT
STAND THE HEAT
GET OUT THE
KITCHEN



PEER LED SHOWCASE

The Lady and Gentlemen that you see pictured above are the very people that help make our vision come to life. These individuals dedicate their time and effort to help teach our fellow peers things that are much needed in their personal development in life, which we anticipate will inspire us all to step up and do the same. We are beyond appreciative for the submissions we've received from other facilities, and other peer educators, and it's truly a wonderful thing to see. We all lead by example, and the example that we've set with these peer-led classes show that we are more than determined to prove our worth. We are all leaving behind a roadmap to success, and for all of those that are involved, to everyone that makes this possible, our gratitude cannot be expressed in simple words. However, thank you to **Everyone**, and please, keep up the good work!

Trust me, it's not going unnoticed.

A Call to Life

By Nathaniel N. White

A gentle breeze blew as I sat under the shade of the pavilion. Evening sun washed over my body, I basked in the warmth of its essence. Gazing out into the direction of the front gate I watched intently as normal, average people with family pets got their SUV's, cars, and trucks. Leaving their homes which positioned themselves, literally, right across the street from the front of the prison. It mesmerized me, the fact of it all, "Home is right there!" continued to play in my head. I became lost in the beauty of the vision. Imagining those very people going to destinations unknown, yet likely a familiar journey to them.

The last in-person visits began exiting the visiting room building. Escorted by the red headed officer with glasses leading them to the very gates which held my amazement. There were seven to nine women in total. Watching with the interest only a boy who'd grown into a man after 22 years in prison could see. The details of the moment pierced my soul. Shapes, curves, and the walks of the pleased but disappointed women and friends home with their lovers, sons, brothers, and friends home with them etched onto the canvas of my heart. Then my own thoughts of home, love, and being free came to me...

Green waves swayed, moving back and forth from the wind blown trees. It all started to blur as vision and sound collided becoming just sound. Eyes closed, the rustling motion became music to me... Shhhhh became melodic, Shhhhh became a mantra, Shhhhh became a call to life.



Prison is an environment where time is plentiful yet you've lost it. You don't want more of it, if anything less. Sounds like an oxymoron right? Yet, whatever the amount of time each individual needs to serve, they have "time".

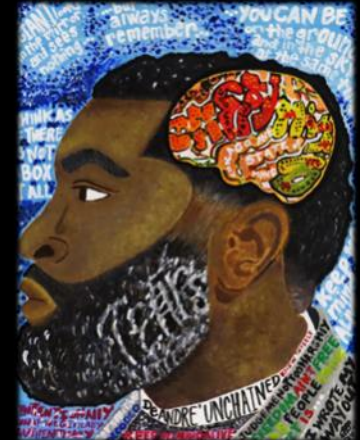
More often than not a prisoners day is filled with mostly nothing to do leaving us to our own devices. Domino's, Chess, Cards, the art of shit talking and day dreaming become trusted companions. Being in our thoughts most of the day becomes a major pastime like the picture I expressed above. I had a lot of free time where I wasn't working, going to school, nor given meaningful opportunities to prepare myself for release. Most prisoners are subjected to live like this, especially ones like me who have been incarcerated for decades upon decades.

I started off as a 16 year old child and now am a 38 year old man. Never driven a car, paid a bill, or lived alone. Coming closer to my outdate I'd figured classes would be given to help me figure these things out and opportunities to earn, saving money for my release. But time after time I see people like me, lacking basic and general knowledge on how to live in society, released with nothing, no money, no knowledge on how they should survive. Why?

When will prison systems, be systems of corrections and not just a system of prisons? To me it should be mandatory for prisoners who have been gone for so long, so young, to go to work-release programs and take classes on how to use current technologies (Smart phones, laptops, and tablets). But more often than not youthful offenders like me and many others are serving our entire time or a majority of it.

FAREWELL "THE (H)IMPRINT"

By: Bank\$ tha' Barber



Front and center, Under The Spotlight of Opportunity, courageously & authentically me, I Came...I Saw... I Conquered... doing what I do and living up to the hype behind the brand and moniker "BeardFace Bank\$ tha' Barber". On one hand I been doing my thang and showin out, it's a part of showmanship like "duh"; the moment I stop having fun wit it I'll be done with it. However, on the other hand, I understand it's not about me, Barbering is about the clients "Your gifts & talents aren't for you, it's for the people" was told to me, therefore the role in having a responsibility can be so vital that if you don't attend to those affairs, somehow some way, someone could be affected by it or suffer from you being negligent and irresponsible with your assignment; sometimes you can't afford to not do your job. Can you imagine the dispatcher not answering information & emergency calls? The Fireman that don't feel like putting out the fires?... make it make sense; which leads me to the topic at hand.

When you think of The Imprint, one would probably think about "making a mark", "leaving a lasting impression" or something of that nature. (H)IMPRINT. What have you done that will make people remember you? How do you stand out? Even when they forget what you said, what you done, they will never forget how you made them feel because it's embedded in their mental...remember that. Interestingly speaking, if you didn't know, there's this thing

called “Barber Swagg”; alotta common folk call it “Pizazz”. As I speak about it, first I need to clarify two things : (1) is the fact there’s a [dif-fer-ence] between Confidence, Assurance & Arrogance and (2) there’s a DIF-FER-ENCE between someone who “look” cool cutting hair and someone who “Make” haircutting look cool. In knowing that, I gotta Be A **GIANT** in my trade and FLEX my SWAGOO, & Substance as a MASTER BARBER & EDUCATOR. (ala’ J. Cole song “Applying Pressure”... *that’s why sometimes you just gotta come through and just do it at the level that you do it in front of everybody face so they know the difference between you, tha’ Mo’rilla and the muthaeffin fraudulent ones, man don’t ever get it eff’d up. If a koo can’t do it like you do it sometimes you gotta’ do it in front of this mar’g face so he’ll know fuh’eva “Damn, 30 did it how I always wanted to do it and I’ll neva be able to do it like 30”. Issa’ Difference!*) STR8 like dat ! You either got it or you don’t: it’s either in you or on you. It’s the It Factor! Think of it this way: somebody’s gotta be tha one wit tha Sauce and Tha’ Squeeze that’ll make the next man step his ish up. Ask me am I tha’ One?

A message to the Gifted, my fellow Barber Stylists and Tonsorial Artist’s: not only should Your Name & Face Be Synonymous with what you do, there should always be indicators of some kind somewhere on any given day that say this is what you do in life. Don’t tell them what you do, Show Them!... I encourage you all to know the value of knowing your value...Be good Stewards of your gifts. Do Not Babysit Your Talents. [Proverbs 22:29 Do you see a man skilled in his work? He will serve before Kings: He will not serve before obscure men. Proverbs 18:16 A gift opens the way for the giver and ushers him into the presence of the great.] There can be no happiness if the things we believe in are different from the things we do.

Much love & appreciation to my broski Hamp who got me into Barbering in whom I studied, along with BL, Reese, Jihad, AJ, Marley, Knowledge Born and every Barber who Taught me Style Technique and the Proper way to cut hair. GRATITUDE. I'm also grateful for every client with good energy positive vibes that sat in my chair with their wants and needs, insecurities and inspirations and "Barbershop Talk" as I became a SAFEZONE for them, a Ministering Therapist, a Counseling Doctor and Hope. Blessings on Blessings to all. Prolific's Very Own...

"GET EM BANKS"



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A True Kewanee Experience!

By Bro. Keith – A.K.A. Twin

On Mother's Day 2024, the Morning started out like any other, but this Mother's Day I'll never forget. I woke up read to start my day and had my mind made up, workout, then Mother's Day phone calls. So, as I waited on slow Sean (my roommate) to finish, I said to myself, "hurry up it's bathroom time," good he's finished. I never made it out. I remember I used the restroom, but during this time I passed out and woke up not knowing what was going on. However, when God alerts one of His Angels, the rest are on stand by, "facts". Sean came back for no other reason but to check on me, and that's not something he did before. Sean didn't have a feeling, instead he had directions from our Lord and Savior that brought him back to me.

Now, remember that Kewanee experience I talked about on page 33 Vol. 65, "that Kewanee is worth the wait in gold," It's proven time and time again Kewanee is surely worth its weight in gold. From the time Sean asked if I was okay, you should have seen the picture, some not only witnessed the action, some was the action. The whole Kewanee showed up and showed out. This shows that we at Kewanee can come together and put others first in a **time of need**. I'm so grateful and humbled! So with great pleasure I send my love and thanks from myself and my entire family to all of you. But more so I thank you all for the prayers, love and support since my return. God Bless you all!

I'll end this with my thanks to the Wardens and their entire staff as a whole. Lt. Baker

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and the entire 1st shift staff. The Health Care Unit, "BIG THUMBS UP," (IDOC'S BEST), as well as the guy that told me, "no need to thank me, I'm just doing my job." Well, thank you sir, and job well done. A special thanks to placement for putting the right person with me. 4 & 5 house guys, thanks for the love and support you guys are the best. My love and prayers go out to all of you. I'm so grateful!

Sincerely,

Bro. Keith (AKA) Twin

Kewanee spokesman to be.

P.S .A very special thanks to OSF-Health Care and Life flight, not without you!



Day With Dads

By: Julius "Juice" Francello

June 1st, 2024, was a day that I had been anticipating for the last 4 months. As the day approached and approached I became more excited but more nervous than anything to spend the day with my daughter. I was in custody already when I found out that her mother was pregnant, so I had never spent a day with her outside of a visiting room, and that's all I knew from spending time with her. In the visiting room, my daughter always sits on my lap and we draw, read, or watch movies but we never really talk, and I never have to tell her not to go so far, because so far is only the vending machine. We played mini golf, checkers, palinko, connect 4, corn hole, we painted, and played mini hoops. Then my daughter and I went and ate hot dogs under the sun and we talked for hours. She ran, danced, and enjoyed herself with me to the bitter end and didn't want to leave when it was time to go. I was able to learn that my 5 year old baby girl prayed every night for me and herself. That she knew who God was and also she knew of the devil and honestly I was just in total shock at how intelligent my baby girl had become in just a short 5 years and the words she used to speak with me was way beyond her years. I watched how she choose her words and using them wisely and it made me so proud. Day with Dads allowed me to connect with my princess on a deeper level than ever before and for those few hours it seemed as if we were in a big park enjoying each other, it was truly a blessing.



A Day With My Son

By: Charles "CJ" Drain

I want to express my sincere gratitude for the Day with Day event here at Kewanee. The facility staff were so professional and courteous ensuring the visitation was smooth and respectful. The event was an emotional and well organized experience. My pops brought my son to the event and upon arrival the check in process was flawless. The security screening was conducted with respect and understanding which helped ease the anxiety my son was experiencing.

The environment though institutional had a semblance of normalcy that helped in making the visit feel more personal. The time spent with my son after not being able to freely interact with him in through out the years was **priceless**. We were able to talk freely which made the experience less like a prison visit and more like a family gathering.

The correctional officers were present but unobtrusive. The event was positive due to the professionalism and empathy shown by the staff. It was a day of emotional reconnection and healing facilitated by an environment that respected the dignity of both the inmates and their families. My son and I feel hopeful and grateful for the opportunity to reconnect in such a supportive setting. **Thank You!**



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'A Teaching Father'

By: Terrance Lloyd

When I was young, I still have memories of how you taught me how to work. Three court way buildings, you use to manage. And I had to be the one watering the grass. I was about 6 years old and I remember that you used to pay me with all dollar bills. Then we moved and you taught me another trade how to strip and wax floors. Man, I used to hate stripping and waxing those 19 lobby floors. It was things that I wanted though, those minutes on my cell phone. I wanted those new fifty nine fifty ball caps. You taught me how to work for what I wanted. As a man now I still have the manners you taught me. I still have those work ethics. Now, as I became a father, I have taught my son the same. Traditional ways have changed though, you taught me a man is always supposed to take care of the house and women. Those things you embedded in my brain, its good to have a father like you, Dad. 30 years later you are still a teaching father. I know you will enjoy this father's day. Dad I wish you a Happy Fathers day, these memories will stay with me forever. These work ethics, and manners you taught me will stay with me forever. You showed me how a father is supposed to be – many people don't get that experience. So men and woman that's incarcerated, what ever father figure that's in your life, give them praise for what they have done for you. Wish them a Happy Fathers Day. Peace and Love to all.

Happy Fathers Day Alvin Perry!

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LETTER FROM THE LEAD EDITOR OF KEWANEE HORIZONS DAY WITH DADS

By: Melvin King

Hello everyone, I know for those of you who know me you are wondering why you never see me in any of the photos that we take here at Kewanee, well, I am still here and doing well and also doing everything that I promised you I would be doing. I have taken on something challenging also, I am the one behind the camera now. I have taken on the role of Lead Editor, Designer, Photographer, and Videographer for Kewanee Horizons and I have to say it is a blessing to be doing this. There is a lot that goes on behind the scenes, and what you all get to see and read is the end result of all the hard work that we do. Did I think I would be doing this when I arrived here? NO, but again it is a blessing. Enough about me, I want to talk about something that happened here on June 1, 2024, we had our annual Day With Dads where IIC's got to spend the day with their children, yes the children got to come inside of Kewanee and hang out with their fathers for a day. I have to say it was amazing to see all the love that was on display that day. Me being part of Kewanee Horizons, I was on duty as Photographer, and Videographer so I got to help create picture memories for all the children and their fathers. It was set up nice and safe for the children to be in here, and everything went as planned. It started with all the children entering the West Gym that

was set up as a miniature golf course for them and from there out to the west side of Kewanee that was set up with more games for the children to play with. To see how the children interacted with their fathers was amazing, it was as if they were never apart, and they had a blast. The day was not just for dads, it was also for grandfathers too, I got to see 2 and 3 generations of families interact with one another, it was beautiful. What was most important was that the families got to spend a little quality time together and catch up. There also was food, snacks, music, and painting going on. The children got to paint bird feeding houses and picture frames but



they also came up with an idea to paint their fathers as well, it was funny to see all the kids painting their fathers T-shirts while they had them on. The children had so much fun on this day, they wish they could have stayed longer. Hopefully by next year everyone that participated in this years Day With Dads are home. I want to give a big **THANK YOU** to Warden Carothers for allowing this day to happen, and also to the staff and Volunteers who helped put everything together for the families, you guys did an awesome job. Hopefully I'm not here for next years Day with Dads but if I am I would be more than willing to help in anyway I can. Before I get out of here I want to tell a quick story, at the beginning of April I got to see someone who I never thought I would see again. I worked as the Substance Abuse Instructors Aide for 7 years on the Farm in Pontiac (June 2015 until April 2022), and the Counselor I worked for the longest (Ms. Amy Wykes) came here to Kewanee for a training. It was so good to see and talk to her again, she actually spotted me on the yard as she was driving in, who could miss this big head I got. I just want to say thank you so much for all you have done for me Ms. Wykes, again you are appreciated. I wish I could have given you a tour of this place like you wanted, you would have been even more amazed at how Kewanee is ran. Hopefully you get a chance to come back and I will be able to give you a tour of Kewanee. I also want to send a shout to the Clinical Staff at Pontiac, Ms. Horton, Ms. Ryan, Ms. Strowmatt, Ms. Molinero, Ms. Hogan and everyone else in Clinical, thank you all for the help you provided me with. Also, Ms. Wolf in commissary, you know I was not going to forget about you, thank you for your guidance, and for trusting me, I'm glad I got a chance to meet and work for you, you are awesome, thank you again. And to all my brothers as well, keep your heads up I haven't forgot about you all. Well I'm about to get out of here, I hope you all enjoy the pictures of Kewanee's Day With Dads, and stay tuned for upcoming issues of Kewanee Horizons.



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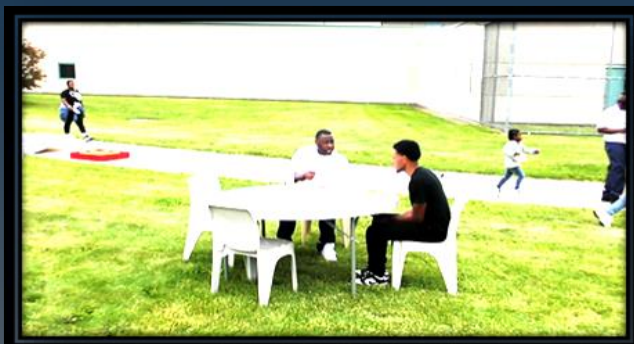


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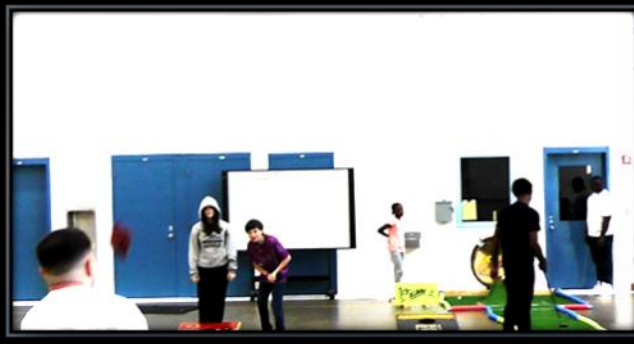


HAPPY FATHER'S DAY

HAPPY FATHER'S DAY



KEWANEE'S ANNUAL



DAY WITH DADS



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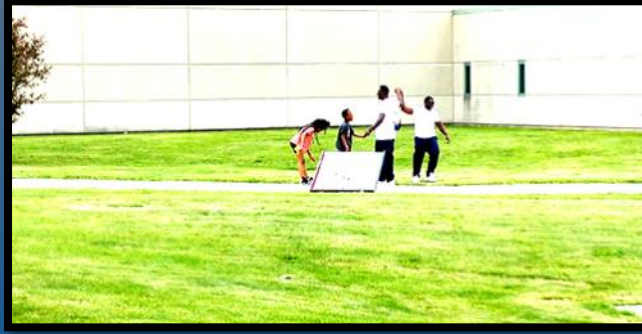
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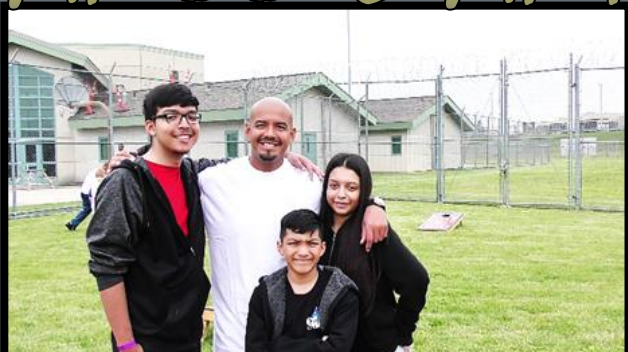


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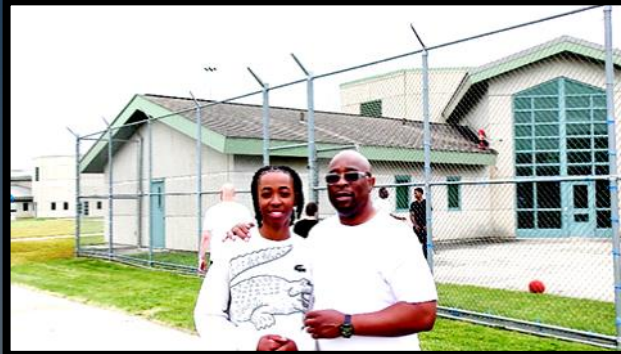


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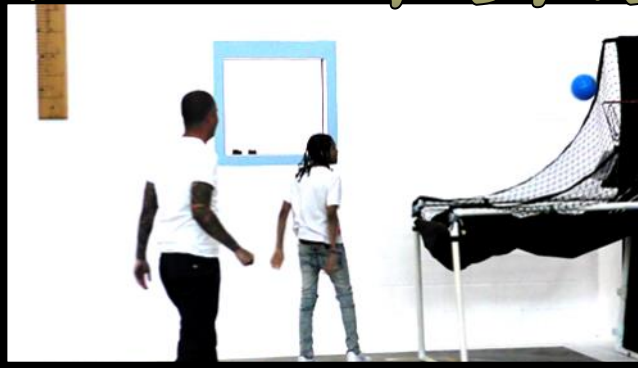
HAPPY FATHER'S DAY



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KEWANEE'S ANNUAL



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My old Man

By Brandon Wilds

So for mothers day I took the time to tell you about my mother, now let me tell you about an old hard headed Leprechaun. Lol j/k

Seriously though this man is one of a kind. Many years ago when my parents first separated my mom was still going through her own trials and tribulations, my dad stepped up and fought to get soul custody of all four of us. I can honestly tell u that if it wasn't for my father I don't know where me and my siblings would of ended up. My dad was and probably will always be a very stern, hard guy to get along with just because he's a zero tolerance B.S type of guy. I remember when I was about to get kicked out of school my sophomore year and he then told me "ugh ugh you ain't staying in this house if you don't got no job and or ain't going to school". But I can say with absolute certainty that if he loves you he'll do anything for you. Still till this day he get's a little choked up when he comes to see me after all this time. It kill's me to know that I hurt him and let him down with my action's so many years ago. I am who I am today for many reason's but a big part of who I am is because of this man. A great majority of my moral's, value's, and belief's I have is because of him. He gave me tradition's I hope to carry on for the rest of my day's and I hope to pass along to someone else. I love all holiday's and birthday's because he made them so special to me as a kid. I believe that every moment we have together we should celebrate because we never know when or if they'll happen again. I hope to return home to show him that all this pain and hurt wasn't

for nothing. Truthfully I'm a huge family man because at the end of the day that's all we got and he taught me that.

To all the fathers out there I would like to wish you all a very Happy Father's day and for the father's that are incarcerated I hope that you are able to return home to your children and grandchildren and be as important to them as my father was to me.

To my dad, I'll sum up everything with just saying Thank you for being MY dad. I love you and god be with you.



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Vanilla Gorilla

By: Erik McKay



What's going on everybody my name is Mac. All my life I've believed in fitness and worked out trying to be "Fit". I've played sports and competed in power lifting and strong man competitions. Coming to prison was one of the hardest obstacle's I've ever experienced. I spent my first year of incarceration in a depression, not being able to work out and even if I wanted to there we're no weights at the facility I was at. Over the last 2 years trying to get back and work out again has been difficult. Coming to Kewanee has been a major blessing in my life. Being able to get the weights and being able to utilize them at the proper time has been amazing and has been like getting a part of myself back. Before Memorial Day I was informed they would have "the Murph challenge" and I knew this was my time to prove to myself I still had it. During this challenge I had to do 300 squats and at that point I wanted to quit but knew I couldn't. On the last mile to run I was so tired my fellow brother's started to run with me and cheer me on to make sure I achieved my goal to finish. I finished the 'Murph' in 53 minutes and my goal was 50. This was a feeling of pride and happiness I had not felt in so long. I will continue my training and to even go further I am also currently going to school to be a personal trainer/ nutritionist. I cant wait for more challenges to come and tackle for my growth in life. I hope that all of you continue to push yourselves and grow also. Good luck and never quit!



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Prairie Chicken Festival

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The roots of the Prairie Chicken Arts Festival go back to the Walldogs who held their annual week-long meet up in Kewanee in the summer of 2013 and painted 15 murals depicting Kewanee history on the sides of downtown buildings.

The following year, the local organizers decided to make the successful event into an annual mid-summer attraction called the Prairie Chicken Festival.



Van Tichelt

- 1st place Swamp Zombie
- Honorable Mention The Lich King
- Honorable Mention Tatu Baby

Booth

3rd place

3rd Place

James and Adriana

Sarumawashi

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More Trucking Industry Terminology

Within the trucking industry a blend of high-tech equipment, continuously changing regulatory oversight, and driver-to-driver communication brings an abundance of terms to learn—including unique terms and acronyms with equipment you will be using on a regular basis. Below are some more of the most common terms used in trucking today for the different types of trucks, trailers, equipment, & loads you can specialize in—along with *CB radio slang* to help get you talking like a seasoned truck driver in no time!

Common Trucking Terms: ABS (Anti-Lock Braking System)-A braking system that helps truckers maintain control on wet, icy, and snowy roads and in heavy braking conditions by preventing wheels from locking up and skidding.

Air Brakes-Tractor-trailers, buses, and other heavy trucks use compressed air instead of hydraulic fluid to operate the brakes. Operating a vehicle with air brakes requires an air brake CDL endorsement.

Air Freight-Any freight that is shipped in part or entirely by air.

Auxiliary Power Unit (APU)-An auxiliary power unit (APU) is a small motor used to run a truck's air, heat, and interior appliances without the truck having to idle and waste fuel. APUs can be battery-powered or run on natural gas, diesel, or propane.

Axle-A shaft or rod that supports the truck's weight and rotates the wheels; 18-wheel trucks generally have five axles.

Backhaul-The backhaul is the return load truckers haul back to their home area or the company's terminal, rather than returning empty.

Baffle-Used in tankers, baffles are dividers or bulkheads with holes to help control sloshing and front-to-back liquid surges for liquid cargo.

Balloon Freight-Any type of freight that is very light but bulky or takes up a lot of space.

Berth-Also called a sleeper berth or bunk, a berth is the sleeping compartment behind the cab in a truck.

Bill of Lading-A document providing the details of a shipment, including an itemized list of goods and pickup and delivery dates.

Bobtail-A tractor that's operating without a trailer.

Bulk Freight-Freight that is shipped in bulk, not in containers or packages. Bulk freight includes coal, grain, and petroleum products.

Bulkhead-A solid divider or wall-like structure placed between the tractor and trailer that protects the driver from shifting cargo.

Cab-over-Also called a cab-over-engine (COE), a cab-over is a type of truck where the cab sits directly over the engine.

Cargo Weight-The total weight of gear, supplies, and cargo on a vehicle.

CB Radio-Citizen Band (CB) radios are two-way radios truckers use to communicate with each other.

Chassis-The frame of a truck or commercial vehicle to which everything else (engine, transmission, fuel tanks, axles, cargo compartments, etc.) attaches.

Combination Vehicle-A vehicle that includes at least one tractor and one trailer.

Commercial Motor Vehicle-Any towed or self-propelled motor vehicle used on a highway in interstate commerce to transport property or passengers.

Conestoga-A flatbed trailer with an accordion tarp system that can be pulled out to cover the load.

Container-A standard-sized rectangular box used to ship freight by rail, ship, and truck. Domestic containers are 53 feet long, and international containers are 20 to 40 feet long.

Coupling-The process of connecting a tractor to a trailer or a trailer to another trailer.

Covered Wagon-A flatbed trailer with side kit walls installed and metal bows and a tarp over

the top, resembling a covered wagon.

Curtain side -A dry van trailer that has pull-down sides for side loading and unloading via a fork-truck.

Day Cab-A tractor that doesn't have a sleeper berth, often used for local routes that don't require overnight stays.

Deadhead-A deadhead is a truck with an empty trailer—deadheading is the process of driving an empty trailer, often to pick up a load.

Doubles-Also referred to as twins or twin trailers, doubles are combination vehicles that consist of one tractor and two trailers.

Drayage-The transportation of goods over a short distance—such as from a rail yard to a warehouse—as part of a longer trip.

Drop-and-Hook Freight-When a truck driver drops a trailer off at a loading dock and hooks up to and leaves with another fully loaded trailer without having to wait for the first trailer to be unloaded.

Dry Freight-Any freight that doesn't require refrigeration or climate control.

Dry Van-A non-temperature controlled enclosed trailer used to ship a variety of common goods.

EDI-The Electronic Data Interchange (EDI) is the electronic exchange of business documents that enables business partners to share transportation-related documents.

ELD-Required by the FMCSA on commercial motor vehicles, an electronic logging device (ELD) records information about a truck's movement, including hours of service, location, and miles driven, and transmits it to fleet management software.

Fifth Wheel-Tractors and trailers are connected via a fifth wheel, a coupling device that hooks to the trailer's kingpin to support the front of the trailer.

Flatbed-An open trailer used to transport large or oddly shaped freight that wouldn't fit in a traditional enclosed trailer.

Freight-Any cargo transported by commercial means—whether by air, rail, ship, or truck.

Sandbox-Runaway truck ramp.

Sesame Street-Channel 19 on the CB radio.

Shiny Side Up-The vehicle is still right side up after an accident or rollover.

Stunt Driver-Trucker who flipped over their rig across the roadway blocking all traffic.

Throwing Iron-Put on snow tire chains.

Toothpicks-A load of lumber.

Wally World-Wal-Mart.

Wiggle Wagon-Double or triple trailers.

Wiping' Her Feet-Truck is slipping and sliding.



Congrats to the 1st Excavator Simulator Class Under Instructor Mr. Ebersole

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Sometimes... Life Stinks!



GARDEN ADVENTURES by Yesenia Diaz



HAPPY FATHER'S DAY

HAPPY FATHER'S DAY

Statewide Callout

Calling All Artist

We would like to invite you to send us your best cartoon work to be displayed on our platform. **With that being said**, we are stressing that the work that you send is in the **best possible light**. There are depictions that we are not going to show, because they do not reflect Restorative Justice. We want the men and women of the Department of Corrections to have the ability to laugh and reflect on current and/or past situations. So please, make sure that you are sending “tasteful, but funny” depictions of your everyday life at your facility, as we do ours. Again, we thank you for your submissions, and if they are appropriate, we will post them and give you your “flowers.”

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HOROSCOPES



Aries: Routine and structure will help you out of a jam, Aries! You normally charge full speed ahead without considering how your choices will impact others– or even yourself. You’ve bitten off more than you can chew– but you need to honor your commitments and get it all done.

Translation: Our word is all we have. Unfortunately sometimes we agree to somethings we regret later on but sometimes its best to just get it over and done with. Your routine and structure is probably the reason they needed you in the first place.



Taurus: Slow and steady wins the race, right? Not all the time, Taurus! Sometimes you have to pick up the pace or be left behind. Consider this as you get to know a person.

Translation: Understanding that sometimes relationships need time to develop is common but also not wasting time to see if this person is or will become what u want can be a detriment. Eventually a person will always show you their true colors and when they do BELIEVE them!



Gemini: Everything has been going according to plan, Gemini– and that makes you nervous! You’re not used to such smooth sailing– but don’t ask too many questions. Enjoy!

Translation: Stop looking for drama or for something to go wrong. Living your life by “hoping for the best but expecting the worst” is safe but also stressful in itself. Let the good come and handle the bad if it ever comes.



Leo: You’ve got increased confidence in yourself, Leo– and others see a different side of you. Show your gratitude by telling others what they mean to you.

Translation: When you feel good you do good. Next time you call whom ever it is that you love, at the end of that conversation tell that person you love them and appreciate them for whatever it is that they do.

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Virgo: You're willing to hear someone else's point of view, Virgo— but your mind is made up already. Keep that close to your vest— you'll learn something valuable by listening.

Translation: There's a reason we we're born with two ear's and one mouth. We need to listen twice as much as we talk. Understanding there's also a difference between listening and actually hearing.



Libra: Something seems either more or less appealing to you than it did several months ago, Libra. Your thoughts are changing on the matter— make a careful decision.

Translation: What glimmers and shines isn't always gold. What u loved yesterday u may only like today but know as we grow our likes and dis-likes are forever changing.



Scorpio: Spring has sprung, Scorpio! You're feeling a little wilder and freer than you have in some time— use this newfound energy to do something big!

Translation: What you've been wanting to do and thinking about but haven't been able to, NOW is the time! Quit procrastinating!



Sagittarius: Small actions add up, Sagittarius— maybe you're finally seeing the results of that. If not— your due is coming— just keep up the daily grind a little longer.

Translation: Keep putting in that work and dedication and sooner or later that \$#!% will be all worth it. If it was easy everyone would do it, right?



Capricorn: Your home life looks different lately– and you’re not quite sure if the changes are positive. You have an opportunity to live differently– run with it, Capricorn!

Translation: Sometimes the grass is truly greener on the other side. Either way we’ll never know if we don’t ever go take a look. Right?



Aquarius: It’s a safe bet to tell someone exactly what you think, Aquarius– you already know they agree. Enlist this person to help you convince a third party– strength in numbers!

Translation: Beating around the bush is wasting all of our times so what’s really going on? We can’t always do it alone as much as we would like to.



Pisces: You’re examining the worth of your things, Pisces. Have you spent wisely or frivolously? The answer may surprise you– adjust accordingly.

Translation: What’s something worth is a matter of opinion. Any and every thing has a market but what’s important to you is exactly just that. Important to you.



Cancer: A secret is weighing you down, Cancer– how can you lessen this burden? This might be the kind of secret you just can’t keep– confide in someone you trust.

Translation: Bottling things up isn’t always the best option, sometimes talking through whatever we may be burdened with will relieve some of the weight we already don’t need. Please know your never alone.

STATEWIDE CALL OUT



Everyone here at Horizons would like to take the time to express our sincerest gratitude for all of the viewers, supporters, and participants of Kewanee Horizons. Our approach is different from other material that has been of benefit to us all, especially in regards to highlighting the successes of our fellow peer's, as well as highlighting the fact that we have an outstanding amount of friends, family, and loved ones that contribute to our overall success. Horizons is more than just a platform for us to use to spread content throughout I.D.O.C., it's also valuable to us all to show that we are indeed a community made up of "real" people, striving to make it through this journey. With Horizons, we are experiencing amazing things. Things that weren't the norm just a few years ago, and that's the evolution of "US", (the incarcerated individuals), and our desire to spark an already contagious thing, which is a change in the utmost positive direction. Change begins with us, and that's exactly what's been shown, as well as proven.



STATEWIDE CALL OUT



Being able to see some of the Peer led groups is something that is a blessing for us all. For so long, some of us didn't have the courage to teach what we knew, and quite possibly, the issue was that we didn't know what we knew would help anyone. Kewanee doesn't make Horizons, we "ALL" make Horizons. It's about all of us. The things we do during this incarceration not only impacts us, but our community as well. If we want people to believe in us, we first have to believe in ourselves. The entire Horizons team is honored to be able to be a voice for some of those that feel that you don't have one. Our focus is on positivity and how any occurrence that you've encountered since being incarcerated has impacted you in a positive way. Our driving force is positivity with a Restorative Justice mind-set. We don't look to focus on anything negative, we don't want anyone dwelling on yesterday's bad decisions, we want everyone focusing on tomorrow's goal of productivity, positivity, and finding ways to help one another in the best way possible. Please don't shy away from submitting your article to Horizons. **WE WANT TO HEAR FROM YOU!**

