

KWANZEE HORIZONS VOL. 65

BLACK HISTORY MONTH





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OUTSIDE CONTRIBUTORS





RESTORATIVE JUSTICE

KEWANEE LSRC has agreed to allow us to engage in more **Restorative Practices**. In the Horizons newsletter you will see the terms **RESTORATIVE JUSTICE** and **RESTORATIVE PRACTICES** very often.

The aim of **Restorative Practices** is to develop community and to manage conflict and tensions by repairing harm and building relationships. **Restorative Justice** in general, is a process involving the primary stakeholders in determining how best to repair the harm done by an offense. The three primary stakeholders in **Restorative Justice** are: the victims, the offenders, and their communities of care; their needs are respectively: obtaining reparation, taking responsibility, and achieving reconciliation.

The **Kewanee Horizons** team believes creating a better community here is **Restorative**. By indirectly repairing damages and by giving back to our current community and with greater communities at large, we are engaging in **Restorative Practices**.

**Community: A group of people with a common characteristic
Or interest living together with in a larger society.**

Merriam-Webster's Collegiate Dictionary Eleventh Edition



MISSION STATEMENT

Kewanee Horizons has adopted the **Restorative Justice** and community theme. Partly because this has been the fight of our lives, those of us who have sought not only freedom in its many forms, but, also a way to give back, rebuild, and uplift our communities.

We give back because of what we have been given. We rebuild, by restoring back to a state of before our offenses. We uplift, by a conscious and consistent effort to better ourselves as well as those around us.

Kewanee Horizons will work to highlight the achievements of our community both on campus and off, inside facilities and outside. Whether individually or collectively and no matter the uniform we wear. We're going to look into the daily lives on our campus and across the state to other facilities on a regular basis. We are hoping to open the eyes to the limitless potential there is in our population, to advocate for more participation in programming, and to give recognition to those who succeed. We want to remain as interactive as possible so **Kewanee Horizons** will be picking your brains for ideas and accepting submissions to make this as interactive as possible. This publication is put together for the purpose of uplifting mind, body and spirit.



STATEWIDE CALLOUT



To **ALL** individuals in custody within the State of Illinois we want to know about your **accomplishments, successes** and any struggles you may have overcame. Allow us to provide a spotlight for your unique voice. We hope that through your submissions it provide inspiration to others to do better and be better. **Please remember that this platform is about Restorative Justice and Community.** With that being said, we ask that all submissions be in the form of **Positivity, Restorative Justice, Re-Entry, and /or Community Building.** With every submission we have the ability to create change by showing our positive transformation and readiness for Re-Entry, which is why it's important to exemplify this through our words and actions. Change starts with us.

Please know that we are **Not** attempting to smother or drown out your voices. However, this is our opportunity to be heard so lets do so in a **POSTIVE MANNER** and **UPLIFT ONE ANOTHER.**

DISCLAIMER

Please know all submissions are subject to editing due to spelling and grammatical issues. Your story will be conveyed in the best manner, we will keep your voices intact. We thank you for your submission and look forward to sharing your stories.



The Kewanee Horizons A NEW BEGINNING

By Walter "WALLY" Makowski



LANGSTON HUGHES

"Hold fast to dreams, for if dreams die,
life is a broken winged bird that cannot fly."

Here I am once more! However, I am not writing this from Kewanee Life Skills Re Entry Center. I am writing this from a desktop in my lavish studio apartment, and it is 7:30 at night, not 5:00 am. Although I am not enjoying a cup of Keffee Coffee, I did bring home a couple bags just like I promised and I have been enjoying it every morning since. Instead, I am having a glass of ice cold generic Diet Cherry Cola. It tastes the same and with my being a diabetic, I can enjoy the tastes without the extra sugar, plus....I don't have to worry about the extra jiggle that comes with sugar if I don't burn it off quickly.

Where do I begin? Well, I believe in my last piece, "An Old Friend", I was expressing my state of mind about the learning of my release date. Then that date was changed to immediate release. So, my worries, fears and anxieties were amplified in ways that are just too incomprehensible to even try to explain, diabolical really, but I had someone on my side the whole time, and he brought together a network of support that was equally incomprehensible. I am talking about God! All of my fears, concerns, worries and anxieties were wiped away just as simply as he first took 21 months off of my sentence, then, because he could, he knocked the remaining 7 months away like a child flicking a folded paper football through the thumbs of his opponent's hand-goal posts. Through GOD'S guidance, my girlfriend (future wife), Diane Frey, was able to find me an affordable studio apartment not far from where I was allowed to keep my job at Macon Construction, through the day release program. That's not all!!! Mr. Larry Endress, the father of the owners of Macon Construction, was guided by God to share his grace when he



blessed me with a 2009 BUICK ENCLAVE. I was worried for nothing. Even though I haven't driven in 35 years and I never had a license, I was told by the woman administering the driving exam that I did....how did she put it..."absolutely phenomenal". Again, I give God the credit! Then, prior to getting the license, I had to get glasses. I wanted to get them at Lens Crafters in Peoria, because you get two pair for \$79.00, but the physician that works there apparently takes Wednesdays and Thursdays off, (who would have thought), but if I could get my prescription elsewhere, they would be able to fulfill the order. So, I head out to another place called Spartan Optical, to get the prescription only, and it turned out that they also do two pair for a similar price and I could get them the same day if they had my lenses in stock. The woman apologized when she informed me that my lenses were not in stock and that I would have to come back the next day. I asked her to hold on a second. In her view, I turned around, put my hands in the air and prayed to my heavenly father. When I was done, I explained to her that my father told me that she had my lenses in stock, she was just over looking them. Sure as rain, when she resumed searching, she found the two sets needed to fill the order. I knew that God hadn't brought me this far to hit such a crucial hurdle. And he hadn't! Anyone who knows me also knows that I put GOD first in my life. From the first hours of my waking day, through my bible studies, prayer and worship, and by giving him the credit for every blessing and wonder that occurs in my life.

This new journey has me so fascinated. The electronics, the gadgetry; the air, the colors and colors, and more colors, the choices.....oh, the choices, and more choices. The cars, the trucks, kids on bicycles, people mingling, all surrounded by vast rolling fields of grain....and I pass a yard that has two whimsical horses just playing and having fun. I cannot say that GOD has quenched my anxieties altogether, because he knows I need some to help me grow and experience, so all of it has been overwhelming....to say the least, but my fears have all disappeared, and my worries have been wiped away. A lot of this has to do with how GOD had been



preparing for my release prior to my ever knowing about it. I know this because as an honest man, everyone I have come into contact with knows that I just came out of prison after having spent 35 years inside. Not a single person has blinked an eye. In fact, they have embraced it, stating first, that they would've never known, and secondly, that they believe I will be just fine. Some of them even say they would be adding me to their prayers. Now if that is not a reflection of GOD's grace shining through people, nothing is!

I realize that not everybody's release will come to them as easily, but when you call to GOD, I know he will be there. As I reflect on all that has transpired these last couple of weeks, I am questioning so much where my faith is concerned. Mostly..... what have I done to deserve to be blessed so greatly. Then my mind roams and I am drawn back to you brothers and sisters still in the trenches. How can I not. I mean, I was in those same trenches for three and half decades. I realize the struggles that many of you have. I understand the spiritual warfare that you experience, the isolation, the feeling of being forgotten by the rest of the world, the oppression many of you still experience and even your quest for more programing as each facility strives for a larger budget. However, even though I am no longer pairing it up, or walking to the yard with you brothers and sisters, please know that my spirit is there with you still and because I lived it and walked it, I will be a voice for any changes that need to made. I am not talking about Doritos on the commissary, or more cable channels. I am talking about trying to institute the same kind of programming in all of the facilities that are a part of every day life at Kewanee Life Skills Re-Entry Center. Although I have been on the road to self-recovery for many years and I took it upon myself to do what I needed to do to create the absolute best version of myself possible, I could not be where I am at emotionally, mentally or spiritually without having went to KLSRC first. The staff,...and I mean all of the staff, go out of their way to treat you like a human being, not just a number and a blue uniform. The medical department, especially, treat you no differently than if you paid a visit to the outside hospital. Then, staff



ARETHA FRANKLIN

"We all require and want respect, man or woman, black or white. It's our basic human right."

like Mrs. Scott, who somehow memorizes every little detail about your entire life only to use that information to help you create the best version of yourself possible by helping you map your needs, and then hunts you down to wish you a happy birthday when the day arrives. Where else in IDOC does this happen. Every department, including the administration, strives to make guys want to better themselves, by instituting programs like "Day With DADS", "Black History Month Festivities" as well as "Spanish Heritage Month Festivities". They invite people to lecture, church to expand and they are always trying to find a budget for more , where in every other prison security is

paramount.

To all of you brothers that allowed me to affect you in a positive manner, I will say it was my pleasure. For any of you that feel I may have treated you poorly, or that I may have even hurt you physically or emotionally, I will say, with the deepest remorse, I AM SORRY. Our environment created a "survive at all costs" mentality, and I felt the need to survive. And don't think for one minute that I am going to stop writing these articles. I enjoy it! And besides, maybe I can be the one, through my adventures of freedom, that I will continue to toss those bread crumbs behind me so that you can at least use your imagination to pull your minds away from what you do everyday. Meanwhile, I am going to a Mexican restaurant today, for the first time in my life...Well, outside my old Humbolt Park neighborhood, anyway....and I will be wishing I could send you a plate of whatever I will be having. Why? Because I love you guys, that's why....just saying!



A TALE CALLED TRUE INTEGRITY

By: Yusef Kareem Brown @ Pickneyville C.C

Peace be unto you integrity. I was so lost and had no purpose or direction to follow. I felt so alone. I knew the devil had a hold on me. Wise words came from the lips of people I thought cared about me. I continued to fight for integrity. I know people with integrity walk safely, but those who follow crooked paths will be exposed. You must know wise people and cherish knowledge.

The words of the Godly encourage many, but fools hate common sense. They don't respect a man with integrity. Doing wrong is fun for a fool without integrity. I know living wisely brings pleasure to the sensible! Pride leads to disgrace but integrity comes from wisdom.

Stay focused on your goals and achieve success regardless of the circumstances. We all need that push forward. Remember, family, true integrity is only as good as the person from which it flows from. Okay?!

P.S.,

Keep integrity and peace.



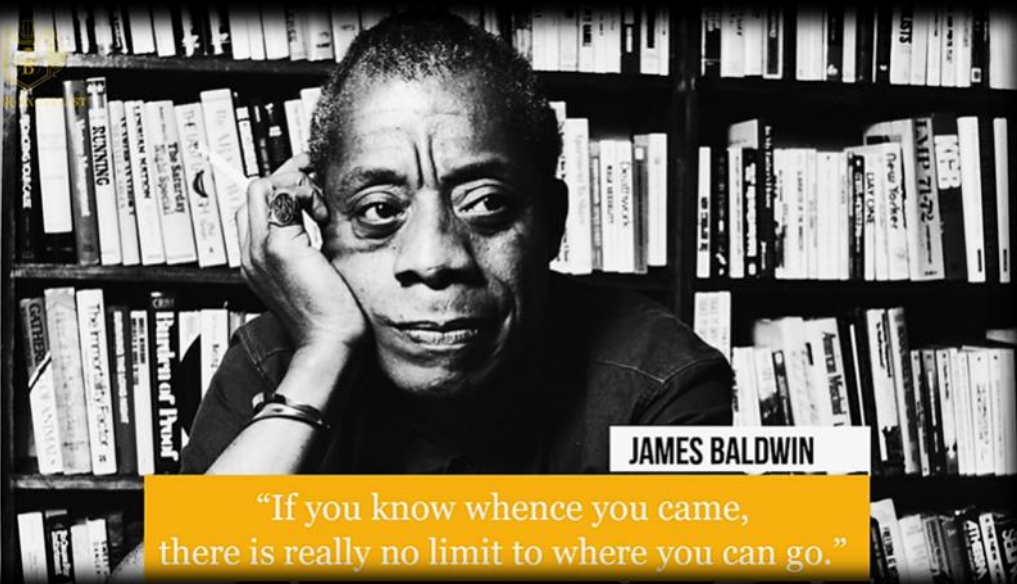


CHOICES

Demarcus Hillsman @ Centralia C.C.

Greeting to all of my brothers and sisters who are incarcerated. May peace be upon you as you all continue to travel on your journeys throughout these prisons in Illinois. I hope that you all continue to maintain and stay focused. I am forever mindful of the brothers who are serving time at Stateville, Pontiac, Menard, Galesburg, Pinckneyville and other prisons which are locked down for the most parts, living in stressful environments making the best of their days against the odds, for this use to be me. I recall being sent back to Menard from Galesburg for a choice that I had made in which I had no problem with facing and accepting the consequences for my actions.

Going back behind the wall was easy for me to adjust and adapt to being that I had spent all of my late teens, all of my twenties, and some of my 30s at the maximum security prisons. I recall receiving a kite from one of my brothers and he told me that there are some things that you have to leave behind at the maximum security prisons and at that time I understood exactly what he meant. Years later, I found myself faced with a similar choice in which I answered the door and made a choice. This choice ultimately cost me, however, I have never



JAMES BALDWIN

"If you know whence you came, there is really no limit to where you can go."

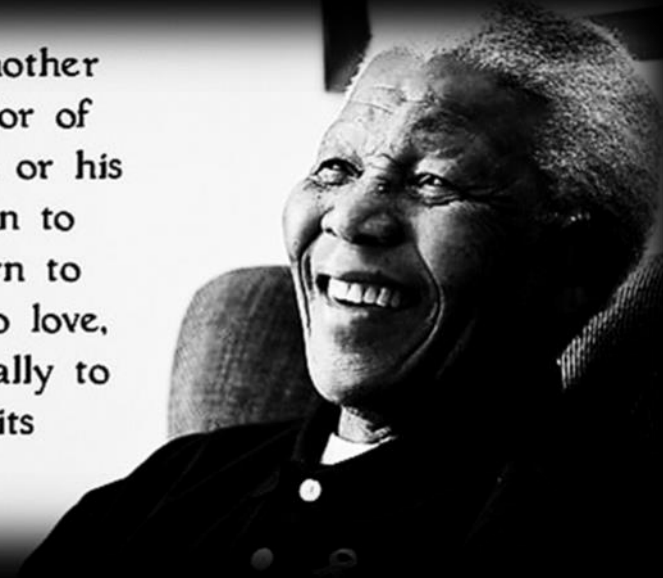


had a problem accepting everything that comes with my choices.

My Queen mother told me when I was a pre-teen that if you make your bed you will have to lay in it. I've always been good with this. I have never been one to allow my past to define me today. With me, its all about learning the lessons from my experiences and moving forward. I know me and I understand that in life we will always be faced with choices and depending where we're at in life mentally, physically, spiritually, emotionally, etc. will determine the choices we make.

Before we quickly judge another without truly knowing the full situation, take a look at self and ask what choices have I made lately? As I choose, some choices might be a set back and some choices might be a set up. Either way as men/women we have to live with our choices, and those who truly support you, love you, and have your best interest at heart and hand will be right there by your side. Peace and respect to all.

“No one is born hating another person because of the color of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite.”





SUSAN L. TAYLOR

“Whatever we believe about ourselves and our ability comes true for us.”

GASPS IN A SILENT ROOM

By: Juan Garnica @ Illinois River C.C.

Everyone is gathered here because of me. They're talking about me as if I wasn't there. I cannot speak even though it's my life being discussed. The person next to me claims to be on my side. The one across from me occasionally

glares down at me. After almost two years I don't think he even knows my name, much less who I am. Audible gasps from the seated crowd. The judge says, "30 years!", and I still haven't said a single word.

This passage illustrates the helplessness you feel inside a courtroom. You don't have a voice and you have to rely on someone else to determine your future. Without the ability to speak for yourself, you are essentially in the hands of those who are deemed above you. In that moment, you are a slave to the circumstances. Yet, we have to take into account how we found ourselves in that courtroom in the first place. We have to realize that we do indeed have a voice and we no longer have to remain quiet. Our life is in our hands now and we create our own future. When we fail to realize and find our voice, we remain slaves—not to the circumstances, but to ourselves. Find your voice and express your thoughts. Freedom, is within and at your grasp.



THE AFFLICTION OF MY SOUL

By: Earl Milton Jr. @Centralia C.C

The inward all consuming inferno that afflicts my very soul. Ten times worse than heart-break. A lonely sojourner, a stranger among men.

The burning away of all dross is necessary. Must my soul be inflamed as well during the process of its purification. The pain of the shedding of the old ways in which I used to walk. Now instead of reacting I experience a smoldering indignation brewing as my patience is tried and proved. As I walk in the ways of love, I find that love unrequited is deeply disappointing. Also I find kindness disrespected is strongly off putting. Rejection threatens to turn love cold.

This is the affliction of my soul. Fighting to prevent this great love from turn into hate and resentment. I fight to keep love's gate open while half of me wants to shut it for-





ever. The affliction of my soul is grievous. A Trial, A Test. When will I find rest? To do good and to do right in spite of social pressures is a struggle and a battle. But I stay in the saddle knowing that one day the tempest will break, the storm will settle, and the sun will warm my skin. In the midst of it all My Soul Truly Calls; When? When? When?

When will my affliction end? How do I prevent myself from becoming callous, cold, and indifferent?

The fire of affliction is refining, but that doesn't stop my soul from crying. I know it has a purpose as does every little thing. Just because it has a purpose doesn't mean that it don't sting. In the end of my affliction my weather beaten soul will be stronger, deeper, and better. All the dross that I shed is surely to be shredded. As I push through the flames I know that I won't regret it. I am grateful for the light at the end of this tunnel. But I won't forget this dark trip. I'm invested in the process and do not wish to skip a page or a chapter in this book that I call my life. Step By Step I am purified in the Affliction of My Soul.



DUKE ELLINGTON

“Life has two rules: Number 1, never quit!
Number 2, always remember rule Number 1.”



THIS FEBRUARY

By: Antonio Perkins @ Robinson C.C.

As we lift every voice and sing
Let's not forget the legacy of Dr. Martin Luther King
Who's dreams of democracy and equality are still T.B.D.
Progress however, can be seen from the election
Of Barack Obama to the first black women named to the highest court
Justice Supreme.

The future is bright and ripe for black America
And America as a whole if we put our petty
Differences aside and prioritize loving each other
And achieving attainable goals.

From black girl magic to black male brilliance,
We come from an ancestry of bravery, royalty, and resilience.
So on this February 2024 let's chase greatness and represent for those
who paved the way, and celebrate black history every minute of every
hour everyday.





ACCOMPLISHMENTS

By: Katie Manning @ Decatur C.C.



ROSA PARKS

"I have learned over the years that when one's mind is made up, this diminishes fear."

I arrived at Decatur with a 16-year sentence and I knew school was my best option to my time down. I originally scored a 5.5 on my TABE test. This was terrible considering we are placed on the waitlist for school according to our outdates. I didn't give up, I talked to anyone that would listen trying to get in to retake the TABE test. Eventually, I got the response I was looking for! I had been studying hard and working on the math skills that I was lacking with the help of my roommate at the time. I got my retest date and came out with an 8.0. I was ready for college!

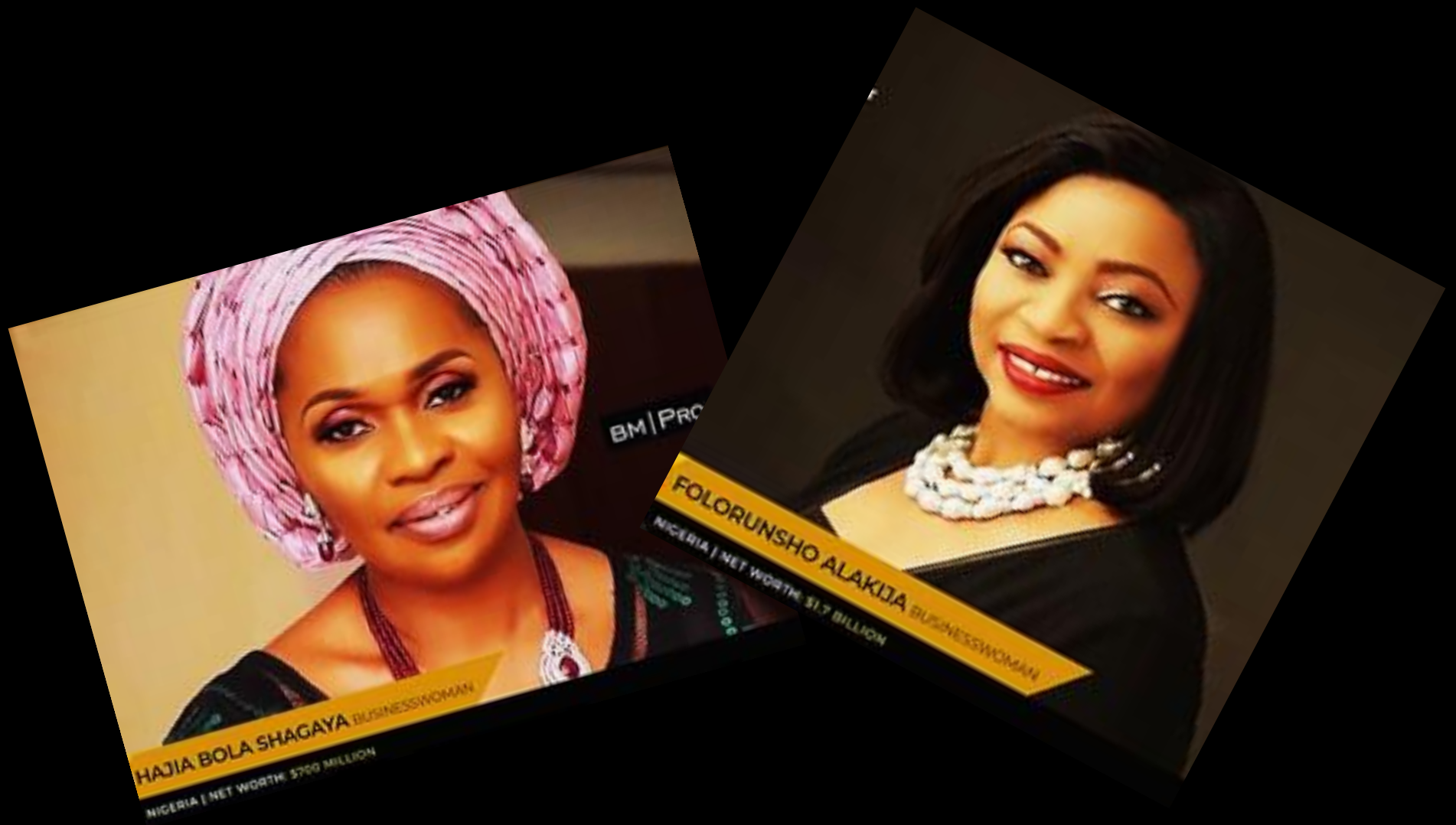


I went to the college orientation and signed up for Culinary Arts. I was really nervous because I had heard so many horror stories about how hard the math is...math just isn't my strong suit. Honestly, I've met women that dropped out of Culinary Arts due to the math. I made it through the vocational math and moved into the Culinary math and I scored 64% on the first test. I was petrified in that moment, thinking that I was going to fail the class. I couldn't allow that though, so I asked questions and worked on it until I thought my head would explode. Eventually, I started to understand it enough to make it through! After I made it through the math, it was smooth sailing!

I graduated Culinary Arts one & two, and moved on to the Manufacturing Skills Programs. I've never really been one to believe in myself and this has



been such a huge confidence boost! I would have never gotten this far had I let fear take over. Things aren't always easy but you can complete them if you set your mind to it! Whatever you're going through or having trouble with, keep pushing and you will figure it out!





THE SADDEST EPIC EVER TOLD

By: Enos Smith @ Big Muddy River



One of the saddest epics ever told had my name atop the scroll woeful me as it unrolls descriptions of ta sinuous road traversing the depths of my soul or whatever's left when one implodes from stress to complex to withhold the constant barrage of endless scorn that accosts one's thoughts when left alone with no compass that points to home a displaced wraith as wind is blown has no say as to where it's thrown whether bound by chance or divine restraint no mortal will ever relate to the charge of such an onus fate that I am doomed to ambulate over arid planes or barren seas no quarters will be offered me just a faint and taint acidic breeze that erodes my hold on humanity and dare I fray to have a choice this void would surely wrest my voice and who would hear my wails of dread in an abyss where light cares not to tread a tomb to maroon those lost in time seeking reprieve they will never find no hallow grounds to place a prayer just a dismal bog of pure despair the universe forgot was there far be it me to question thee sanctions of deity but to depreciate while under constraint will absolutely aggravate the plight of this egregious place the devil wouldn't tolerate where demons weep nothing will sleep that's why I really must insist the saddest epic ever told actually doesn't have a close but since you have come all this way to try and find a reason why I'll say because my torment is equal to the sum PI.



BLACK
HISTORY
MONTH

MAYA ANGELOU

CIVIL RIGHTS ACTIVIST, POET AND AWARD-WINNING AUTHOR, SHE BECAME HOLLYWOOD'S FIRST FEMALE BLACK DIRECTOR BUT IS BEST KNOWN FOR HER 1969 MEMOIR "I KNOW WHY THE CAGED BIRD SINGS." "INSTEAD, PURSUE THE THINGS YOU LOVE DOING, AND THEN DO THEM SO WELL THAT PEOPLE CAN'T TAKE THEIR EYES OFF YOU."



THE CHOICE IS MINE

By: Timothy Youngblood @ Lawrence C.C.

To me, Black History Month means the choice is mine. Amid the plethora of voices imposing themselves on me at any moment, which voice amid the cacophony is mine? Which cove rises from the depths of my soul, which from complexes and culture templates, and how can I know the difference?

This mélange of messages is so profuse. How can I ever choose? And yet, I make choices on a moment to moment basis, and not to choose is of course a choice with consequences. So, then the task of this carbonized bit of matter I call my body, this tungsten spark I call my soul is waiting upon me to realize that I serve life when I step forth and begin to take on that responsibility, that accountability, and choose a life that makes sense to me. The choice is mine, and if I am not exercising that choice, someone else is choosing for me—if not the splintered personality of my complex, then the perseverating voices of my ancestors, or the noisy din of my culture tom toms.

To me, my life begins twice: the day I was born and the day I accept the radical existential fact that my life, for all its delimiting factors, is essentially mine to choose. And the moment when I opened to that invitation and stepped into that accountability, I took on the power of



choice.

Perhaps the world as such is meaningless—atoms assembling, disassembling, in a random concatenation of proximities. Perhaps everything is guided by a supreme being whose powers are absolute. Whatever the case, I am an animal that suffers disconnect from meaning.

The world's system produces a complex series of interactions—feeling responses, dreams ranging from the turbulent and troubling to the transcendent, symptoms, patterns, sudden jolts, insights, recognitions, repressions—and then ineluctably surges forward again and forges new connections. And somewhere in all that complexity is the fantasy of, the possibility of choice. The argument of whether I am actually free or not goes back into the mists of primal human imagining. But, as Jean Paul Sartre argues, I must act as if I am free, take on the “terrible” burden of choice, and be accountable. Whether free or not, I am obliged to act as if I am free, and all systems, philosophies, moralities, and juridical dicta expect accountability. That's what Black History Month means to me.





ADVENTURES OF J DAWG

date on my adventures.

Whats up people! It's your boy J-Dawg, well I'm going by Jaime a lot more these days. It's been 6 months since my last article and just wanted to give y'all an up-

I'm no longer on permanent party. I'm on Level 4 at work release, which is the last level and means i have a lot more movement (8-6 hour passes and 4-48 hour passes a month). I'm out and about working and living the SEMI-FREE life. got a job at a steel company, I'm being trained to be a precision machine operator. Sounds important, but it's really not, I just feed steel bars into a machine and do my best to keep the measurements right. Lol It pays the bills and is cool for now until I figure out my next move.



I've also been catching up with family and friends trying to get some relationships back in order. I kinda get stretched thin at times with everybody wanting my attention, many think since they see pictures of me being out and about that I'm always available, when in actuality my movement is still limited. Gotta continue to practice the



patience will acquired in prison, you'll need it out here too, especially on work release. Another thing, Temptation is real people! Whatever your vice might be, theirs plenty of it out here and you can find yourself easily chasing all the wrong things. I've seen many brothers get sent back, some of them good dudes who slipped up and found themselves back on the bus to Stateville. Just some food for thought.

I'm still using my creativity and I continue to paint even when many said I wouldn't. I've sold over 15 paintings since I've been here, I continue to work-out even when they said once I got a job I wouldnt. You Make time for things you find important. Gotta stay focused on what you set your goals on. Can't lose track out that.

The guys from Kewanee that are here in Crossroads are all grinding working and doing what they do. I'm happy to reach back and hit y'all with what's happening on this side of the fence. I'll do my best to continue to update y'all with my adventures and promise to do my best to keep it real and not only tell y'all the good stuff. I also like to tell y'all, I'm HAVING a BABY! Well not me, my girl. Lol Wasn't in my initial plans, but plans change and now I have to prepare accordingly for this blessing that will be my son. Another reason for me to stay on my grind.

Well people that's gonna be it for now, but I pray y'all continue to be strong and



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fight through this struggle we call incarceration. Stay positive and continue down the path of better living, many of y'all will be coming home soon either by parole or the route of work release. I like to think better days are ahead for us all, just gotta believe it people. Til next time.... J-Dawg out.





Centralia conducted its first in house Storybook Project in over 3 years. These are some of the individuals that took advantage of the project. We had almost 80 individuals participate that day. Each one was able to come in and pick a book to read from a vast collection that the Storybook Project provided. They were able to record themselves reading from the book and give a short message to send to the child along with the book. The project was received very well and will be offered again in the very near future.

The group picture for the Storybook Project is as follows

Front Row

- Lillard K81621
- Jones Y56586
- Natali-Rodriguez R40738
- Campbell R72347

Back Row

- Lugo Y20636
- Luna Y56145
- Walker M34153
- Jones R41732
- Hendrix S04848
- Suane B52215



PEER LED SHOWCASE

The Lady and Gentlemen that you see pictured above are the very people that help make our vision come to life. These individuals dedicate their time and effort to help teach our fellow peers things that are much needed in their personal development in life, which we anticipate will inspire us all to step up and do the same. We are beyond appreciative for the submissions we've received from other facilities, and other peer educators, and it's truly a wonderful thing to see. We all lead by example, and the example that we've set with these peer-led classes show that we are more than determined to prove our worth. We are all leaving behind a roadmap to success, and for all of those that are involved, to everyone that makes this possible, our gratitude cannot be expressed in simple words.

However, thank you to **Everyone**, and please, keep up the good work!

Trust me, it's not going unnoticed.



By: Jessie J Myers

Hey everybody welcome back. I'm Jesse for those of you that do not know me. I hope you all are all healthy and staying safe. It's winter time which is not the prime time for Roofing. But with snowfall and snowpack setting on the roofs this is a great time to discover leaks. Whatever you do , do not try to climb on the roof with ice and snow on it. When the snow melts it's time to climb the ladder and make some repairs. Be sure your ladder is set up properly with a 4:1 ration that is 1 foot away from the point of the eave for every 4 feet of your ladders height.

Some of the most common places to look for leaks are roof intersections such as Valleys on steep slopes and pitch transitions on low slope. More commonly leaks take place around roof penetrations such as chimneys, vents, pipes, and sky lights. Pay close attention to flashing components and sealants around these penetrations. Pipe boots have elastomeric collars; over-time these collars tend to dry rot, as they become brittle a potential area for leaks is created. With vents and flashings, installers sometimes use sealants if these sealants are used improperly a potential for a leak is caused. Sometimes installers think they are doing a better job by adding sealants as extra precaution but they are doing the opposite. Proper installation of flashing components is very important this includes some of the sealants.



Sealants are made for specific purposes so make sure you have the proper product for the specific job at hand. Read and follow manufactures safely and installation instructions. When repairing leaks sealant is not always the fix all, and is usually just used as a temporary solution to a much bigger fix.

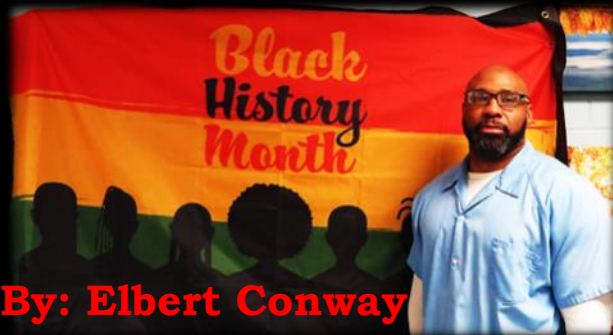
Another potential spot for a leak is at roof eaves, especially in the winter. If ice and water barriers was not installed or not installed properly ice builds up at the eaves as snow melts and the water creeps in under the shingles or behind drip edge, gutter guard, or other eave flashings. These types of leaks can cause serious damage. The damage can occur to the rafter tails, roof deck and fascia board, and can often spread the entire length of the roof.

Another thing you can do to decrease the potential for leaks is to clean your valleys and gutters at the end of fall. Valleys and gutters full of debris do not allow water to flow properly. Remember roofs are designed to shed or drain water according to the pitch. Gutters on a steep slope roof (most homes) are designed to divert water from the home especially the foundation. If water builds in a gutter it will find it's way to your roof system at fascia laps or creep in under edge metal. It will also overflow allowing large amounts of water to collect around your homes foundation . Water should flow as fast and free as possible in any roof system. The longer it takes to shed or drain the bigger the potential for leaks.

As always be safe and know your limits, do not hesitate to call a professional and always follow the manufacturers recommendations for any roofing product.



PRESERVING A CULTURE AND TRANSFORMING ONE



By: Elbert Conway

I can still remember when I first arrived here at KLSRC over 11 months ago. I had heard so much about this place and was curious as to how much of what I had heard was facts and how much was cap. When I arrived, I honestly wasn't prepared for the experience that KLSRC offered. I was always in my head thinking that this community building and being acknowledged as a human being by the staff wasn't going to last so I shouldn't get use to it all. Almost a year later and the community building and being acknowledged is still happening. I realized this is because of the like-mindedness we share (staff and incarcerated individuals) in regards to our future and wanting the best for the brothers and sisters coming behind us.

Selfless acts are shown daily by the incarcerated community here because as we know we aren't the crimes we once committed. We made some mistakes and unfortunately most of us had to learn the hard way. What's important now is that we're learning. We're not learning how to be a better criminal but to be a better person, father, friend, neighbor, son etc. The staff at KLSRC has a hand in that but when all said and done its all on us to actually make the change. Seeing a person as a human being capable of making mistakes instead of incorrigible human defects opens the door for empathy, support and understanding which is what makes this place unique. Honestly, I do appreciate my time here at KLSRC and everyone who has



helped me along the way.

My advice to the guys on the new and for the ones on the way here; take advantage of all this place has to offer. It's what you make of it. Also, allow yourself the opportunity to learn more about you and your past behavior if you haven't already. Trauma is a real thing. The groups offered through Clinical Services will assist you with that if you're open to the opportunity. No one can change you but you. Give yourself a chance.



ON THE NEW !!!

Kewanee's University Of The Exceptional and Gifted

Written By: Jermaine Brown

The 12 hour ride from Robinson C.C to Kewanee was the worst and most uncomfortable rides of my life. However, it was so worth it. We each stood up to peek out of the small so called window at the top of the bus. The cuffs was taken off of each of us before we exited the bus. The Kewanee individuals in custody all seemed more like neighbors rather than prisoners as they pitched in to take our property off the truck. From there we were directed into the center for a brief search. We then stood in the hall and was greeted by the Welcoming Committee. What's a Welcoming Committee you ask, well it consisted of about 5 individuals in custody, a L.T, and guess what the #1 Warden. All of which gave either hand shakes or hugs. YES, the



warden actually shook our hands.

The Warden (Professor X) took his time not only to greet us but to look at all of us in our eyes as he told us to relax, take it all in, and stated that he wanted us to each put all the B.S from the past behind us and leave it there. He insisted that Kewanee was unlike any other place we had done time. The vibe was amazing especially when he told us that we was chosen out of hundreds to be here and that this was our Letterman Jacket. From there we went to the dining hall but on our way the halls were designed in colors that seemed to scream RELAX and FREEDOM. The dining hall was clean, the food Hot, all the ingredients were included, the tray, cups and spoons were all cleaned to eat and drink off of. And get this people, the staff not only ate the same food we ate but they also ate in the same dining hall as us. All the staff spoke to you and many even knew our names before we even got here. So many familiar faces of us and them from different prisons.

I felt unhuman like a mutant but embraced. I immediately felt at home so to speak. It all reminded me of that X-Men Movie where all the good guys were chosen because of there super powers. All of these men here seemed to glow naturally, some fully exhibited their powers, others still figuring it out, but all placed in this environment to reach their full potential. I never knew such a place existed; for almost 22 years I've been seeking such fellowship, now I'm finally in a place to thrive and soar. This was only my first day, but I'll keep you all posted on my elevation and transition here at the "Kewanee's University For The Exceptional and Gifted'.

Also, to the men I left in Robinson C.C, please know that I am working hard to continue the trauma program we started there. I am in a great positon to propose and implement my own peer lead program. Stay tune...





MY KEWANEE EXPERIENCE



By: Michael Jennings

What's good fellas? It's Mike. I just want to let you know about my experience after two weeks in K.L.S.R.C. Let me start by saying it's a bit of an adjustment but, a good one. Coming from some of those environments that are just toxic however, this is not that place from which I came. It is a place where everyone has a helpful hand and a smiling face. To be honest it is a little awkward and weird. However, I don't sense any ill intent behind it. As the environment goes it is definitely a community as I said before everyone's helpful including staff. There are plenty of opportunities for social group, education, and employment. Some activities include, Friday night movies, chess club, two Gymnasiums and yard. Not including the countless activities throughout the year. I just got here and I'm involved in two tournaments for black history month. (Hollywood squares, charades). Just a side note, the food is always hot and tasteful. Activities and events aside, this is a place where you can find a direction for your life outside if you did not have one in mind— because from here outside is where you go. So I want to encourage you to feel out that application and Invest in a opportunity for your future.





By: Keith Owens

Hi, my name is Keith Owens a.k.a Twin. I just arrived at KLSRC last month on the 24th and I must say it was truly worth the weight in gold. To my family and the ones I couldn't take on this experience with me, mere words shall not do, but know you're here in my heart and spirit.

From the time you enter and step through the door here at KLSRC you know this is a game changer - from the warmth that you feel and love you are shown not only from your peers but the staff as well. I mean from the Wardens on down. So you see, this gives me and others the courage to step out of the old you and present the real you. The true purpose of me being here is to improve on life in order to be presented back to the free community not only as a free person , but also a willing servant and **Builder of My Community.**

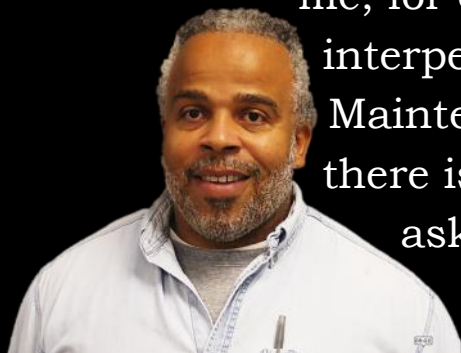


MY KEWANEE EXPERIENCE

By: Micah Anderson

What's happening everyone, my name is Micah "Twin" Anderson and I want to share my Kewanee experience with you all. When I first arrived I thought it was gonna be the same as all the other transfer intakes, C/O's being jerks and trying to demean us I.I.C's. I was surprised that all the staff & welcoming committee was cordial and ready to assist us. I was lucky to get here right before Memorial Day weekend and Juneteenth celebration. I was amazed when I was told that we are allowed to take our food to the yard and eat and also enjoy the music played by D.J. Milton. Guys were playing softball and tossing horse shoes, that blew my mind.

Then there are the programs that they have here. These classes actually will help you up-on your re-entry back into society. I personally wanted to take classes that I knew would help me, for example: Financial Literacy 1 & 2, Communications 1 & 2, Keyboarding, interpersonal skills, etc. After I finished those classes I enrolled in Custodial Maintenance in which I completed. My experience here has showed me that there is a facility that is actually doing what they say they're gonna do. You can ask just about, if not all staff,- security or no-security- for help and they will help you. I am truly thankful for counselor McCann in Vienna C.C. for





helping me get here. I started in Statesville and Menard, and I worked my way here to Kewanee where I am getting pretty much all the necessary tools to be a productive and prepared ex-offender returning to society. My advice for I.I.C.'s that want to come here and get a chance to prepare yourself for your release, do everything your counselor, any clinical staff and/or teachers advise you to do. I've been locked up over 2 decades and I've never experienced and/or had the appreciation for a correctional center that actually is doing what they are advertising. I want to thank Mrs. Scott, Mrs. Mead, Warden Carothers, Warden Jones, pretty much the whole staff for all they do for us, and I want to thank the Kewanee Horizons Media team for giving me the opportunity to express my time here at Kewanee.

MY KEWANEE EXPERIENCE PART 2

By: Melvin King

What's up everyone, it's been awhile since you last heard from me with the 1st part of My Kewanee Experience, I told you all that I was looking forward to writing more for Kewanee Horizons, well I got a little busy. Like I told you all before there is so much to do here and I am taking advantage of everything. So far I have done a number of classes, the first 2 months I was in my mandatory classes which consisted of Interpersonal Skills, Computer Concepts, Communications 1, Financial Lit 1, and Keyboarding.

My 3rd month I got to pick what classes I wanted, but they both were still mandatory, so I



selected Financial Lit 2 and Health and Nutrition. While doing all those classes I still got to do some peer-led groups as well, I finished a C.D.L. class and a F.L.I.P (Floor Laying Interior Painting) class. I've also taken Fitness & Anatomy, and I just graduated from Custodial Maintenance (1/19/24) where I made the Presidents List. It don't stop there, I've also taken Preparing For Release group and right now I'm taking Art Fundamentals and also I'm 1 of 8 in the first cohort of a new Manufacturing Class. This class is 3 months long and I am looking forward to finishing in May. So yeah I have been a little busy for the past 8 months, before I forget, I have been doing all those classes while working in the kitchen. I was one to say I would never work in a kitchen but I made an exception for Kewanee. I'm on the Sanitation Deep Clean Crew for the kitchen. The food is prepared the right way, so yeah you can eat the food, I know you all have heard that before but it's the truth. I have been incarcerated for 24 years and since 2004 we have been given food that's not edible, Kewanee has changed all of that, it's the same food as everywhere else, just cooked the right way.



Kewanee also has a Day Release Program going here where Individuals in Custody are allowed to go out in the community and work, its an awesome program that everyone wants to be apart of, and everyone is welcome but you have to be here at least 9 months before you will be considered for a job. And yes it's a real 8 hour job where you make an hourly wage. You have to fill out an application and submit a resume, and if they have an opening you will be called for an interview. This is not a job that's just given to you, you have to sell yourself at the interview. This program is designed to help you get acclimated in the work force with the hope that you don't return to your old lifestyle. I submitted my application 1 month after I arrived here, I



know that was too soon but I just wanted to have it in. I just made it to my 9th month here so I'm hoping I get an interview soon.

Another good thing about this place is that you make your own schedule, your day is what you make of it, if you pick a class that's at 2nd hour its up to you to get there, we have free movement so there is no officer yelling school line on the walk, as a matter of fact there is no line movement here, you just sign out and go, chow, commissary, yard, gym, whatever you have going on in your day its up to you to take care of it. If you are wondering how commissary is ran, we go everyday, but we have limits on what we can buy. Yes, I know every prison has limits on what you can buy but our limits are less than everywhere else because we get to go everyday, so for those of you who like to go and buy 10 honey buns, just know you will not be doing that here, but you will get your beverages cold. Commissary opens up at 8am and closes at 2pm, you have to find time in your schedule to make it to store. There have been a couple of times where I missed going because I was so busy. Yard and gym is the same way, you have to make time in your schedule for it.

Yard opens up at 8am until 2:30pm, and during the summertime its open until 7pm. Gym opens up at 8am until 6pm all year round but its closed all day Saturday's. It's your choice which one you want to go to. Even going to eat is a lot different than other places, you go when you want to go, there is a time frame for you to get there but you can eat anytime within than time frame, and you can actually sit and enjoy your food (you don't have to rush and eat.)

This place is not like any other. This place is really about programs, rehabilitation, and re-entry, if you are not about that, then Kewanee is not the place for you. Oh yeah, there is one more thing I got going on now and that is the Kewanee Horizons E-zine publication. I am one of the editors. I never thought I would be doing this but I am and it's a lot of work putting together these issues and I'm glad to have learned what it takes to get them out to you all.



Before I get out of here once again I want to send a shout out to those individuals who I consider my brothers who I've met over the years, especially those who graduated DEFY with me in Pontiac C.C. I want you all to know that I am doing well, and a special shout out to the Clinical Services staff at Pontiac C.C. Ms. Horton, Ms. Ryan, Ms. Hogan, Ms. Strowmatt, Ms. Molinero and the Law Library Staff Ms. Wykes Ms. Jonsson and Ms. Castillo. Thank you all for your help and again for trusting me. I cant forget about the Commissary staff at Pontiac C.C. Ms. Wolf, Stro, McFarland, and Noretto thank you all for trusting me as well. I want you all to know that things are going great for me here. Well everyone until next time, PEACE, and keep reading Kewanee Horizons.

BLACK HISTORY MONTH





NEW ARRIVALS TO KEWANEE



WELCOME COMMITTEE





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THE FIERCE 44

Black Americans Who Shook Up The World

Every week we're writing about Black Americans who inspire everyone. This information is from *The Fierce 44: Black Americans Who Shook Up the World* written by the Staff of The Unde-
feated. The first 11 Black Americans are:

Robert Abbott (1870-1940)

In 1905, Robert Abbott started the *Chicago Defender*, one of the most important black newspapers in history, with just twenty-five cents (the equivalent of about seven dollars today). What began as a weekly four-page pamphlet distributed in the city's black neighborhoods quickly grew into a national publication with a readership of more than half a million.

The success of the *Defender* made Abbott, the son of former slaves, into one of the nation's most prominent black millionaires and paved the way for other successful black publishers.

At the *Defender*, Abbott encouraged the Great Migration, in which six million African Americans fled the poverty and racially motivated violence of the South for new lives in the West, Northeast, and Midwest. Many of them settled in Chicago, where manufacturing jobs were opening up as World War I approached.



Abbott was a natural hustler, which helped his reputation and the paper's circulation. When the *Defender* was initially banned by white authorities in the South because it encouraged African Americans to abandon the area and head north, Abbott, who was born in Georgia, used a network of black railroad porters to surreptitiously distribute the paper in southern states. His legacy lives on today in black publications such as *Essence* and *Black Enterprise*.

Alvin Ailey (1931-1989)

Born into poverty in Texas, choreographer Alvin Ailey drew on his knowledge of close-knit black churches, rural juke joints, fiery protest songs, his lonely childhood, and his adult life as a closeted gay man to fuel his passion for dance.

The modern-dance pioneer and civil rights artist-as-activist created pieces that have become as important to the definition of American art as tap dance, jazz, and hip-hop. His desire to have classically trained black dancers move to the music of Duke Ellington, gospel, blues, and Latin and African pop was revolutionary.

Ailey explored issues of social justice, racism, and spirituality in the African American experience through his art. After a few years of dancing on Broadway, he started his own company in 1958, at the height of the civil right movement. By 1965, Ailey had stopped performing as a dancer to concentrate on his company and choreographing dances for other performers. He created seventy-nine ballets over the course of his career.

Revelations, which premiered in 1960, is Ailey's most celebrated work. The up-from-slavery dance narrative finds beauty in the midst of tragedy and pain, celebrates black folks' resilience and humanity, and allows hope to overcome tribulation.

Even after Ailey's death from an AIDS-related illness in 1989, the company and school have continued to be the premier spot for emerging black choreographers. The Alvin Ailey American Dance Theater is still one of the most popular dance companies touring internationally and has performed in dozens of countries on six of the seven continents.



Muhammad Ali (1942-2016)

Muhammad Ali, who loudly proclaimed himself both pretty and the greatest boxer of all time, set the standard for social activism by athletes.

He was named Cassius Clay when he was born in Louisville, Kentucky, and he started boxing at the age of twelve after someone stole his bike. At eighteen, Clay had won an Olympic gold medal. A short four years later, he beat the heavily favored Sonny Liston to become the world heavyweight champion. The next day, Clay showed the world that he was more than a great boxer, announcing that he was joining the Nation of Islam and getting rid of his “slave name.” He would now be known as Muhammad Ali.

At the time, black athletes were expected to be “credits to the race” by being modest and dignified and staying quiet about issues affecting the country. Ali rejected all of that. He was nicknamed the Louisville Lip, mocking opponents and often forecasting his victory in rhyme. He became a Muslim in a predominantly Christian country. And at a time when fighting for civil rights meant pushing for integration, Ali joined a religious group that preached racial separation.

Ali also questioned America’s participation in the Vietnam War and refused to be drafted into the Army. He was stripped of his boxing titles and put on trial for evading the draft. Ali eventually won his case after appealing it all the way to the Supreme Court. But for more than three years, no one would pay him to fight.

After his trial, Ali went on to win the world heavyweight title for an unprecedented third time in a bout against undefeated heavyweight champion George Foreman in the “Rumble in the Jungle” in Kinshasa, Zaire. Ali, at age thirty-two, was the underdog, but with an eight-round knockout, he reclaimed the title that had been taken from him years earlier because of his opposition to the war.

A lifelong social activist and philanthropist, Ali received many honors for his humanitarian work, including the Presidential Medal of Freedom.



Richard Allen (1760-1831)

Born into slavery in 1760 in Philadelphia, “Negro Richard” struck a deal in 1780 to buy his freedom and that of his brother a few years later. Richard Allen (the name he chose as a freedman) discovered religion after hearing a Methodist preacher at a secret gathering of slaves in Delaware.

But white Methodists didn’t want to pray with blacks. So Allen, his wife, Sarah, and others started the Bethel AME Church on July 29, 1794, in a converted blacksmith shop in Philadelphia. Allen was the church’s pastor. It was the beginnings of the country’s first independent black denomination, which now has more than six thousand churches with about three million members.

Recognizing that former slaves and freedmen needed education, Allen opened a day school for black children and a night school for adults, as well as created church groups to care for the poor. Many of his sermons and published articles attacked slavery and criticized groups that wanted to send blacks back to Africa. Both Allen’s family home and Bethel AME were stops on the Underground Railroad, which gave shelter and aid to slaves escaping from Southern Border States.

Maya Angelou (1928-2014)

Maya Angelou lived a life just as remarkable as the poetry and prose she crafted. She experienced a traumatic childhood marked by sexual abuse and violence and at one point stopped speaking for five years. During this time, she memorized poetry, rearranging cadences and reciting Shakespearean sonnets in her head.

With the help of a teacher, Angelou was able to speak again. She used literature to help her recover from trauma, but she got pregnant at sixteen. She found work as San Francisco’s first African American female cable car conductor and took many different jobs to support her family.



Later, she joined the Harlem Writers Guild and, with help from fellow author James Baldwin, went on to write *I Know Why the Caged Bird Sings*—the first in what would become a seven-volume best-selling autobiographical series. Nearly a decade later, Angelou finished *And Still I Rise*, a poetry collection that remains one of her most important works. Her writing earned her many awards, including three Grammys and the Presidential Medal of Freedom.

Angelou was also a fearless civil rights activist, serving as a coordinator for Martin Luther King Jr.'s Southern Christian Leadership Conference (SCLC) and working with Malcolm X to establish the Organization of Afro-American Unity. Life tried hard to break Angelou, but in the face of it all, she rose.

Ella Baker (1903-1986)

Ella Baker's grandmother, a former slave, used to tell her a story about being threatened with a whipping for refusing to marry a man whom her owner's wife had selected for her. That story helped fuel Baker's lifelong quest for justice for her people. She became one of the most important behind-the-scenes organizers in the civil rights movement.

In the 1940s, Baker worked at the National Association for the Advancement of Colored People (NAACP), helping to convince black people that the United States could and should exist "without discrimination based on race." In 1957, she moved to Atlanta to help Martin Luther King Jr. form the SCLC, organizing protests and running a voter registration campaign called the Crusade for Citizenship. But Baker grew frustrated with the leadership style of the men at the top of the organization who didn't know how to deal with a strong woman.

Inspired by four college students who refused to leave a lunch counter at Woolworth's in Greensboro, North Carolina, after they were denied service, Baker helped create the Student Nonviolent Coordinating Committee, or SNCC. Pronounced "Snick," the group emphasized voting rights for African Americans and helped organize the Freedom Rides, in which black and white students tried to desegregate bus terminals in the South.



Baker's nickname was "Fundi," which is Swahili for a person who teaches a craft to the next generation. Baker viewed young people as one of the strongest and most important aspects of the civil rights movement. As long as they had the audacity to dream of a better, equal, and brighter tomorrow, and were willing to work for it through peaceful protest, a fairer society awaited them.

James Baldwin (1924-1987)

James Baldwin knew it was his job to reveal the truth: The truth about his race. The truth about his country. The ugly truth of racism, poverty, and inequality that plague the United States even now.

He confronted American racism with fearless honesty, and he did it with style. His brilliant prose combined his own experience with the best and worst of the black life around him: the joy, the blues, the sermons, the spirituals, and the bitter sting of discrimination.

Baldwin grew up in Harlem, where his writing talent was recognized at an early age. He moved to Europe when he was twenty-four after becoming discouraged by the racism in the United States. His first novel, *Go Tell It on the Mountain*, illuminated the struggle of poor inner-city residents. His collection of essays called *The Fire Next Time* explosively represented black identity just as the country was coming to terms with how much white supremacy helped shape our history. In his second novel, *Giovanni's Room*, Baldwin wrote about homosexuality—exploring sexual identity without even mentioning race.

As an impoverished black gay man, Baldwin was asked if he felt he'd had bad luck. In fact, he said, he believed he'd hit the jackpot. His identity helped to create his work. And his writing represented every individual whose access to American civil liberties was hampered by race, gender, sexuality, or poverty.

Baldwin unapologetically asked the nation to see its true self through the beauty of its most marginalized people.



Jean-Michel Basquiat (1960-1988)

Eight short years: that's how long it took Jean-Michel Basquiat to secure his legacy as a great artist. He died at the age of twenty-seven from a drug overdose, leaving behind paintings, drawings, and notebooks, many of which explored American punk and hip-hop, the urban plight of African Americans, jazz, and the nature of fame during the 1980s.

Born to a Haitian father and Puerto Rican mother, Basquiat dropped out of high school and started doing graffiti art on New York City's Lower East Side. He was handsome, fashionable, and famously eccentric.

The drawing in Basquiat's best-known pieces may look primitive, but the images are complex and sophisticated. While his worldview was undeniably black, urban, and hyper masculine, his bold technique featuring splashes of paint was influenced by modern abstract masters Jackson Pollock and Cy Twombly. But there is also a connection to early twentieth-century African American greats such as Romare Bearden and Jacob Lawrence.

As influential as Basquiat is, most of his work is privately owned a few museums have any of his best-known pieces. His paintings attract stratospheric prices when they are put up for auction. In 2017, Basquiat's 1982 *Untitled* painting sold for 110.5 million, a record high for any American painter, making him the most successful African American painter in history. Celebrities collect his work, and an entire generation of hip-hop artists—Kanye West, Jay-Z, Lil Wayne, Killer Mike, Rick Ross, and J. Cole—have name-checked Basquiat. In other words, legendary dopeness and enigmatic brilliance never go out of style.

Mary McLeod Bethune (1875-1955)

Though she was able-bodied, Mary McLeod Bethune carried a cane because she said it gave her "swank."

An educator, civil rights leader, and advisor to four U.S. presidents, the "First Lady of the Struggle" has been synonymous with black uplift since the early twentieth century. She turned her faith, her passion for racial progress, and her organizational and fundraising savvy



into the enduring legacies of Bethune-Cookman University and the National Council of Negro Women.

Bethune, the fifteenth of seventeen children, her parents former slaves, grew up in rural South Carolina and started working in the fields as a young girl. She hoped to become a missionary in Africa after attending seminaries in North Carolina and Illinois but was told black missionaries were unwelcome. So she turned to educating her people at home, founding the Daytona Literary and Industrial Training School for Negro Girls in 1904 with \$1.50 and a handful of students. The school later merged with Cookman Institute, a school for African American boys. Bethune served as president, one of the few female college presidents in the nation at the time, and also became president of the National Association of Colored Women. A decade later, Bethune founded the influential National Council of Negro Women.

Bethune helped organize black advisors to serve on the Federal Council of Negro Affairs, the storied “Black Cabinet,” under President Franklin D. Roosevelt. First Lady Eleanor Roosevelt considered Bethune one of her closet friends.

Bethune worked to end poll taxes and lynching. She organized protests against businesses that refused to hire African Americans. Her entire life, she organized, she wrote, she lectured, and she inspired.

Simone Biles (1997-

Simone Arianne Biles, born in Columbus, Ohio, and raised outside of Houston, Texas, was six when an impromptu field trip changed her life. She and her classmates were at a local gymnastics center where a coach noticed that Biles just couldn’t stand still and was bouncing all over the mats.

Biles’ family signed her up for classes, and her boundless energy, amazing physicality, and acrobatic bravery took flight. Biles, who stands four feet, eight inches tall, began competing internationally in 2013. Later that year, she became only the seventh American and the first African American to win the world all-round gymnastics title.



But she was just getting started.

Biles is the first woman to win three consecutive world all-around titles, and in the 2016 Rio de Janeiro Olympics she won gold medals in the vault, floor exercise, individual all-around, and team all-around competition. She invented two moves, one in the floor exercise and another in the vault, that are named after her. Her routines are so difficult that she almost fell off the balance beam and still won a bronze medal in Rio.

Biles' accomplishment are even more remarkable because of her childhood. When her birth mother was unable to care for her, Biles and her siblings spent years in foster care before her grandfather and his wife adopted her and her little sister, Adria. Biles now advocated on behalf of foster children and say being part of a family helped her feel like she mattered. So did finding her passion for gymnastics.

Her twisting, high-flying precision moves, including ones that didn't exist before she made them up, have led many gymnastics judges and fans to consider her the best athlete in the history of the sport.

Shirley Chisholm (1924-2005)

Before President Barack Obama's "Yes We Can" slogan, there was Shirley Chisholm's motto, "Unbought and Unbossed."

In 1972, thirty-six years before Obama was elected the first black president, Chisholm was the first black candidate for a major party's nomination for president. That campaign made her a pathbreaker for women, too: she was the first woman to run for the Democratic Party's presidential nomination, forty-four years before Hillary Clinton became the first woman to win a major party's nomination for president.

Being the first wasn't anything new for Chisholm. In 1968, she became the first black woman elected to Congress, representing New York for seven terms from 1969 to 1983. As both a New York state legislator and a congresswoman, Chisholm fought for the federal government to help people get an education and to help poor people get enough food to eat.



Chisholm wanted woman, African Americans, and the poor to get a seat at the table. And if there wasn't an empty chair, she advised bringing your own.

This is a recap of what our brother [Marcus Harris](#) (who is now a returning citizen) had put forward last year but we'll add some new names to the list this time around.

It must be noted that greatness exist in all people regardless of their race, religion, gender etc. It has never been exclusively owned or cultivated to exist in one group of people.

Tune in to **Kewanee Horizons** next week for the next eleven Black Americans who shook up the World.



List of African-American Inventors and Scientists

| Name | Years | Occupation(s) | Inventions / Accomplishments |
|---------------------------|--------------------------------|----------------------------------|---|
| Adkins ,Rodney | 1958– | Electrical engineer | First African American to serve as a senior vice president at IBM, helped develop IBM ThinkPad |
| Alcorn ,George Edward Jr. | 1940– | Physicist, inventor | Invented a method of fabricating an imaging X-ray spectrometer |
| Alexander ,Archie | 1888–1958 | Civil engineer | Responsible for the construction of many roads and bridges, including the Whitehurst Freeway, the Tidal Basin Bridge, and an extension to the Baltimore-Washington Parkway. |
| Ammons ,Virgie | December29, 1908 –July 12,2000 | Inventor | Filed the fireplace throat damper patent on August 6,1974. |
| Amos, Harold | 1918–2003 | Microbiologist | First African-American department chair at Harvard Medical School |
| Andrews, James J. | 1930–1998 | Mathematician | Put forth the Andrews–Curtis conjecture in group theory with Morton L. Curtis, still unsolved |
| Bailey, Leonard C. | 1825–1918 | Inventor | Collapsible, folding bed (For the cabinet folding bed, fore runner to the "Murphy bed", patented by Sarah E. Goode in 1885,see her entry at Goode, this page.) |
| Ball, Alice Augusta | 1892–1916 | Chemist | Developed a technique to make chaulmoogra oil injectable and absorbable, for the first effective treatment of Hansen's disease (leprosy) |
| Banneker, Benjamin | 1731–1806 | Almanac author ;surveyor; farmer | Constructed wooden clock; astronomer; assisted in the survey of the original boundaries |



OSCAR'S X-MAS

By: Oscar Hernandez

There was a year end Christmas Service that lit the souls of all the individuals and the volunteers in the Kewanee Life Skills Re-Entry Center. Out of all the years incarcerated, I have felt the Christmas spirit for the first time here at Kewanee. It has been a few years since I enjoyed Christmas. Being able to be part of this warm festivity made the occasion into a gift. A candle-light church service was held to celebrate the birth of Christ and Christmas. Everyone was greeting one another, smiles were seen from one person to the next. The pureness of joy filled the hearts of everyone in attendance. While everyone was swaying to the gospel music, our candles were lighting the path towards the new year. The ambiance was blessed with the angel like voice of Kewanee's own Tammy Drowns. She graciously sang her heart and brought everyone in attendance to peace.

Yet, there was one frame that was the highlight moment during the service in which three brave men stood out the most. These men are Roman Esparza, Harry Mulkey, and Diego Penaloza. They each have their own story in life which led them to stray from the path and





guidance of Christ. However, on this occasion these men chose to receive and accept Christ, in order to be baptized. All of the brothers and sisters present applauded and cheered as Roman Esparza, Harry Mulkey, and Diego Penaloza were reborn as our fellow Christian brothers.

Christmas magic, under the guidance of Chaplain York. As well as the support of Hill Church, the Church of Galva and every helping hand of Kewanee that put effort into this blessed night. Amid the frigid temperatures the hearts of many in attendance were warmed, through candid testimonials, fellowship and the sense of community. The service concluded with candles being lit, the overhead lights lowered and the gym filled with the soft voices of everyone in attendance. "Silent Night, Holy Night....." echoed across the walls.

The harmony of the collective voices, the soft glow of the flickering candles all provided for a magical Christmas miracle. For a few precious moments, all that were in attendance were transported to a safe space where the walls of our incarceration did not hold us captive. We were all lost in the spirit of Christmas and were given a chance to feel the bonds of true fellowship. I hope that every brother still waiting for their moment to take that bus ride down here enjoyed this article and has something to look forward towards.





STRIFE FOR THE VOTE

BY: MELVIN KING



Voting is power, yes that is true,
 Yet it seems it's something we lack to do
 We cry and complain about the people in play,
 But it was us who didn't get off our ass that November Day
 There once was a time when we didn't have that right,
 But a generation of people came together and put up a fight,
 People died during that time, but it was not in vain,
 Still to this day, we feel some of their pain
 Their sacrifice was major they stood their ground
 Most not knowing that it would make my generation proud,
 In 1887, they established Jim Crow,
 To keep minorities away and control the vote,
 In 1965, President Johnson signed a Bill
 Giving minorities the right to vote at their own free will,
 For 88 years Jim Crow was in play,
 For 88 years, most of us did not have a say,
 So the polls are open every March and November
 Whatever the date, make it one to remember
 Cast your vote don't think it doesn't matter
 Because YES, it is true voting is power.



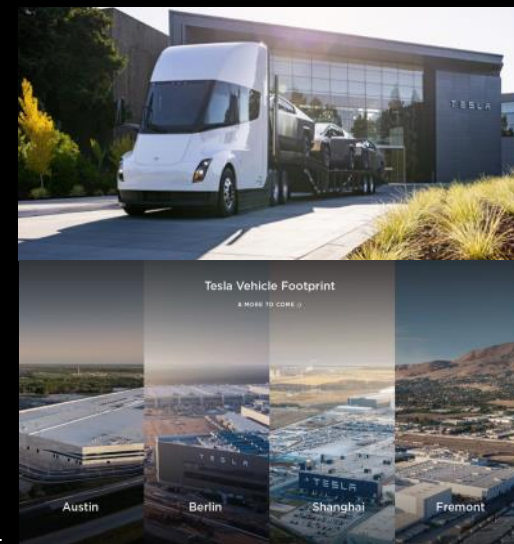


HMT INVESTIGATES LOOKING UNDER THE HOOD

Hujambo Bwanas and Bibis. Today will be a 3-week issue for me to describe what one would look for when they are observing a company's stock. A lot of times, we believe that a company is good for one thing, or they are made to service one type of product. Many times than not, this is not the case, and it tends to be things that you are not aware of that is the catalyst of why a company will be conducive for the future. The great Ray Kroc, founder of **McDonalds Corporation (MCD)** is famously known for telling a group of men at Yale that he was never in the hamburger business, but the **real estate business**. If you look at Sam Walton and his build up in **Wal-Mart (WMT)** in the beginning, he only put his business in towns that were less than 12,000 people. Why, he was in the real estate business.

Have you seen NVIDIA (NVDA) lately?? 10 years ago, they were trading under \$15/share, they were under \$30/share just 5 years ago, and not knowing what they were fully capable of, look where they are now...above \$600/share (up 1900%). So, I would like to go "under the hood" with **Tesla (TSLA)**, and talk about what the mind on Mr. Elon Musk is doing.

Without getting into the span of his life, he is the proud owner of six companies: **Tesla, The Boring Company, Space Exploration (SpaceX), Neuralink, X.AI, and X (Twitter)**. Out of all of these, TSLA is the only company that trades publically. We all know that Tesla is predominately built to make cars, with the five designs: S, 3, X, Y (spell





it out!!) and the new Cyber truck (soon a roadster), and while the stock is trading at over \$200/share, it totally eclipses the EV front of **Ford (F)**, **General Motors (GM)**, and **Stellantis (Jeep) combined**, but if you look under the hood, there is a much bigger concept being hatched. Tesla is in the business of WORLD DOMINATION! Of course, you could look at the efforts being made at SpaceX, but it doesn't fully explain his bigger objective. Typically a company is built on producing the best and most efficient cars, but Tesla is doing something much different,...they're changing the way you think about EV's. They have four gig factories (2 U.S. and 2 abroad) and they are in talks of building a fifth location in Mexico.



So, what we are seeing in Tesla is not just being in the car business, but being in the “everything” business. For many, the charts are not going to impress you, but here us the rub: Tesla has increased there number of vehicle sold every quarter since COVID-19. That should surprise everyone, since many people where either on lockdown or weren't in the business of buying cars. They have sold 4,257,916 to date. Furthermore, they have wonderful cash flow (money left over to either re-invest in the company or give back to the shareholders), so when they do more projects, they are not burning the publics cash.

So, what is Elon Musk doing with this cash....investing in a computer. The good thing about EV's are they're always improving, and the computer that he is investing in is what makes him the genius of the bunch. Next week, we are going to discuss what the DOJO supercomputer is and how it is shaping the future of **Full Service Driving (FSD)**.

MY VIEW ON THE MARKET—So, META will probably be near \$500, due to an outstanding quarter, initiating a **dividend** and **buying back** over **\$50 BILLION DOLLARS IN STOCK!**



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That my friends is a company that wants to continue to thrive. This is good, because this time last year it was grown due to layoffs in their sector and the excessive amount of money spent in creating the metaverse, but now they have cut the budget and the shareholders like that. So, analysts believes that META will get to \$520 (a 436% increase since Nov. 2022). Blink, I'm gone!!



(DISCLAIMER: I AM IN NO WAY A PROFESSIONAL!! I am just an Individual In Custody like you giving you the tools that I have grown to learn over my time and I will do my best to give you a peace of mind: but YOU will be responsible for your actions. Thank you!!)

HOROSCOPES



Aries: Challenging yourself physically will ease stress and help you sidestep an argument with someone who doesn't see things your way. Romance is favored.

Translation: Lifting the iron will get rid of the bad vibes and avoid all those stubborn heads.



Taurus: Simplify your life instead of overextending yourself emotionally or financially. Discipline will help you reach your goal in a timely fashion. Don't hesitate to ask for help.

Translation: Don't spread yourself thin, discipline is your friend. Speak up.



Gemini: A lifestyle change will help you deal with situations holding you back. Love is heading your way, and acting on your feelings will lead to progress. Make the right decisions.

Translation: A new you will make a better way. Don't shy from love because it will open doors.



Cancer: When asked for help, offer suggestions. Don't take on a burden that doesn't belong to you. Look for alternative ways to use your skills, and you'll discover a unique way to help lower debt.

Translation: Lend a helping hand and only deal with what is your business. Lower your bills by searching new methods.



Leo: Redirect your energy to avoid a falling-out with someone of consequence. Take a closer look at yourself and concentrate on being your best rather than trying to change others.

Translation: Be careful when you approach others. Take a look at your flaws before judging.



Virgo: Adapt and keep moving forward. Refuse to get into a standoff with a challenger. Consider what makes you happy and strive to reach the goals you set for yourself. A change of plans will pay off.

Translation: Come up with a new plan to reach your goals and avoid conflict.



Libra: Handle important matters with finesse. Make changes at home that lower your overhead. An educational pursuit will give you something to think about, but don't buy into someone else's dream.

Translation: Get in school but only for your own reasons and make ways to get rid of clutter.



Scorpio: Channel your energy into something creative. Use your imagination and discipline to adjust to demands. Embrace challenges with optimism and use your skills to discover what makes you feel passionate.

Translation: Find your true calling by getting a hobby.



Sagittarius: Go the distance and see what you discover. You'll gravitate toward people from different walks of life. Pay attention to physical fitness, diet and overall health and well-being.

Translation: There is always someone to teach you something new.



Capricorn: You've got wiggle room regarding your assets and liabilities. Make a positive adjustment to your living arrangements. Don't trust a colleague who fishes for damaging information.

Translation: Beware of who you discuss your business with. Make the changes in your lifestyle for a better outcome.



Aquarius: Think before you act. You'll be left out if you try to challenge or change others. Communication will be the key to getting along and coming to terms with what's possible. Love is in the stars.

Translation: Your way is not always the right way. Learn to talk before jumping ahead of things.



Pisces: Invest in your skills, experience and ideas. Don't let anyone stifle your dreams. A positive attitude will help you see what others can contribute and what you'll have to do in return.

Translation: The safest bet is yourself. See what others bring to the table and offer what you can.

HOROSCOPES



Aries: Retandote físicamente va alivianar estres y ayudar evitar un argumento con alguien que no ve las cosas de tu manera. Romance es favorable.

Traduccion: Saca el coraje en las pesas y te evitas pedos.



Tauro: Simplifica tu vida en vez de sobre extender a ti mismo emocionalmente o financieramente. Disciplina te ayudara a lograr tus metas de una manera fasionable. No dudes en pedir ayuda.

Traduccion: No compliques tu vida, los compas estan para ayudar.



Geminis: Un cambio en estilo de vida te ayudara a manejar situaciones que te detienen. Amor se dirige hacia tu camino y actuando en tus sentimientos iras rumbo al progreso. Has las decision correcta.

Traduccion: Afuera con los trapos viejos para desacer con lo negativo. No le temas al amor porque va ser tu nave a la gloria.



Cancer: Cuando pidan ayuda, sugiere sugerestiones. No tomes cargo de un pesimo que no te pertenesca. Ver maneras alternativas para usar tus puntos de fortes y descubriras una manera unica para bajar deudas.

Traduccion: Balancea la canica y no te embarres siendo metiche. Ay maneras faciles para borrar los cobros y no tener que chingarle al cien.



Leo: Redirige tu energía para evitar una caída con alguien de consecuencia. Mira hacia a ti mismo y concéntrate en ser el mejor en vez de estar tratando de cambiar a otros.

Traducción: No te desquites con alguien de pesimo. No seas el burro hablando de orejas.



Virgo: Adapta y manten el ritmo hacia delante. Rechaza enfrentarte con un retador. Considera que te hace feliz y sobresalta por las metas que tu mismo te impones. Un cambio de planes dara un buen pago.

Traducción: Ignora al que solo busca pleitos por amargado. Busca tu felicidad y logra lo que tienes en mente.



Libra: Maneja asuntos importantes con afinacion. As cambios en casa que disminullan tu almacen. Perseguir una educacion te dara algo para pensar pero no compres en el sueno de otro.

Traducción: Inscríbete en la escuela si en realidad quieres aprender.



Escorpion: Enfoca tu energía hacia algo creativo. Usa tu imaginacion y disciplina para ajustar hacia pedidos. Toma retos con optimismo y usa tus habilidades para descubrir que te hace sentir apasionado.

Traducción: Disfruta de la vida en nuevos terminos.



Sagitario: Navega la distancia y ve lo que tu descubres. Vas a gravitar hacia gente de diferente caminos de vida. Pon atencion al ejercicio fisico, dieta y sobre todo a la salud y bien estar.

Traduccion: Sal de tu mismos caminos y exponete a nuevas ideas.



Capricornio: Tu tienes espacio con asuntos de tus beneficios y leabilidades. As un ajustamiento positivo hacia tus arreglos de vivir. No confiez en un colega que pesca por informacion destructiva.

Traduccion: Metele segunda y actua en tus cambios de vida en la casa y en tu bien estar.



Acuario: Piensa antes que actues. Quedaras afuera si tratas de retar o cambiar a otros. Comunicacion sera la llave para entender y llegar a terminos con lo que es posible. Amor esta en las estrellas.

Traduccion: Si siempre quieres ser el mas carbon, preparate para perder. Usa la voz para lograr mejores posibilidades.



Pisis: Invierte en tus habilidades, experiencia y ideas. No dejes que alguien nuble tus suenos. Un actitud positiva te ayudara ver lo que otros pueden contribuir y lo que tendras que hacer acambio.

Traduccion: Apuesta todo en ti mismo y que nadie te tumbre del carril. Acepta la ayuda pero no te quedes con las manos vacias.

STATEWIDE CALL OUT



Everyone here at Horizons would like to take the time to express our sincerest gratitude for all of the viewers, supporters, and participants of Kewanee Horizons. Our approach is different from other material that has been of benefit to us all, especially in regards to highlighting the successes of our fellow peer's, as well as highlighting the fact that we have an outstanding amount of friends, family, and loved ones that contribute to our overall success. Horizons is more than just a platform for us to use to spread content throughout I.D.O.C., it's also valuable to us all to show that we are indeed a community made up of "real" people, striving to make it through this journey. With Horizons, we are experiencing amazing things. Things that weren't the norm just a few years ago, and that's the evolution of "US", (the incarcerated individuals), and our desire to spark an already contagious thing, which is a change in the utmost positive direction. Change begins with us, and that's exactly what's been shown, as well as proven.



STATEWIDE CALL OUT



Being able to see some of the Peer led groups is something that is a blessing for us all. For so long, some of us didn't have the courage to teach what we knew, and quite possibly, the issue was that we didn't know what we knew would help anyone. Kewanee doesn't make Horizons, we "ALL" make Horizons. It's about all of us. The things we do during this incarceration not only impacts us, but our community as well. If we want people to believe in us, we first have to believe in ourselves. The entire Horizons team is honored to be able to be a voice for some of those that feel that you don't have one. Our focus is on positivity and how any occurrence that you've encountered since being incarcerated has impacted you in a positive way. Our driving force is positivity with a Restorative Justice mind-set. We don't look to focus on anything negative, we don't want anyone dwelling on yesterday's bad decisions, we want everyone focusing on tomorrow's goal of productivity, positivity, and finding ways to help one another in the best way possible. Please don't shy away from submitting your article to Horizons. **WE WANT TO HEAR FROM YOU!**





The address for Kewanee Horizons is:

Kewanee Horizons Editor, KLSRC

ATTN: EFA Mr. Warnsing

2021 Kentville Rd.

Kewanee, IL 61443

Here is a quick list of Do's and Do-not's:

- **DO** try to have someone official from your facility contact EFA Mr. Warnsing before you send anything through the mail, they may be able to e-mail it directly to him at doc.kewaneehorizons@illinois.gov
- **DO** try to stick within the ideals we have tried to promote in your article, namely Community and Restorative Justice principles, i.e. how the subject of your piece is community related and affected, stay positive
- **DO NOT** expect to have whatever you send, however you send it, returned to you under any circumstances
- **DO NOT** write to any individuals in custody at Kewanee Horizons directly, or indirectly if you are in prison, incarcerated, locked up, doing a bit or anything in that direction
- **DO** write to or e-mail our liaison E.F.A. Mr. Warnsing if you are a free person in the free world and would like to submit something for possible publication
- **DO** understand, your submission is not guaranteed publication in Kewanee Horizons, we have internal and external guidelines that we adhere to.

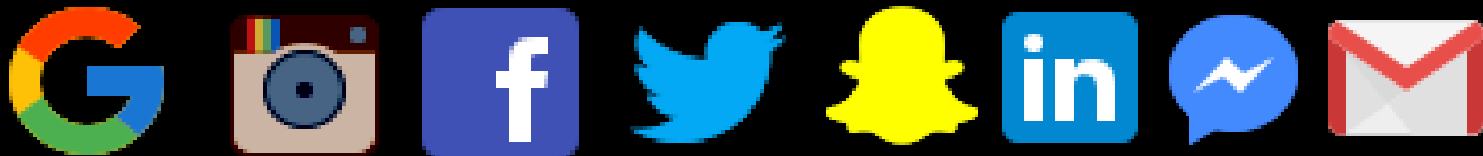
KEWANEE HORIZONS NOW HAS ITS VERY OWN EMAIL ADDRESS!

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