

# KEWANEE HORIZONS



## BLACK HISTORY MONTH



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# BLACK HISTORY MONTH





# RESTORATIVE JUSTICE

KEWANEE LSRC has agreed to allow us, consistent with COVID protocols, to engage in more Restorative Practices. In the Horizons newsletter you will see the terms **RESTORATIVE JUSTICE** and **RESTORATIVE PRACTICES** very often.

The aim of Restorative Practices is to develop community and to manage conflict and tensions by repairing harm and building relationships. Restorative Justice in general, is a process involving the primary stakeholders in determining how best to repair the harm done by an offense. The three primary stakeholders in Restorative Justice are: the victims, the offenders, and their communities of care; their needs are respectively: obtaining reparation, taking responsibility, and achieving reconciliation.

The Kewanee Horizons team believes creating a better community here is Restorative. By indirectly repairing damages and by giving back to our current community and with greater communities at large, we are engaging in Restorative Practices.

**Community: A group of people with a common characteristic  
Or interest living together with in a larger society.**

*Merriam-Webster's Collegiate Dictionary Eleventh Edition*





# MISSION STATEMENT

Kewanee Horizons has adopted the Restorative Justice and community theme. Partly because this has been the fight of our lives, those of us who have sought not only freedom in its many forms, but, also a way to give back, rebuild, and uplift our communities.

**We give back because of what we have been given. We rebuild, by restoring back to a state of before our offenses. We uplift, by a conscious and consistent effort to better ourselves as well as those around us.**

Kewanee Horizons will work to highlight the achievements of our community both on campus and off, inside facilities and outside. Whether individually or collectively and no matter the uniform we wear. We're going to look into the daily lives on our campus and across the state to other facilities on a regular basis. We are hoping to open the eyes to the limitless potential there is in our population, to advocate for more participation in programming, and to give recognition to those who succeed. We want to remain as interactive as possible so Kewanee Horizons will be picking your brains for ideas and accepting submissions to make this as interactive as possible. This publication is put together for the purpose of uplifting mind, body and spirit.



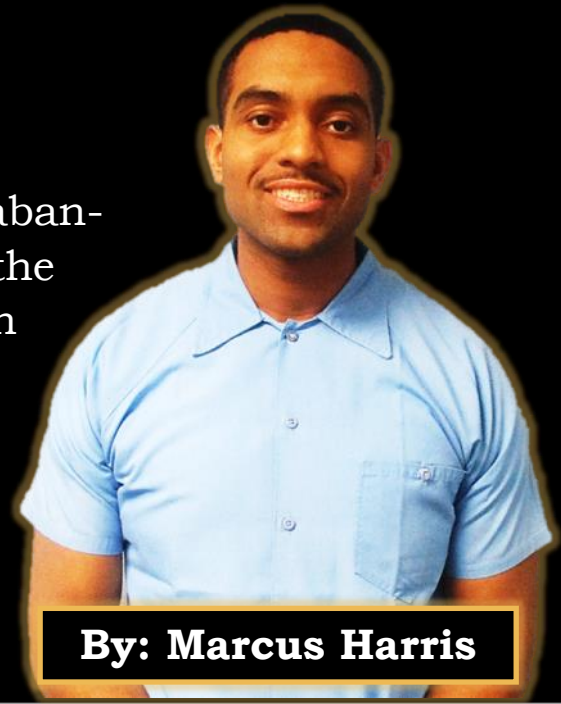


Every week we've been writing about Black Americans who inspire everyone. This information is from *The Fierce 44: Black Americans Who Shook Up the World* written by the Staff of The Undeclared. The final 11 Black Americans are:

**Richard Pryor (1940-2005)**

Richard Pryor had a tough time growing up, including being abandoned by his mother. Searching for relief, he would often go to the movies. Little did he know that years later he would be appearing in them.

After a stint in the Army, Pryor started singing in small clubs near his home in Peoria, Illinois. But he soon discovered that people would rather hear him tell jokes. He began performing in comedy clubs, and before too long, he was doing appearances on some



**By: Marcus Harris**





of the biggest television shows of the time.

Despite his success, he began to feel that his act wasn't authentic, and he changed it in a way that influenced every comedian that came after him. Pryor started to tell humorous, but honest, stories about himself and the poor and struggling people he knew from his childhood. He cured a lot, just like real people do. And he wasn't afraid to make fun of white people.

His comedy was full of the truth that black folks usually said in private. Pryor would talk about his problems with drugs and relationships. Later, when he suffered from multiple sclerosis, he would joke about that, too. His comedy was rooted in pain, but audiences recognized the truth in it.

Pryor starred in two of his own television shows and a number of movies, including several comedies. Over the course of his career, he won an Emmy, five Grammys, and the first Mark Twain Prize for American Humor from the Kennedy Center, perhaps the biggest honor for a career in comedy.

## **Jackie Robinson (1919-1972)**

On April 15, 1947, Jackie Robinson played first base for the Brooklyn Dodgers in a home game against the Boston Braves. He was the first African American to take the field in the big leagues in the modern era, and that day not only changed baseball but helped change the country, too.

Robinson was a terrific player. That first year, he led the league in stolen bases and won the inaugural Rookie of the Year Award. In his ten years in the major leagues, he was named to six All-Star teams and led Brooklyn to its only World Series title in 1955.

But he was an even more remarkable man. Baseball was the most important sport in





America at the time, and Robinson was chosen to integrate the game because he could handle virulent racism from white players and white fans without losing his temper.

Indeed, the best way to think about the importance of Robinson is to consider what would have happened if he had failed. Segregation was the law across the South. In the North, a system of economic and cultural repression kept the races apart. If Robinson had quit or retaliated against all the hateful names and slights, his opponents would have used him as proof that African Americans were incapable of joining white society.

Robinson's success created a path for African American achievements in other industries—baseball integrated even before the military. After he left baseball, Robinson continued to work hard for black empowerment, writing for newspapers and challenging presidents to advance the cause of civil rights.

Robinson's courage and achievement at a time when Jim Crow laws deprived black citizens of basic human rights marked an important turning point in black history.

## **Sojourner Truth (1797-1883)**

Sojourner Truth is most famous for words she may never have spoken. A traveling preacher who advocated for women's rights and abolition, Truth gave a speech at the Women's right Convention in Akron, Ohio, in 1851 calling for equal treatment for black women:

“That man over there says that women need to be helped into carriages, and lifted over ditches, and to have the best place everywhere. Nobody ever helps me into carriages, or over mud-puddles, or gives me any best place! And ain't I a woman?” The message was powerful, but it's unlikely the words are exact. They come from a version published years after the event using a stereotypical Southern dialect. Truth, however, grew up in New York, and Dutch was her first language.





Regardless, Truth was famous. Her memoir, *The Narrative of Sojourner Truth: A Northern Slave*, was published in 1850, and she toured and spoke before large crowds. She was the ninth child in an enslaved family and escaped as an adult with her own infant daughter. Born Isabella Baumfree, she gave herself the name “Sojourner Truth” after becoming a Methodist. During the Civil War, she helped recruit black troops for the Union Army, which granted her the opportunity to speak with President Abraham Lincoln.

Truth died in 1883 at her home in Battle Creek, Michigan. Four decades later, the constitutional amendment extending the vote to women was ratified.

## **Harriet Tubman (1820-1913)**

Harriet Tubman was born into slavery and endured physical violence nearly every day in her early years. In one incident, Tubman encountered a slave who had left the fields without permission. When she refused to restrain the runaway, an overseer hurled a two-pound weight at Tubman, striking her in the head. The attack left her with headaches and seizures for the rest of her life.

Tubman escaped from slavery in 1849 using the Underground Railroad, a secret network of antislavery activists and safe houses, to make the ninety-mile trip from her home in Maryland to Philadelphia. But her own safety wasn't enough. Hearing that her niece and her niece's children were going to be sold, Tubman went back and led them to Philadelphia. Soon she returned for her siblings. Then for her parents.

After passage of the 1850 Fugitive Slave Act, which required that slaves who escaped to the North be seized and returned to slavery, Tubman changed her route so it ended in Canada, where slavery was outlawed. Even though there was a bounty for her capture, she made at least nineteen trips and led hundreds of people to freedom.







During the Civil War, Tubman became a nurse and spy for the Union government. She tended to the sick and wounded, caring for soldiers both black and white. After the war, Tubman was active in the women's suffrage movement and is now considered an American icon.

## **Madam C.J. Walker (1867-1919)**

Sarar Breedlove, the poor washerwoman who would become millionaire entrepreneur Madam C.J. Walker, was trying to cure dandruff and banish her bald spots when she mixed her first batch of petrolatum and medicinal sulfur.

But what began as a solution to a pesky personal problem quickly became a means to a greater end. With the sale of each two-ounce tin of Madam C.J. Walker's Wonderful Hair Grower, she discovered that her most powerful gift was motivating other women. As she traveled throughout the United States, the Caribbean, and Central America, teaching her Walker System and training sales agents, she shared her personal story: her birth on the same plantation where her parents had been enslaved, her struggles as a young widow, her desperate poverty. If she could transform herself, so could they. In place of washtubs and cotton fields, Walker offered women beauty, education, financial freedom, and confidence.

The more money Walker made, the more generous she became, donating to her local black YMCA in Indianapolis and the NAACP's antilynching fund, establishing college scholarships, and paying for lessons for young black musicians. In 1917, at the first national convention for her company, Walker awarded prizes to the women who sold the most products or recruited the most new agents. More important, Walker honored the delegates whose local clubs had contributed the most to charity.

Walker urged President Woodrow Wilson to support legislation that would make lynching a





federal crime. She was labeled a “Negro subversive” by the War Department because of her advocacy for black soldiers during World War I.

A pioneer of today’s multibillion-dollar hair care industry, Walker defied stereotypes, provided employment for thousands of women, and donated large sums to civic, educational, and political causes. And all of it started with hair ointment.

## **Booker T. Washington (1856-1915)**

Not long after the end of the Civil War, Booker T. Washington, who had been born into slavery, started Tuskegee Institute in 1881 with thirty students, two thousand dollars, and a one-room shack. Southern whites saw an educated Negro as dangerous, so Washington told them that his students did not want equal rights. Instead, he said, they wanted to learn trades such as carpentry and printing and contribute to Southern prosperity. Donations from Northern whites poured in, and Tuskegee was allowed to grow.

In 1895, Washington was the only black speaker to address a mostly white audience at an important meeting in Atlanta called the Cotton States and International Exposition. In his speech, which critics later called the “Atlanta Compromise,” Washington advised black men and women to work with their hands, stay in the South, and accept white supremacy in exchange for economic security.

That speech helped make Washington the most influential black person in America at the time. He became an advisor to both President William McKinley and President Theodore Roosevelt on racial matters. Washington lectured around the country, helped start the National Negro Business League, and published a best-selling autobiography. While black intellectuals such as W.E.B. Du Bois chafed at the way he seemed to defer to whites, Washington used his influence to place African Americans in jobs across the country and secretly fund challenges to





Jim Crow laws. When Washington died in 1915, the campus where he is buried had grown to fifteen hundred students and one hundred buildings, with a two-million-dollar endowment.

## **Ida B. Wells (1862-1931)**

Ida B. Wells was a superhero of journalism. After three of her friends were murdered by a mob in Memphis, Tennessee, in 1892, she started to investigate the widespread horror of lynching. Wells faced down threats of death and torture for bringing international attention and shame to the whites who terrorized black communities in the United States after Reconstruction.

Just as many people could not believe the atrocities committed in World War II concentration camps, Wells encountered widespread denial and disbelief as she wrote about the barbaric acts of her countrymen in the pages of the *Memphis Free Speech*, the newspaper she co-owned.

Documenting the epidemic of lynching was miserable, disheartening work. But Wells also found time to advocate for voting rights and civil rights of black women like herself. She wasn't much concerned with being polite about it, either. For her troubles, she was criticized for being unladylike and dirty-minded.

Yet Wells represented the best of American journalism. She dared America to confront its hypocrisies and live up to the ideals upon which the country was founded. Well's crusade lives on today in those who document the killing of unarmed black people by police. She lives on in black women who not only exercise their right to vote but also, like her, run for office. (Wells ran for a seat in the Illinois State Senate.) She lives on in the words and deeds of the NAACP, which she cofounded. No wonder Wells was known by the subtitle of her best-known biography: *A Sword Among Lions*.

## **Serena Williams (1981-**

In any conversation about the greatest athletes, one name rises to the top—Serena Williams.





She has enough victories for several lifetimes. She's won more Grand Slam singles titles than any other woman in the modern era. She's also won four Olympic gold medals, fourteen Grand Slam doubles titles, and a Career Golden Slam (singles titles from each of the sport's four major events plus an Olympic gold medal in singles).

Williams is the youngest of five daughters. Her father, a former share-cropper from Louisiana, learned from books and videos how to coach Serena and her older sister Venus. The Williams sisters had daily two-hour practices on a concrete court, avoiding potholes and often practicing without nets. Growing up in Compton, California, meant being a fighter and developing a tough skin—which would characterize their game on and off the court.

Williams transcended tennis, a historically white sport, by being herself—with incredible strength, dedication, and an energetic style of play. What makes Williams' career so remarkable is her spirit to rise above criticism of her appearance, game, and body and still be the best year after year.

Whether she's serving tennis balls, designing affordable fashion, or teaming up with Beyoncé in music videos, Williams' resumé solidifies her place among sports' all-time greats.

## **August Wilson (1945-2005)**

Playwright August Wilson made it his life's work to document, explain, and validate the everyday lives of African Americans.

Between 1984, when *Ma Rainey's Black Bottom* premiered, and 2005, when he died at age sixty, Wilson produced what he called the American Century Cycle. It consisted of one play of every decade of the twentieth century, a trajectory that went from the aftermath of slavery through the Great Migration and the civil rights movement to the dawn of gentrification.





Wilson's body of work stands as one of the greatest in the history of dramatic literature. He won two Pulitzer Prizes and multiple Tony and New York Drama Critics' Circle Awards.

Raised in Pittsburgh, Wilson set nearly all his work in his home neighborhood of the Hill District. Yet it was only when he moved to largely white St. Paul, Minnesota, in his thirties that he began to fully hear and channel the spoken-word poetry of the musicians, preachers, gamblers, jitney drivers, and sanitation workers among whom he had lived.

With the American Century Cycle, Wilson transmuted their voices into art for the ages.

## **Oprah Winfrey (1954-**

When *The Oprah Winfrey Show* started broadcasting nationally in 1986, it turned television, especially the daytime talk show, into something new. For starters, had she gotten into the television business only ten years earlier, the Mississippi-born Winfrey wouldn't have been let anywhere near the set: she wasn't white, blond, thin, or male.

Winfrey's superhero talent was getting people to really like her and relate to her. The way she confessed her own weaknesses made self-help feel modern and chic. And she didn't inspire just black people. Women of all races eagerly joined her movement to "Live Your Best Life," which was the title of one of her books.

Winfrey used her position as host of one of the longest-running daytime talk shows in television history to become a multimedia phenomenon. She's the owner of a cable TV network. She's a movie actress and a Broadway musical producer. She started a book club that made instant bestsellers. She's helped launch the careers of numerous television hosts and self-help gurus, including Dr. Phil, Iyanla Vanzant, Dr. Oz, Suze Orman, Nate Berkus, Rachael Ray, Bob Greene, and Gayle King. Since the debut of *O, The Oprah Magazine* in April 2000, she's been on





the cover of every issue, making her one of the most influential cover models in magazine publishing history. Her early endorsement of Barack Obama helped him win the Democratic Party nomination for president. She is the first African American female billionaire.

Her generosity, especially for educational endeavors, is legendary. Winfrey funded a girls-only private school in South Africa and scholarships for hundreds of students at Morehouse College. In 2011, she won an Academy Award for her international humanitarian efforts.

## **Stevie Wonder**

Since 1961, when the blind eleven-year-old musical prodigy auditioned for Motown Records, Stevie Wonder has composed a full catalog of songs about love, compassion, justice, and unity. And his music still fills dance floors today.

Born Stevland Judkins, he was given the name “Stevie Wonder” by Motown founder Berry Gordy. Wonder’s first number one hit came in 1963 when he was only thirteen with “Fingertips, Part 2,” which referred to the song’s bongo rhythms. In 2016, he released “Faith” with Ariana Grande. In between came dozens and dozens of timeless songs, melodies, and moments.

No other musician has pulled so many heartstrings with a harmonica while simultaneously jamming so ferociously on the piano. Wonder wrote, produced, and played multiple instruments on the Spinners’ 1970 hit “It’s a Shame” and created his own hits, such as “Signed, Sealed, Delivered I’m Yours,” “Superstition,” “Living for the City,” and “Sir Duke.”

All along, he has maintained an unrelenting social consciousness. Some stars flitted in and out of the struggle, but Wonder remained, writing about the problems facing those on the bottom, like his song “You Haven’t Done Nothin’,” a stinging rebuke of President Richard Nixon. His 1966 cover of Bob Dylan’s “Blowin’ in the Wind” became an anthem of the civil rights move-





ment. And his version of “Happy Birthday” helped persuade America to accept a holiday honoring Martin Luther King Jr.

And always, with Wonder, black love was nurturing and empowering, a continuous source of validation and strength. Half a century later, in an era when most black music superstars dwell on earthly obsessions, Wonder continues to elevate us to higher ground.

Thanks for reading and I hope you’ve learned something from *The Fierce 44: Black Americans Who Shook Up the World*. These Black men and women are just a few legendary icons who help shaped not only Black culture, but American culture. Because remember, **Black History is American History.**

## A SPECIAL THANK YOU!

**Kewanee Horizons would like to take this opportunity to give a huge thank you to the KLSRC Black History Committee (BHC) for all of the hard work and effort that they have put forth in getting a whole list of events and information etc. happening for Black History Month 2023. their contributions have been invaluable in adding to the community in ways large and small here at KLSRC. We hope their month long run of contributions to KH continues and has added to the enrichment of your life in some ways also. In many ways the BHC is the living ideal for what KH aspires to do: to build community through sharing information and culture. So, Mr. Marcus Harris, Mr. Kenji Haley, Mr. Tiiyon T. Byrd, Mr. Tayrod Fields, Mr. Curt Sanders, Mr. Carlos McDougal, Mr. Demilo Fox, Mr. Freddie Timmons, and Mr. Franklin Heindricks, as well as the numerous staff who helped including but not limited to Mr. Warnsing, Ms. Rowan, Lt. DeCoster, Wardens Jones and Carothers and more...**





# PEER LED SHOWCASE



The Lady and Gentlemen that you see pictured above are the very people that help make our vision come to life. These individuals dedicate their time and effort to help teach our fellow peers things that are much needed in their personal development in life, which we anticipate will inspire us all to step up and do the same. We are beyond appreciative for the submissions we've received from other facilities, and other peer educators, and it's truly a wonderful thing to see. We all lead by example, and the example that we've set with these peer-led classes show that we are more than determined to prove our worth. We are all leaving behind a roadmap to success, and for all of those that are involved, to everyone that makes this possible, our gratitude cannot be expressed in simple words. However, thank you to **Everyone**, and please, keep up the good work! Trust me, it's not going unnoticed.







# WHAT IT MEANS TO ME...

**BY: TIYON T. BYRD**



Taking a walk down memory lane is sometimes such a wonderful thing. Being that we're in the month of February, which is the month of Black History, it's only right that we take a walk down memory lane. We can all acknowledge the terrible things about Black History, however, that's not going to change anything for the better. What's important for me is that we remember all of the good and positive things that our people have accomplished and made possible. Never would I take away from all of the pain, grief, and horrible things that our people had to endure, but if we continue to keep a negative mindset, then that's exactly where we'll all remain.



BLACK HISTORY MONTH





Black History month for me is not only remembering all of those who paved a way for us to be able to do the things we have the freedom to do now, but to also honor them by continuing the growth of our culture, and ensuring that everything they went through wasn't all for nothing. One of the things that I find to be the craziest thing ever is that at one point in time, our people stood side by side, fought together for what was right, but over-time it seems as though we've drifted away from that, and it's sad to see. As a kid, Black History month was a time of education, and a time to understand why I have the freedoms I have today. Also a kid, one of my punishments used to be to read either biographies or autobiographies about those who played key roles in making sure that I had those freedoms. After reading, I'd always have to give a book report and explain what I've learned and why it's important for me to take school serious, why it's important for me to be respectful, and why it's important for me to understand where we came from as a culture.

Taking this walk down memory lane is important for us all because of reflection. It gives us some time to sit back and think about how we came up, the things we went through, the things we experienced, and also helps us understand that we too are Black History.





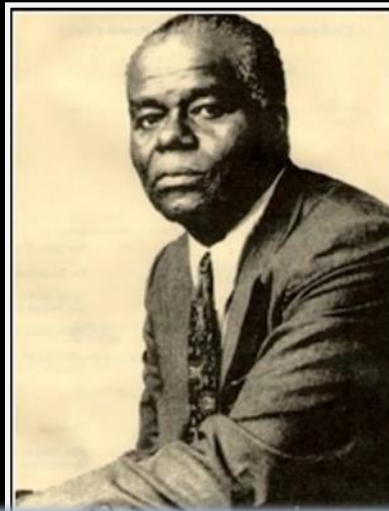
For instance, this new generation of kids will never get to experience probably any of the things that we did when we were growing up. As a kid, what I remember and miss most is all of the things my generation experienced. We had all the different styles of braids, back when designs with your hair was a thing. We had the juke parties, where “almost” every girl you wanted a juke by, you could “possibly” get it. At those same parties, you had the fellas that would get to acting up and footwork, which would usually turn everybody up. We had the block parties, which is when music was actually music, and people genuinely enjoyed themselves, and it was safe to play outside. Finding empty lots where we could go and play football, and/or just take a basketball and everyone would try and see who could shake someone out their shoes under the “And-1” act, back when Hotsauce had everyone thinking they could play basketball.

Back then, we had the girls in the neighborhoods either double-dutching, hoola-hooping, hop-sotch on the sidewalks, or just dancing, doing their thing. Black History doesn't end with the things that occurred in the past, black history is ever-present because we are constantly creating black history.





What I want black history to be about is the celebration of our people's achievements and successes, a remembrance and acknowledgement of those that have lost their lives for the betterment of our lives, and a humbling experience for us all, a realization that life could undoubtedly be a lot worse than what we already sometimes feel that it is. For Black History month, I want everyone to come together and be grateful for the things we have in life now, and properly honor those who have paved the way to make it all possible. Black History month shouldn't be about hatred, anguish, anger, or any other harsh feelings, instead, we need to continue to contribute to the betterment and success of our people. When we focus on all the negatives, all we do by that is over-shadow all the greatness, and that's a fact! Until next time, take care everyone!



To control a people you must first control what they think about themselves and how they regard their history and culture. And when your conqueror makes you ashamed of your culture and your history, he needs no prison walls and no chains to hold you.

— John Henrik Clarke —

AZ QUOTES





# THE MARKET CORNER



## The Bulls vs. The Bears



**Robert "Bulldog" Kennedy**

**By: Robert "Bulldog" Kennedy**

In the stock market there are two types of traders/ investors. While some are considered to be "bulls", others are considered to be "bears". Which are you? When you're a "bull" or "bullish," you want the stock market to go up or increase in value. There are many stories as to where the term "bull" came from. The one that stands out to me refers to how a "bull" charges. When an actual bull charges at you, it starts with its head in a low position, then strikes in an upward motion with its mighty horns.

This is why the "bulls" are the traders/investors that want the market to go upward, just like a real bull's horns. When you are a "bull", you are considered to have a "long-position" in the market. On the other hand, when you are a "bear" or "bearish", it is believed to come from the way an actual bear strikes. When a bear attacks its enemy, it typically starts with its massive paws in a very high position, then swats in a downward motion to pummel its victim. So, when you are "bearish" in the market, you like to start from a high position, wanting the market to plummet to a much lower position, similar to an actual bear's paw. When



# THE MARKET CORNER



you are a ‘bear’ you are considered to have a “short-position” in the market. If you recall, we discussed short sellers in our last issue. So there you have it, it’s basically a “tug of war” in the stock market with the “bulls” versus “bears”, buying and selling stocks all day, every day, all year. When the bulls dominate the bears, meaning there are more buyers than sellers, the market goes up. However, when the bears dominate the bulls, meaning there are more sellers than buyers, the market goes down. This is the basic premise of what makes an open market work. This is how price discovery is achieved. Prices are constantly being revalued every single day. This process never stops, and neither should you!

Come on back and hang out with me next time at:

## The Market Corner!

Gainers	Price	Change	%Change
AFC	172.55	▲+6.26	+3.76%
BPIRT	29.51	▲+1.05	+3.59%
GOH	42.03	-1.28	-3.04%
AITA	23.16	+0.63	+2.80%
JTAS	7.24	+0.96	+13.26%
RCA			

Stock Sectors	3 Month % Change
Financial	+5.85%
Health Care	+5.65%
Information Technology	+2.88%
Consumer Goods	+2.81%
Energy	+2.53%
Real Estate	+2.53%
Telecommunications	+2.53%
Utilities	+2.53%
Industrials	+2.53%
Materials	+2.53%

**\*INVESTING IN THE STOCK MARKET INVOLVES RISK. THE MARKET CORNER IS MEANT AS AN INFORMATIONAL TOOL, NOT AS INVESTING ADVICE. INVEST AT YOUR OWN RISK!\***



# CDL GROUP



## 2023 PEER-LED STUDY GROUP

**It's a new year—and with a new year we are beginning a new class! In these articles we will provide the latest information in the trucking and transportation industry along with study guidance for the written portions of the CDL Drivers Permit tests. We hope this will aid you in your pursuit in the transportation industry! This article is from one organization dedicated to helping felons upon release.**

**The CDL Team**

**<https://helpforfelons.org>**





## **Can you be a truck driver with a felony?**

Short Answer: Yes, it is possible for a felon to become a truck driver. Not all felons will qualify for a job since several variables like the type of conviction, time since completion of sentence, and the nature of the felony.

As a felon you already know how hard it can be to find a job, any job, let alone a career. If you have an interest in becoming a truck driver, you may discover that there are many trucking companies that hire felons. However, it is very important to keep in mind that each company has specific and differing policies regarding the hiring of truck drivers with a criminal background. The trucking industry has plenty of regulations! The good news is that none of those regulations prohibit a felon from becoming a truck driver. With that being said our organization, Help For Felons urges you to use extreme caution if you decide to spend money on obtaining your CDL or attending a truck driving school that accepts felons.

Please read the information below and all of the pages that we have linked to. It is very important that you have a complete understanding of how the trucking industry works and hires truck drivers.

## **Can you get a CDL with a felony?**

Short Answer: The answer is yes; in most instances you can get a CDL with no restrictions. As long as you do NOT have a suspended driver's license or are prohibited by your parole terms then you can get a CDL (Commercial Driver's License). There are some prohibitions for certain offenses.





### **Arrest Warrants and Probation**

Most felons are eligible to get a Commercial Driver's License (CDL) from the state that they reside in. There are a few things that will prevent you from getting a CDL though. If you have a warrant out for your arrest you will not be able to attain your CDL. Probation rules and laws differ from state to state, while some states will allow you to get your CDL others may not. We suggest that you inquire with your local DMV or probation officer. Something else to consider is that NO trucking companies will hire you if you have a warrant or are on probation.

### **Crimes Involving a Commercial Motor Vehicle (CMV)**

If you have ever been convicted of a felony involving the use or operation a CMV then you will not be able to have your CDL reinstated. There are two conditions required to be present for a felony conviction to be a disqualifying offense under §391.15.

- The offense was committed during on-duty time; and
- The driver was employed by a motor carrier or was engaged in activities that were in furtherance of a commercial enterprise. However, neither of these conditions is a prerequisite for a disqualifying offense under §383.51.

### **Driver's License Suspension**

If your driver's license is suspended or expired you will not be able to get a CDL until your driving privileges are reinstated.

Other Considerations: Will a trucking company hire you with a felony?



Even if you can get a CDL with a felony you may or may not have trouble finding a trucking company that will hire you. We can tell you that there are trucking companies that will hire felons, but not all felons. You can find more information about becoming a truck driver with a felony by researching the companies below.

Our organization, Help For Felons has put together a long list of trucking companies that hire felons. We have organized this list in accordance with how old your felony conviction must be to be considered for employment. Please remember that even though all of the companies listed below will hire felons, it does not mean that they will hire everyone with a criminal background!

**START HERE – The Best trucking companies for felons  
(List of Trucking Companies That Hire Felons)**

Many of these companies are not well known do to their smaller size, but they are the most felon friendly without a doubt!

Britton Transport – These guys run dry vans, reefers and flatbeds. They are known for using common sense when hiring truck drivers and will actually consider hiring you with a felony on your record.

Carolina Cargo – Perhaps the most felon friendly trucking company on earth.

Magnum Ltd. – You can email them, ([otrjobs@drivemagnum.com](mailto:otrjobs@drivemagnum.com)) to find out more.

Gardner – We are not 100% sure they will hire felons at this time but they were referred to us by one of our readers.

Paschall Truck Lines (PTL) – This company has given seconded chances before to many new



truck drivers with felony convictions.

Con-Way – No pun intended here!

Trucking companies that hire felons with convictions that are 10 years old or more:

Swift Transportation <sup>1</sup>

CR England

Celadon <sup>2</sup>

Dick Lavy Trucking

Hunt Transportation (Must have 12 months experience) Crete Carrier

JBS Carriers (Must have 12 months experience) Shaffer Trucking

J.B. Hunt

Dutch Maid Logistics

<sup>1</sup>– Swift offers a financed and low cost CDL/Truck driver training program.

<sup>2</sup>– Celadon has a company sponsored CDL training.

**Trucking companies that hire felons with convictions that are 7 years old or more:**

Roehl Transport<sup>3</sup>

Knight Transportation

Melton Truck Lines

Tango Transport

Stevens Transport

Barr-Nunn Transportation

(Must have 12 months experience)

PGT Trucking

Falcon Transport (must have 6 months experience)

Groendyke Transport (TX, OK, LA Only)

Interstate Distributor Co.

<sup>3</sup>– Roehl Transport offers paid CDL training in multiple locations.

**Trucking companies that hire felons with convictions that are 5 years old or more:**

Boyd Brothers

Paschall Truck Lines



Western express  
Transway Inc.  
TransAm Trucking  
experience)

Trucking companies that hire felons on a case by case basis:

Werner Enterprises  
Navajo Express

Millis Transfer – Millis Transfer offers CDL training.

Conway Truckload

FFE – FFE offers CDL training.

Carolina Cargo

Schneider National

E.W Wylie

Prime Inc. †

USA Truck ‡

†– Prime has a paid truck driver/CDL apprentice program.

‡– USA Truck has a company sponsored training program.

Carolina Cargo

DeBoer Trucking Company

Florilli Transportation (Must have 12 months ex-

Maverick Transportation

US Express

Tyson Foods

Covenant Transport

Cardinal Logistics

Freymler (Must have 6 months experience)

Hirschbach (Must have 6 months experience)

J & R Schugel

LCT Transportation

### **Information for felons applying to trucking companies**

The trucking industry is highly regulated by both the federal government (FMCSA) and state governments. There are a lot of hoops to jump through when becoming a truck driver, particularly with a felony background. Below you will find some very helpful infor-



mation that will save you time, money and frustration.

Felonies that will keep you from getting a job as a truck driver

There are some crimes that will automatically keep you from getting hired by a trucking company or even keep you from getting a Commercial Driver's License (CDL):

- Any felony conviction involving a commercial vehicle
- Interstate drug trafficking
- Homicide by vehicle
- Grand theft auto (Penal Code § 487(d)(1) and (Vehicle Code § 10851)
- Reckless driving
- TWO DUI convictions WHILE having a CDL
- Determining factors for truck driver employment with a felony record:
- How long has it been since your sentence was fulfilled
- The type of felony you were convicted of
- How many felony convictions you have
- Company policy
- Truck driving and DUI/DWI convictions

There are many trucking companies that will hire you if you have a misdemeanor or felony conviction of DUI or DWI. Often though a trucking company will require a number of years to pass since you were convicted. Most trucking companies will list their DUI policy somewhere on their website. You may also want to consult this list of companies that hire truck drivers with a DUI conviction.



# CDL GROUP

## Background Check Limits

It is important to understand that some states have laws regarding how far back a criminal background check can go.

Twelve states that do not allow any felony conviction information older than seven years to be reported.

California

Montana

Texas \*

Colorado\*

Nevada

Washington\*

Kansas\*

New Hampshire\*

Maryland\*

New York \*

Massachusetts

(\* exceptions based on pay/salary)

Some states will not report court cases where you were found NOT guilty: Hawaii, Indiana, Kentucky, Massachusetts, Alaska, California, New York and Michigan.

These states will report felony convictions regardless of long ago the conviction was, and will also report NOT guilty verdicts: Mississippi, Missouri, Nebraska, New Jersey, North Carolina, North Dakota, Ohio, Oregon, Rhode Island, Alabama, Arizona, Arkansas, Connecticut, Delaware, DC, Florida, Idaho, Indiana, Iowa, Louisiana, Maine, South Carolina, Tennessee, Utah, Vermont, Virginia, West Virginia, Wisconsin, and Wyoming.

## Tips for applying to trucking companies

Honesty – It is extremely important to be honest on any application that you fill out.

Trucking companies are required by federal and state laws to thoroughly investigate your past. Whatever you have done, they will find it. If you are caught being dishonest, stretch-



ing the truth or lying you will not be hired.

**Employment History** – Trucking companies are required by law to look at your past 10 years of employment history. You will always need to account for any employment gaps over 30 days within that ten year period. Make sure that you give accurate dates of employment and the correct contact information for each past employer.

**Driving Record** – Your past driving record (DMV report) will be thoroughly looked at. Consistent speeding tickets and traffic infractions will cause you problems. We suggest that get a copy of your DMV record so you know what exactly is on it. Not all violations from your past will show up on it. This can be done by filling out a Driving Record Abstract Request Form from the Office of the Secretary of State.

**Medical Certification** – All truck drivers holding a valid CDL are also required to be medically qualified on a regular basis. Health issues like high blood pressure, diabetes and sleep apnea can cause you not to be medically fit to operate a commercial vehicle. It is best to have a DOT medical exam prior to spending any money on becoming a truck driver.

We will continue to keep you informed on the transportation industry

**—the CDL Peer-led Team!**



T.R.E.O. PRESENTS...

# F.L.I.P.

## FLOOR LAYING AND INTERIOR PAINTING

F.L.I.P. is a group designed specifically to teach individuals the basics and fundamentals of two specific Trades that they can use when they return home. F.L.I.P. has the goal of giving “our” community the knowledge and understanding in flooring and painting in hopes of being able to utilize these skills in the near future once out of prison. Individuals will be equipped with the tools to not only succeed, but also gain the knowledge of said Trades to pass down the line to others once understood and practiced upon. Also we hope to instill the business aspect of learning the essentials that will make you want to not only go out and work these jobs, but will help in the process to want to run your own small business and excel with that future venture. Learning Trades while incarcerated is essential for “our” future growth, not only for ourselves but for our families. We hope that in learning and better understanding these Trades, we as a community will thrive later down the road.



BLACK HISTORY MONTH







F.L.I.P. is a Seven Week group with different topics weekly that aim to teach and inform you about Flooring and Painting from start to finish. We will thoroughly go over residential and commercial breakdowns and overalls pertaining to these Trades. With two group titles (Flooring and Painting) being taught by B. Craig and B. Lehnert . Our community will have a double dose of information crammed into a two hour group once a week for Seven Weeks. Each week there will be 40 to 50 minutes of orally taught subject matter and 10 to 20 minute videos pertaining to the lesson of that day per Trade. Discussions are encouraged as we want all involved to gain the same passion we have about these Trades. Upon completion of groups you will receive a certificate for attendance that we hope you will have pride in having earned. We hope to see you in our group and we also hope that Prisons all over Illinois can take this same generalized idea and apply to their community to help others gain knowledge in any and all Trades. Our syllabus is as showed:

## **Painting**

**Week 1:** Equipment, tools, and safety- we will go over safety procedures, and all the different tools and equipment you will need to be a professional painter and how to look and dress like a professional painter.

**Week2:** different types of paints and primers- we will study all the sheens a professional painter needs to know, what these paints are made of, and their uses. Where to use these, such as Semi-Gloss, Matte, Flat, Satin, Egg Shell. What Primers are and when and where they are used.





**Week 3: Cutting and Rolling-** we will learn about different brushes, rollers, naps, poles, cut pots, mini-wizes, techniques, and how to clean materials properly to reduce waste.

**Week 4: Drywall Repair-** we will learn the different types of Dura bond, spackle, sanding and caulking. Also how to fix small nail holes to medium sized holes to large holes in dry-wall.

**Week 5: Complete preparation of a room (from start to finish)-** we will learn the steps one will need to prep a room for paint, moving objects out of the way, covering the floor with tarps, removing wall plates, patching small holes, sanding the walls, straining and mixing your paint, to what you should start with, in order ceiling, trim, walls.

**Week 6: How to use and clean a paint sprayer-** we will learn the process of setting up and priming the paint sprayer, to techniques on the proper way to spray the gun, and then finally the precision cleaning of the sprayer so no paint is left over to ruin your machine.

**Week 7: how to start and maintain a painting business-** we will learn all the procedures to start your small business, and what type of company you should have, such as an LLC, S-corp., sole proprietorship ect. We will learn how to register your company, create a federal EIN #, set up liability insurance, workers comp, and also how to write up estimates, proposals, and invoices. I will also teach students how to market their companies, get business cards, flyers, T-Shirts, ads on craigslist, home advisor, set up lines of credit with paint companies, and how to advertise.





## Flooring

**Week 1: Tile Introduction**- We will be going over grades, sizes, colors, textures and their uses, shapes and patterns. We'll be going over tile basics on stone, ceramic, porcelain, glass, mosaic and painted and where they can and should be used. Also, we'll be going over Safety regulations pertaining to job site safety.

**Week 2: Tools and Material**- We will be learning about layout and prep tools, cutting tools, setting tools, and finishing tools. We'll be going over what basic materials one needs to start and finish a job doing tile work. Uses of Mortar and Adhesives and where and how to apply and uses of Grouts and Sealers and where and how to apply. Finishing up at the end of week 2 with how to perform prep work on Kitchens, Bathrooms, and backsplashes etc.

**Week 3: Installation**- We will be learning how to tile a floor starting with evaluating sub floor reinforcement, laying cement board, marking our tile layout, cutting our tiles, setting our tiles, and doing all finish work necessary before walking away and calling it complete.

**Week 4: Repairs and Maintenance**- We will be going over the values of maintaining your floors and backsplash for years to come and how to do complete repairs on broken or damaged tile. Also, Week 4 will be our introduction into Laminate flooring. Such as selecting the right floor for a particular job via laminate, engineered, floating and stapled flooring. Once explained to the nature of what kind of flooring is used for what job you will learn how to find your start line, what kind of underlayment to use and how to layout your bundles.





**Week 5 Tool, Safety and Floating Floors-** We will learn what tools are needed for laying a floating floor and the safety precautions one must take when on a job site. We will be learning about checking the level and square of a room prior to install and the preparations one needs to know prior to install as well. Lastly, final touches.

**Week 6: Caulking and Hardwood Repurpose-** We will learn caulking methods when doing finish work on a job site and a complete start to finish on repurposing an old wood floor for future use. Towards the end of day on week 6 well will have a brief introduction into job estimates

**Week 7: Estimating and Find Work-** Now that you've learned this new Trade skill there are only a couple of steps left. First, we don't expect you to know everything and we are firm believers in trial and error. Confidence is what it takes to have the desire to something right. Passion is what makes it fun not a job. Go out and apply these skills when your back where you belong. Practice makes perfect. So, with that said in Week 7, were going to show you how to find work in these Trades and how to estimate said work.

“In closing we all want the same thing for our futures, “Success”. We as a community can only succeed if we teach each other how to be better men. “Trades” are something we can all value and at the end of the day we all want the same thing, “A better way”. F.L.I.P. is only two of the vast Trades that are out there waiting on us. If you have any Trade skills I encourage and implore you to teach and educate your community wherever that may be. See you on the other side of the fence. “





## A LETTER TO MOTHER OF CIVILIZATION

Dear Mother of Civilization:

Through your womb came the creation of Queens and Kings. I admire the fire in you, still standing strong after all that you been through.

You're the Soul-Controller of our culture, the Sun has kissed you and blessed you with a complexion that exudes multiple hues.

Un-breakable, Un-Shakable, and Un-Deniable I became "Woke" when you spoke, intoxicated by your essence, and humbled in your presence. Educated through the lessons of Betty Shabazz, Angela Rye, Michelle Alexander, and Melissa Harris-Perry. Your descendants of greatness are destined to be nothing less than extraordinary.

You have endured the test of time even in attempts to break you down sexually, with drugs, physical and mental abuse.

You've maintained a strong mind-frame and held firm in the fight for change, making a strong impact with the "Crownsact" and forcing those that oppose to say "Say Her Name"... It is a delight for me to acknowledge all that you've done—and an honor for me to say that, Mother of Civilization.

I Love You





# HAVING AN AGENDA

Hello Brothers & Sisters.

It's the start of a new year. For most people a new year means new beginnings. With new beginnings, the most important thing is how you start. That means having an agenda. In my last article to you guys, I talked about my journey to Springfield promoting Restore Justice House bill 1064, which abolishes life without parole for most people 20 and younger. And as of now, with Tenacious Advocacy our bill has passed. Next on our agenda is making that law Retroactive. Which means for Restore Justice, it's back to the drawing board. Going to Springfield and talking to legislators promoting our agenda.

Having an agenda is key in anything you want to accomplish. It's one of the most important things I had to learn. With the help of the RJ Future Leader Apprenticeship Program, coming home from prison, and having an agenda, I've reached some of my goals of overcoming computer literacy as well as financial literacy with more to come. One of my main goals that I am most proud of doing, which was part of my agenda, is taking you guys on this journey with me Giving you the insight of a returning citizen, and doing away





with myths that you may have heard about with some law changes. So that you guys can continue to stay well informed, as well as having the knowledge you may need so that your transition will be a lot easier than my own from incarceration to society. Just like RJ has helped me start my path. I hope that my journey will help you and give you the inspiration to start yours. I know for some, it's easier said than done. But for all men and women incarcerated and soon to come home, do yourself the honor and create your path by starting an agenda. Also I know you guys have a lot of questions with the hopes of law changes such as, Truth in sentencing. As well as information dealing with the outcome of clemency's. But truth be told, there hasn't been any change in that law. And questions about clemencies: We really have no way of knowing that information.

For any questions you may have, and any feedback on my articles. Feel free to write to me at:

**Restore Justice, PO Box  
101099, Chicago, IL 60610.  
Contact 312-809-6992  
Ext 105.**

[Demetrius Jackson](#)





# BLACK HISTORY MONTH

**What does black history mean to me? To be honest for a long time I couldn't answer that question without a long pause.**

First I'd like to say that we don't focus on us as much as we focus on the things that has been done to us and the things that are being done to us in this current society. For as long as I can remember I was taught that we began on the plantation and not on the beautiful continent of Africa, why this was a big secret I didn't know but, what I did know was something was being hidden from me and I wanted to get to the bottom of it.

It was at the age of thirteen that I began to question the very history that the school system had in their curriculum, the fact that we as descendent of Africans only had a footnote in the history book gave me quite a scare: if this is all they think of us then who am I to think that I am better? Or, should I say different from the beautiful souls that came before me on those ships? What could I do to change the picture so to speak? And how could I change the way they view us if that was even possible? What I did know was, I was American and I was being called something I could never be, and that's African American which I feel the people who so call speak for us need to take a real long, hard look at themselves. The fact that I was born here, in this country, and the fact that I've never been to Africa in







my life should clear up this unfortunate mistake. Don't get me wrong I love my people in Africa but we must stop allowing people to speak for us if the narrative is going to be wrong.

The history of my people in this country is that of blood sweat and many, many tears and yet we've found ways to survive the constant onslaught of hate and bigotry; if the true story was told of the courageous souls who didn't jump from those ships when they were stolen from their home this country wouldn't be so great. I won't fool myself into believing things will change, and the progress we've made is only an illusion. Yes, there are no more bodys hanging from trees but, they are laying lifeless in the streets for the world to see.

What does black history mean to me? It means standing tall in the face of adversity, it means never forgetting what has been done to us in this democracy, it means having the strength to overcome anything put in front of us. What does black history mean to me? Well, let me tell you, for the past twenty-three years I've been doing a deep dive into the descendants of Africa and those who were on them ships. What I've come to understand is this: yes, we have done a great many things that has pushed this country forward, and the fact that most of the technological advancements, as well as in the medical field, and the many other things that has made this a great country was first done by a **BLACK PERSON** but the inventions pale in comparison to the vicious way we are treated in our birthplace. Most of us love this country with the same patriotic energy as anyone but the light that shines on others darkens the world around us since slavery was ended. Black history is, not only the defeats, but also the **victories** that has paved the way for others to walk





through the door of opportunity. What is opportunity when the system has the ability to hinder you in your pursuit of prosperity? Am I wrong to speak on the atrocities that my ancestors suffered at the hands of the very system that elected a black man to become president (The first) is what's said when you talk about the achievements of any black person who accomplish something in this world.

There is a sick problem in this world and we try our hardest to shield our eyes to it but the hate we hide from has been on display for far too long. When are we going to come to the conclusion that the fight we and our ancestors have fought for centuries is enough? How do we expect to change when we don't even trust each other? I won't claim to be an expert on this subject but when you live in the skin I live in how can I not be? If all you do is see and experience bigotry and racism each second of your life. We talk about all the success that we as a people have had in spite of the pain and suffering we've endured.

In conclusion I want our lives to belong to us, not the government that claims to treat everybody equally when the history of this country contradicts the very thing this country stands on, are we to forget that the NATIVE AMERICANS were slaughtered to the point of almost becoming extinct? This country is built on the backs of the very people they discriminate against on a daily basis. Let's not hide the obvious and only focus on the things they want to keep hidden from the rest of the world, including the people in this country.

For example, did you know that a black man invented the combustible engine? Or how it was a black man who preformed the first successful open heart surgery? Or how a black man invented the dust pan, the stop light, the pencil sharpener; this is the history





that they keep hidden in the books you won't pick up and that's the very thing they hope keeps happening.

This is the time for us to stay in the forefront of the story that is told about us and stop giving others the ability to create the narrative for us. Do not hide behind the system that wants to keep you hidden, stop allowing your star to be dimmed and **SHINE** like you were meant to. I once read this quote that said:

“When they came we had the land and they had the bible, they said close our eyes and pray. When we open our eyes they had the land and we had the bible. We need our land back.”

What do you think?

By CARLOS D. MCDUGAL  
BLACK IS POWER!!!

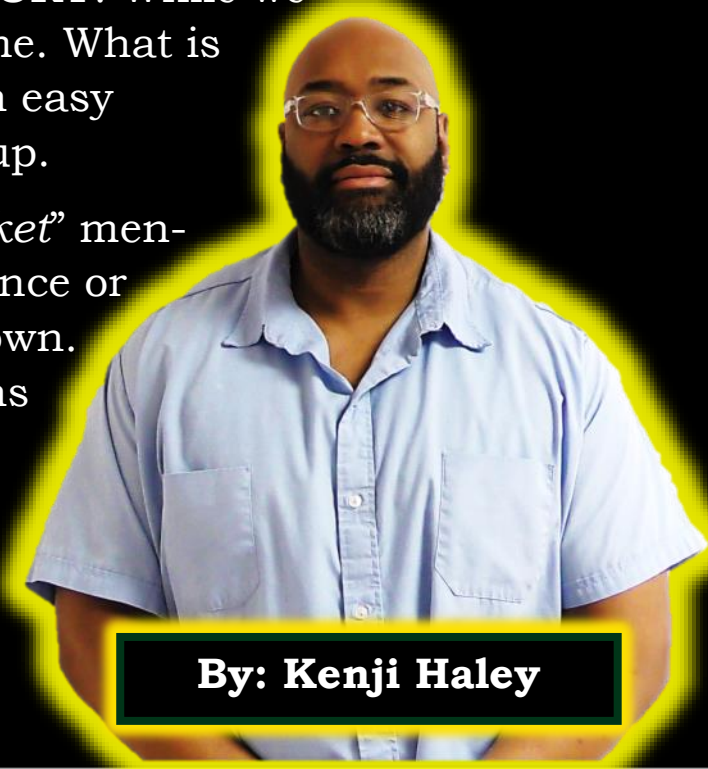




# BLACK HISTORY

This is the last week of our segment, but not the last of Black History. When it comes to us, those who are incarcerated....**WE ARE BLACK HISTORY**. While we are in here, we are the leaders and the innovators of our time. What is more important than that is how we achieve this. It's not an easy task, but it becomes difficult when we don't lift each other up.

It is important to know that we have a "crab-in-the-bucket" mentality. This means when a person gets somewhere of substance or grows (in a job, school), those of our own ilk brings them down. That is not the purpose of what being Black means. It means **UNITY**, its means **AGREEMENT**, and being cohesive. We cannot do this if we are steadily pulling those who are moving forwards, backwards. So, we **MUST** continue to move forward and bring those who are lacking with us, **NO MATTER WHAT**. "AS I CLIMB....I LIFT".



By: Kenji Haley





If your brothers and sisters are struggling in education (GED, ABE, etc.) and you can help...**help**. If your brothers and sisters are trying to learn to read and you can assist them, assist. There should never be a time, while we are here doing time, where we are not learning and growing. I want you to continue to push your brothers and sisters forward and to keep encouraging them, so that they can be in a better position than when they started.

A lot of black men and black women never took the time to become formally educated in the streets and now we have such an opportunity. Do not allow this time to slip away!! This is where you make Black History. This is where you take what you have learned and pass it on to your offspring's and family members, so that they can gain and learn and become better.

THIS IS OUR TIME!! Do not allow another day go by where we are not teaching one another on how to improve or educate. Bring strong-minded, be successful, be a disruptor (for the good), but remember,

***“Every opportunity is YOUR LAST opportunity”.***

**Don't squander it!!**

**I WOULD LIKE TO THANK KEWANEE HORIZONS FOR ALL THEIR LOVE DURING BLACK HISTORY MONTH AND ALLOWING ME AND OTHERS TO PARTICIPATE IN THIS FORUM**

AGAIN, K.H. WOULD LIKE TO TAKE THIS OPPORTUNITY TO THANK THE BHC! MR. KENJI HALEY PUT IN COUNTLESS HOURS TO PROMOTE AND FACILITATE MANY OF THE OPPORTUNITIES FOR BLACK HISTORY MONTH EVENTS AND EDUCATION TO HAPPEN. HE WAS INSTRUMENTAL ALONG WITH MR. HARRIS IN MAKING SURE THAT K.H. RECEIVED A PLETHORA OF MATERIAL FOR OUR SPECIAL BHM VOLUMES. THANK YOU, AGAIN!





# WHAT BLACK HISTORY MEANS TO ME

**BY: A. WARD**



In summary, the history and culture of African Americans is a diverse, complex and multifaceted subject that encompasses many different aspects of life, including music, literature, religion, cuisine, and more. Black History has been shaped by the experiences of slavery, discrimination, and racism. Also by the resilience, creativity, and contributions of African Americans themselves.

We as African Americans should be proud of our history and contributions to the world. African Americans have made significant contributions in a wide range of fields including science, technology, medicine, art, literature and politics.

One important aspect of African American culture is the strong tradition of oral story telling which helped to preserve history and pass down cultural traditions from generation to generation. Music, particularly gospel, blues, jazz and





hip-hop. Many African American musicians making major contributions to American music and pop culture. African American literature was also a great role in shaping the culture, with many prominent authors like, James Baldwin, Toni Morrison, W.E.B. Dubois, Maya Angelou, and others. They have written novels, essays, and poetry that deal with the experience of African Americans that explore theories of race, identity and inequality.

African American cuisine has played a role in shaping the culture. Dishes like fried chicken, collard greens, gumbo etc. Being a part of the traditional cuisine. Many African American communities have strong religious traditions, with Christianity being the most common religion followed by Muslim/Islam.

It's important to recognize and acknowledge the contributions of African Americans in order to understand and appreciate the diversity of human achievement and experience. Recognizing can also help to challenge and overcome the stereotypes and prejudices that have been used to marginalize and plague African Americans throughout history! It's important to remember and learn about these historical injustices in order to understand ongoing issues that African Americans still face today. We need to work towards a more just and equitable society for all! This is what Black History means to me!!





## **\*Notable Struggles\***

### **\*Achievements\***

**\*Discrimination and Segregation:** Even after slavery was abolished, black people faced discrimination and segregation in many areas of life, including housing, education, and employment.

**\*Police Brutality and Racial Profiling:** Black people have disproportionately been victims of police brutality and racial profiling, leading to a lack-of-trust in law enforcement in many communities.

**\*Civil Rights Movement:** Activists Martin Luther King Jr, Malcom X, and Rosa Parks etc. led the civil rights movements in the 1950s and 1960s, which helped to end legal segregation.

**\*Political Representation:** There have been many African American politicians and leaders who have been elected to office. They have shaped policies and brought attention to issues facing all communities.







# WHAT BLACK HISTORY MONTH MEANS TO ME?

**BY: JAVON McFARLANE**



Black History Month to me means POWER, blood, sweat and tears. Sacrifice. Freedom! Freedom to express ourselves. Freedom to recognize the mask that was covering our eyes for so many years of black poverty. We have to look back at our history to know where we have been to know how far we have come. Black History Month to me means, “It’s been a long time coming, but I know change is going to come.” (Sam Cooke). It means, “Sittin’ On The Dock Of The Bay.” (Otis Redding). It means, “Mercy Mercy Me.” or “What’s Going On?” (Marvin Gaye). It means, “R-E-S-P-E-C-T!” (Aretha Franklin). Black History Month to me means DIGNITY. It means INTEGRITY. Kings and Queens. It means ROYALTY!

Black History month to me is spiritual! It describes that Black is Beautiful. Celebrating the essence of Black men and Black women. Noting our many contributions to civilization. Black History Month is the remembrance of Black unity, honoring every breath to saluting every last life that was lost at the hands of cruelty. If it wasn’t for the sacrifices of our ancestors, where would I be? Black History Month is the throne to Black People. It is our flag of accomplishment, but still WE RISE!





**WHERE DO YOU GO FROM HERE, MR. BLACK MAN**

Written by and from the Heart of:

Mr. Lorenzo Kent Sr.

Where do you go from here, Mr. Black Man  
You've come to the end of your stay,  
It's time for you to pack your bags and leave here  
Whether you're ready –or-not anyway...

Where do you go from here, Mr. Black Man  
Yes, Physical freedom, you have gained,  
But if that's all you've achieved since being here, Mr. Black Man  
Don't expect very much to change...

You've been gone for quite some time now, Mr. Black Man  
Playing Cards, Talking Crazy, Beating on your chest day & night,  
Forgetting, all the while you're sitting at those tables  
You or your friends don't even know how to read or write...

Where do you go from here, Mr. Black Man  
Have you dealt with all the pain and bitterness you have inside,





Or, don't you understand; if you don't deal with these things now  
They will deal with you unexpectedly while you're in front of your family  
on the other side...

Well, let me tell you one thing Mr. Black Man  
You're Wrong! If you think: Because of Physical freedom the storms-of-life are gonna end,  
And, as soon as you forget the Pain and Purpose of where you just came from  
Rest Assured, You will find yourself back here again...

Where do you go from here, Mr. Black Man  
That Choice, My Brother, Is still in your hands,  
But, While You're Deciding, just remember;  
somebody else is out there raising your daughter  
And, Your Son is calling another Man, Dad!!!

So, As I end these messages to you, Mr. Black Man  
One fact still stands out above the rest,  
"If you don't make these decisions, somebody else will"  
And, This IS NOT A TEST...

**NO DECISION, IS A DECISION –**





## “Free Your Mind Mr. Black Man”

Written by and from the Heart of:  
Mr. Lorenzo Kent Sr.

“HEY” !!! Mr. Black Man.

Why are you still running?

Don't you know there are better things to do with your life  
Than to stand on the corners bang'in, slang'in and bumm'in...

“Hey”: Mr. Black Man,”

Pick-up your head! Walk straight! Pull-up your pants' and quit the dozens & lies,  
Celebrating “Emancipation” has long been over  
Why enslave yourself again by constantly getting “High”...

The shackles have long been removed from our bodies  
But some of us refuse the option of releasing the restraints off our minds,  
Thereby creating an adverse-effect so blindly dangerous to all of us  
That we all too-often find ourselves back in chains again, Doing time...





And while we claim that our ANCESTORS SHAME AND PAIN OF THE Auction  
Blocks

Was an atrocity just too blatant an Evil to ever let go.

Then, what do you think they would say about us “now”!

While at the “Transfer Station” as officers swap twelve of us for four???

We’ve moved from the “Heat and Sweat” of the Cotton Fields and  
The “Negro Spirituals” of “We Shall Over come” in the shacks at night  
To the “Heat and Sweat” of bum’pin and grind’in our sisters in the night club  
To the Keith Sweat’s something, something, something, something just ain’t  
right...

Well , “You Dam Right” Mr. Black Man.

Something Something Something, Something just ain’t right!

When, on one hand, we blame others for our plight-and, on the other hand  
Brothers of COLOR are killing Brothers of Color, Over Colors, in broad daylight  
(Damn)!...

I would be remiss Mr. Black Man – If I didn’t ask your forgiveness  
For my obvious selfish decisions, behavior and sins





As well as my failures to live in accordance with the light in my heart  
As I too, aimed at the wrong targets and strived for the wrong ends...

Yet, there is one vital lesson I have learned Mr. Black Man  
Is that: Genuine change must first take place in your heart my friend,  
Because – no matter the location: be it the Streets or Prison  
“If nothing Changes, Nothing Changes” – this you can count on to the end...

## A SPECIAL THANK YOU!

**Kewanee Horizons would like to take this opportunity to give a huge thank you to all of our outside contributors, you are all the number one reason that KH has been able to produce as much as we have. There are untold numbers of people that have written to us with articles or sometimes just a word of support for the KH mission, you have sent art and pictures as well. Another huge thanks to the numerous staff who have helped especially with the BHC contributions from other facilities and here at Kewanee, some of their names include but are not limited to Mr. Warnsing, Ms. Rowan, Wardens Jones and Carothers and more whose names I wish we had so that we could highlight them...**





# Black is a vibe!

## Why Black History Means So Much To Me



Black is a vibe! Can we agree on that? Whether it's your favorite black sweater or a pair of black jeans. Whether it's The Black Album (Jay-Z or Metallica) or it's a black 1987 Buick Grand National (my favorite car). Black is a vibe! How many of did a celebration dance when they brought black sneakers back to commissary? Just me? Cool. Never mind that, let me tell you why Black History means so much to me.

As a pre-teen, whenever I'd tell my mom I was bored her go to response was, "If you're bored, go read a book." That said, reading opened my mind like Pandora's box. I've been in love with Black History since I can remember. My very first memory of black history was a play I did in kindergarten in which I played Muhammad Ali. My lines were, "My name is Muhammad Ali. I am the heavyweight champion of the world." Then, I would hold my right fist in the air and yell, "What!" Yes, I still remember my lines. 😎 Don't judge me, bro. I was proud to recite those lines to everybody





in the Rockwell Gardens housing projects. Will Smith couldn't mess with a picture of me, lol. Black history is being made as you read this. I am a Black man writing an article for a prison e-publication and according to Prison Policy Initiative black people make up only 13% of the U.S. Population, but account for 40% of the roughly 2.3 million people incarcerated in the nation's prisons and jails. So, there's a pretty high chance another black person's reading this. Read on my mella!

The old adage of "*You can never know where you're going until you know where you've come from.*" has always resonated with me. I always thought I was from out west, Illinois by way of Chicago. I didn't realize I was from Sub-Saharan orgasmic bliss. I hadn't thought about my ancestral genetic make-up until very recently. However, I've always been intrigued by the disparities in growing up as a black man in America as opposed to any other nationality or ethnic group. So, as a young boy, I began asking questions. I asked my grandfather why white people disliked us because of the color of our skin. He said, "Not all white people dislike black people because of the color of our skin, but the ones that don't like us only do so because they're stupid and can't think for themselves." "They still would like to consider us three-fifths of a man." That one short conversation opened my mind to a host of other questions and revelations. A short while later, I went to my grandfather and explained to him all that I'd learned about the Three-Fifths Compromise of 1787. Now, my grandfather's a highly intelligent man, but even he couldn't answer all the questions my young mind crafted in relation to that subject. Nevertheless, that did little to quell my search for answers to the many questions I had.

Quick history lesson: The Three-Fifths Compromise was a resolution reached among state delegates during the 1787 Constitutional Convention. It determined that three out of







every five slaves were counted when determining a states total population for legislative representation and taxation. Before the Civil War, the Three-Fifths Compromise gave a disproportionate representation of slave states in the House of Representatives. Livestock was given the same three-fifths denomination as slaves. Cattle. Yeah. I could effectively write a dissertation on the Three-Fifths Compromise and the effects thereof, but I recommend you look into it yourself to gather your own understanding of it.

With that said, it's now year 2023 and I still have more questions than answers as to why, in a nation where everyone is supposedly equal, there are so many disparities between blacks and whites as it relates to health care, housing, employment, education, etc. I may never know the answer to every question I have, that doesn't mean I'll stop looking. In fact, I recently read a book called *White Fragility: Why It's So Hard For White People To Talk About Racism* by Robin Diangelo (a white woman). I recommend every person on Earth read this book. There's a quote from Beyoncé in the foreword that says, "*It's been said that racism is so American that when we protest racism, some assume we're protesting America.*" I didn't know Queen Bey was a preacher, but pass the collection plate by my cell, Church! Diangelo is essentially extending a challenge to society to not only not be racist, but to become anti-racist. Throughout the book she argues that racism is deeply complex and nuanced, and given this, we can never consider our learning to be complete or finished. Diangelo actually shines a light on the disparities in the treatment of blacks and whites in America. She talks about how Thomas Jefferson (who himself owned hundreds of enslaved people) and others suggested that there were natural differences between the races and asked scientists to find them. If science could prove that black people were naturally and inherently inferior, there would be no contradiction between our professed ideals and our actual practices. So, draw-





ing on the works of Europeans before them, American scientists began searching for the answer to the perceived inferiority of non-Anglo groups. Illustrating the power of our questions to shape the knowledge we validate, these scientists didn't ask "Are blacks inferior?" They asked, "Why are blacks inferior?" In less than a century, Jefferson's suggestion of racial difference became commonly accepted scientific 'fact.' But, wait—there's more...

Remember a couple paragraphs ago where I mentioned how Jefferson and others suggested that there were natural differences between the races? John Locke was one of the others. According to *Philosophical Studies in Education* written by Theresa Richardson at Ball State University, The English Enlightenment philosopher John Locke (1632-1704) is one of the most prominent figures in the development of liberal Anglo-American political thought. Locke's writings had a significant influence on the American Revolution and founding principles of the United States in fundamental ways. One of the myths that emerged out of the scientific revolution and effort to ground human progress in reason was the fiction of multiple races of humankind. This idea, while not uncommon in Anglo-European thought by the 19<sup>th</sup> century, became especially important in the United States in spite of the fact that it directly contradicts the ideology of equality stated in founding documents. The philosophy of John Locke had a great impact on popular 18<sup>th</sup> century social and political thought leading up to the French and American Revolutions. Locke was a significant informant of Thomas Jefferson's thought, and his views are evident in the Declaration of Independence. Locke judged American Indians as part of the lost tribes of Israel and argued that therefore they should be treated kindly and not enslaved. There were not, however, equal to English colonists and did not have any rights in a civil society. In contrast, African 'Negroes,' were considered sub-natural or sub-human. Both groups were beneath the capacity to reason even though they





lived under the organized conditions of natural law derived from God in its original form. 'Indians' had the potential to be educated, but 'Negroes' did not. I wish I had more space to write about The Enlightenment Era, but feel free to look into it.

So, now that we have an idea of why blacks and whites are treated differently, how can we challenge racism and make it as uncomfortable for everyone as it has always been for black people? How can we challenge the oppression of my people? In Diangelo's book, scholar Marilyn Frye uses the metaphor of a bird cage to describe the interlocking forces of oppression. If you stand close to a bird cage and press your face against the wires, your perception of the bars will disappear and you will have an almost unobstructed view of the bird. If you turn your head to examine one wire of the cage closely, you will not be able to see the other wires. If your understanding of the cage is based on this myopic view, you may not understand why the bird doesn't just go around the single wire and just fly away. You might even assume that the bird liked or chose its place in the cage. But, if you stepped back and took a wider view, you would begin to see that the wires come together in an interlocking pattern—a pattern that works to hold the bird firmly in place. It now becomes clear that a network of systemically related barriers surrounds the bird. The bird cage metaphor helps us understand why racism and oppression can be so hard to see and recognize. We have a limited view. In conclusion, these bazillion words are why black history means so much to me.

## **References:**

*White Fragility: Why It's So Hard For White People To Talk About Racism*

by Robin Diangelo

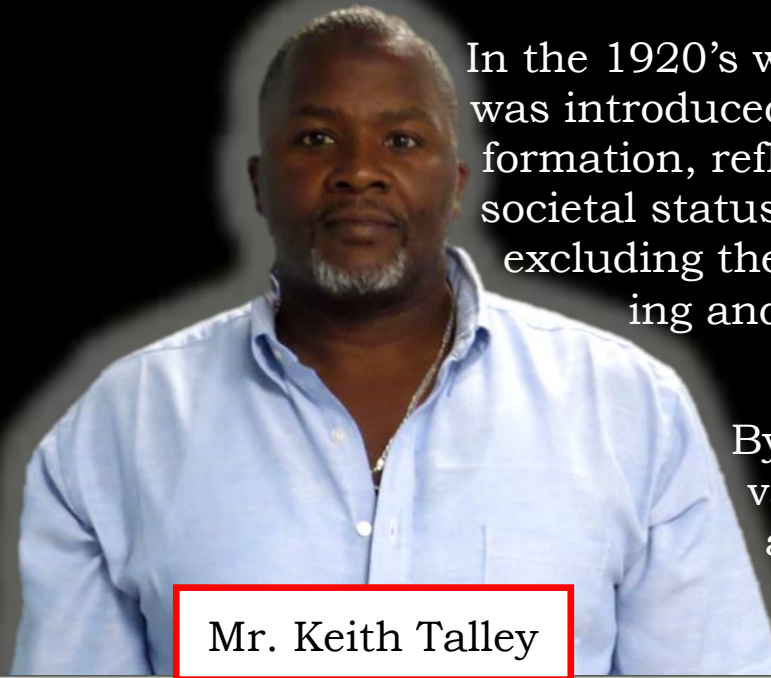
*Philosophical Studies in Education* written by Theresa Richardson at Ball State University





# IS BLACK HISTORY MONTH... OBSOLETE?

Some ideas and solutions have expiration dates. Meaning, the conditions and circumstances that initially prompted their justified existence can change, and then the reason for the once relevant solution can become outdated, ineffective . . . obsolete.



Mr. Keith Talley

In the 1920's when Black History Week (it became month much later) was introduced, its purpose and objectives were clear. The season of information, reflection and celebration was a deliberate challenge to the societal status quo of devaluing African-American life by distorting and excluding their contributions and accomplishments toward the building and sustaining of the American project.

By design, the season was intentional in its efforts to cultivate a healthy self-image and self-esteem within and among African-Americans themselves, and more broadly, to dispel the myths of “uncivilized – threatening – de-





pendent - otherness” which shaped the American attitude concerning African-Americans, fueling their oppressive and discriminatory treatment.

A century later, 2023, one could argue that the circumstance and conditions that prompted the need for the informational season is no longer the state of play. After all, Americans walk around daily with computers in their pocket; ignorance is now more a problem of will, rather than access.

Don't get it twisted, I'm not suggesting that the season should be eliminated. However, I am unapologetically advancing a sincere critique of the outdated and less than impactful approach to honoring the season. Additionally, I am sending out a clarion call to African-Americans, the community in which I belong, to creatively re-imagine what Black History Month could mean and how our approach to honoring it can better serve the current needs, concerns and aspirations of not only our community, but also of the larger society of which we have always been a game changing integral part of.

**Mr. Keith Talley is the editor and current driving force behind “Two Roads”, Kewanee Horizons is immensely grateful to him and all of the contributors of “Two Roads”. We are continuously inspired by his tireless work ethic and we sincerely appreciate when he can take a few moments to contribute to Kewanee Horizons.**





# WHAT IS FREEDOM TO YOU?



Some people may attach their **FREEDOM** to a physical sense. Others may think that their physical sense of freedom doesn't even exist. If you chose to say that your **FREEDOM** is a physical derivation, then when does its true genesis commence? Are you really free? And now that you feel that you have established your **FREEDOM** rights, then what are you doing while being free? Are you upholding that freedom with righteous living and productive choices? What does your impact consist of, if any? Did you use that **FREEDOM** to call that woman Blt\$#? Before you called her that name, you were free to not call her that name as well, Right? So, why not utilize that **FREEDOM** TO UPHOLD HER IN THE HIGHEST REGARD? Hasn't she earned that same **FREEDOM** to not be minimized by your standards? So, now that your **FREEDOM** rights have been multiplied to represent not only yourself, you also have the **FREEDOM** to recognize her **FREEDOM**. So, relish in your **FREEDOM** to recognize other people's desires and ability to be **FREE**. Once you have learned how to remove those chains from your mind, then you will then discover true **FREEDOM**. True **KINGS & QUEENS** plot their own paths.

--Christopher Walker--





# BRAIN FACTS



## HEADACHE and MIGRAINE

A dull ache or a sharp or throbbing pain, a headache may appear gradually or suddenly and last from less than an hour to several days. Migraine sufferers have episodes of severe headaches often accompanied by sensory disturbances, nausea, and vomiting.

A headache is a symptom with a range of possible causes. Probably the most common form of headache is tension headache, in which the pain tends to be constant, in the forehead or more generally over the head. It may be accompanied by a feeling of pressure behind the eyes and/or tightness around the head. It is typically brought on by stress, which causes tensions in the muscles of the neck and scalp. This, in turn, is thought to stimulate pain receptors in these areas, which send signals to the sensory cortex, resulting in a headache. Another form of headache is a cluster headache, which involves relatively short attacks of severe pain.

A migraine usually occurs over one eye or on one side of the head, although the area of pain can move during an attack. A migraine typically consists of up to four stages, which vary in intensity and duration. The underlying cause is not known, but research



# BRAIN FACTS



suggests it may be due to a surge of neuronal activity in the brain, eventually stimulating the sensory cortex, resulting in the sensation of pain. Triggers for a migraine include emotional shock or stress; tiredness or lack of sleep; missed meals, dehydration, and certain foods, such as cheese or chocolate; hormonal changes (for many women, migraines are associated with menstruation); and changes in the weather or a stuffy atmosphere.

## **ARE MIGRAINES A GENETIC DISORDER?**

*Migraines often run in the family. Certain genes combine to increase predisposition to migraines, but environmental factors such as stress or hormones are also involved.*

## **MIGRAINE ATTACKS**

An attack may begin with an early stage, the prodrome, with symptoms such as anxiety, mood changes, and tiredness or excessive energy. This is sometimes followed by aura, a warning stage that can include flashing lights and other visual distortions; stiffness, tingling, or numbness; difficulty speaking; and poor coordination. The main stage includes a severe throbbing headache made worse by movement, nausea and/or vomiting, and dislike of bright light or loud noise. This is often followed by a postdrome stage of tiredness, poor concentration, and persistence of increased sensitivity.





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**WHEN YOU GET OUTTA SEG**



**AND SEE YOUR HOMIES ON THE WALK**





YEAH, JUST WATCHING JONES GETTING A TASTE OF WHAT I GO THRU ON THE DAILY....  
 .... UT OH, I GOTTA GO. I'VE BEEN MADE!

HEY Y'ALL!  
 WARDEN CAROTHERS IS OVER HERE!



I GOTTA CUT SOME HAIR IN 8 MINUTES.

SO YOU KNOW WHAT YOU'RE GONNA SAY?

YEAH, I'M GOOD

HEY WARDEN JONES!

WE JUST WANTED TO RUN SOME STUFF BY YOU FOR BLACK HISTORY MONTH.



ADVENTURES OF J-DAWG





**ARIES:** You could gain more courage or desire to take a few risks in your business or with finances, Aries. While you should certainly be careful with spending impulsively, this can be a good time to break out of a rut.

**TRANSLATION: HAVE YOU READ “THE MARKET CORNER” OR THE “FINANCIAL LIT” ARTICLES? YOU SHOULD.**



**TAURUS:** Finding the right words is a struggle now, However you say it, it won't come out right. Perhaps the issue is not in the words you use but in the audience you select, Taurus.

**TRANSLATION: DON'T YELL AT YOUR CELLIE ABOUT COMMISSARY IS ALWAYS EMPTY, HE JUST WORKS OVER THERE. INSTEAD FILE THAT GRIEVANCE.**



**GEMINI:** Your self-worth fluctuates, Gemini, and it shows in your dealings with others. It might be time to work on old issues that make you feel badly about yourself—you've grown!

**TRANSLATION: UNDERSTAND, YOUR PROBLEMOS ARE YOUR PROBLEMOS DON'T TAKE THAT OUT ON SOMEONE WHO AIN'T GOT NUTHIN TO DO WITH YOUR PROBLEMOS!**



**CANCER:** Suspicions arise when someone backs out on a deal they made with you, Cancer. You're not normally a super trusting person, so you'll be on high alert. It's also possible that the other person could learn from you the importance of following through on their word!

**TRANSLATION: YOUR CELLIE MAGICALLY FORGOT TO BUY CERTAIN INGREDIENTS FOR THAT NACHO..GUESS IT'S GOING TO BE A SOLO-NACHO NIGHT!**





**VIRGO:** Opportunities to socialize and even network land in your lap, Virgo. You may have other things you need to do, but make sure to accept more than one of the invitations you get.

**TRANSLATION: PENPAL SITE HAS YOUR MESSAGE GAME THROUGH THE ROOF! DON'T GET TOO AHEAD OF YOURSELF THOUGH, YOU NEED TO BE STUDYING SOMETHING! READING MAYBE? SOMETHING PRODUCTIVE.**



**LIBRA:** You're feeling competent at your job and excited about your career now, Libra. This is what it's like when you're doing what you're meant to, enjoy it!

**TRANSLATION: SINGING WHILE YOU WASH THOSE POTS AND PANS IN THE KITCHEN DEFINITELY SHOWS YOU'RE LOVING IT!** 😊



**SCORPIO:** This could be a good time to examine whether you are meeting those goals you set for yourself, Scorpio. If not, changing tactics or targets is the smart move.

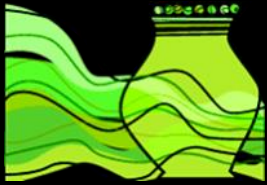
**TRANSLATION: SIT DOWN. TAKE A DEEP BREATHE. HAVE A CONVERSATION WITH YOURSELF. ASK YOURSELF IF YOU'RE GOOD. YOU GOOD? GOOD.**



**SAGITTARIUS:** The legacy you are leaving behind weighs on you, Sagittarius. Are you protecting future generations enough? These thoughts will spur you to take a new direction.

**TRANSLATION: YOU NEED TO QUIT PLAYING GAMES, SHAKE YOUR HEAD AND RATTLE YOUR BRAIN, PULL YOURSELF TOGETHER, AND MAKE IT DO WHAT IT DO!**





**AQUARIUS:** Putting off a health issue is not doing you any favors, Aquarius. It could come to a crisis point soon if you don't intervene. Ask for moral support from someone you trust.

**TRANSLATION: JUST LIKE AN APPLE A DAY KEEPS THE DOCTOR AWAY, WELL SO DOES 30 MINUTES OF DAILY EXERCISE. GET IT TOGETHER!**



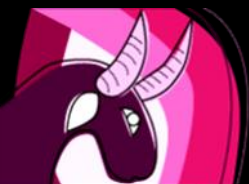
**PISCES:** You can sometimes feel mentally wired this month, Pisces, but overall you have greater passion and motivation to get things done, learn, connect, and share.

**TRANSLATION: STRESSED OUT BUT NEED TO GET THINGS DONE? SIT INDIAN-STYLE ON YOUR BED AND PLAY SOME AIR-DRUMS FOR A BIT. THAT WORKS RIGHT?**



**LEO:** This is definitely the time you should be taking a vacation, Leo. You won't have the energy to do much else. Save any important tasks for next month—you'll feel more like it then.

**TRANSLATION: TIME TO PUT THOSE EAR-BUDS IN, CLOSE THOSE EYES AND LET YOUR THOUGHTS DRIVE YOU DOWN THE HIGHWAY.**



**CAPRICORN:** Find the fun in your relationships, Capricorn. You take yourself and your partner very seriously—which they appreciate. But lightening the mood benefits you both enormously.

**TRANSLATION: TELL YOUR BOO THAT YOU ONLY LOVE THEM WHEN THEY SHOWER & BRUSH THEIR TEETH..LAUGH WHEN YOU SAY IT, BUT YOU'LL BOTH KNOW YOU MEAN IT.**



# STATEWIDE CALL OUT



Everyone here at Horizons would like to take the time to express our sincerest gratitude for all of the viewers, supporters, and participants of Kewanee Horizons. Our approach is different from other material that has been of benefit to us all, especially in regards to highlighting the successes of our fellow peer's, as well as highlighting the fact that we have an outstanding amount of friends, family, and loved ones that contribute to our overall success. Horizons is more than just a platform for us to use to spread content throughout I.D.O.C., it's also valuable to us all to show that we are indeed a community made up of "real" people, striving to make it through this journey. With Horizons, we are experiencing amazing things. Things that weren't the norm just a few years ago, and that's the evolution of "US", (the incarcerated individuals), and our desire to spark an already contagious thing, which is a change in the utmost positive direction. Change begins with us, and that's exactly what's been shown, as well as proven.



# STATEWIDE CALL OUT



Being able to see some of the Peer led groups is something that is a blessing for us all. For so long, some of us didn't have the courage to teach what we knew, and quite possibly, the issue was that we didn't know what we knew would help anyone. Kewanee doesn't make Horizons, we "ALL" make Horizons. It's about all of us. The things we do during this incarceration not only impacts us, but our community as well. If we want people to believe in us, we first have to believe in ourselves. The entire Horizons team is honored to be able to be a voice for some of those that feel that you don't have one. Our focus is on positivity and how any occurrence that you've encountered since being incarcerated has impacted you in a positive way. Our driving force is positivity with a Restorative Justice mind-set. We don't look to focus on anything negative, we don't want anyone dwelling on yesterday's bad decisions, we want everyone focusing on tomorrow's goal of productivity, positivity, and finding ways to help one another in the best way possible. Please don't shy away from submitting your article to Horizons. **WE WANT TO HEAR FROM YOU!**





## MAILING US SUBMISSIONS

The address for **Kewanee Horizons** is:

**Kewanee Horizons Editor, KLSRC**

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**2021 Kentville Rd.**

**Kewanee, IL 61443**

### Here is a quick list of Do's and Do-not's:

- **DO** try to have someone official from your facility contact EFA Mr. Warnsing before you send anything through the mail, they may be able to e-mail it directly to him at **[doc.kewaneehorizons@illinois.gov](mailto:doc.kewaneehorizons@illinois.gov)**
- **DO** try to stick within the ideals we have tried to promote in your article, namely Community and Restorative Justice principles, i.e. how the subject of your piece is community related and affected, stay positive
- **DO NOT** expect to have whatever you send, however you send it, returned to you under any circumstances
- **DO NOT** write to any individuals in custody at Kewanee Horizons directly, or indirectly if you are in prison, incarcerated, locked up, doing a bit or anything in that direction
- **DO** write to or e-mail our liaison E.F.A. Mr. Warnsing if you are a free person in the free world and would like to submit something for possible publication
- **DO** understand, your submission is not guaranteed publication in Kewanee Horizons, we have internal and external guidelines that we adhere to





**KEWANEE HORIZONS HAS ITS OWN EMAIL ADDRESS!**

**[doc.kewaneehorizons@illinois.gov](mailto:doc.kewaneehorizons@illinois.gov)**

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