



KEWANEE  
HORIZONS  
VOLUME 26

BLACK  
HISTORY  
MONTH

# KEWANEE HORIZONS BHM VOL.26 PG. 2

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COLOR KEY:  
HONEY YELLOW=KLSRC  
CHERRY RED=FREE WORLD

# RESTORATIVE JUSTICE

*KEWANEE LSRC* has agreed to allow us, consistent with COVID protocols, to engage in more Restorative Practices. In the **Horizons** newsletter you will see the terms **RESTORATIVE JUSTICE** and **RESTORATIVE PRACTICES** very often.

The aim of Restorative Practices is to develop community and to manage conflict and tensions by repairing harm and building relationships. Restorative Justice in general, is a process involving the primary stakeholders in determining how best to repair the harm done by an offense. The three primary stakeholders in Restorative Justice are: the victims, the offenders, and their communities of care; their needs are respectively: obtaining reparation, taking responsibility, and achieving reconciliation.

The **Kewanee Horizons** team believes creating a better community here is Restorative. By indirectly repairing damages and by giving back to our current community and with greater communities at large, we are engaging in Restorative Practices.

**Community: A group of people with a common characteristic  
Or interest living together within a larger society.**

Merriam-Webster's Collegiate Dictionary Eleventh Edition

# MISSION STATEMENT

**Kewanee Horizons** has adopted the Restorative Justice and community theme. Partly because this has been the fight of our lives, those of us who have sought not only for freedom in its many forms, but, also for a way to give back, rebuild, and uplift our communities.

**We give back because of what we have been given. We rebuild, by restoring back to a state of before our offenses. We uplift, by a conscious and consistent effort to better ourselves as well as those around us.**

**Kewanee Horizons** will work to highlight the achievements of our community both on campus and off, inside facilities and outside. Whether individually or collectively and no matter the uniform we wear. We're going to look into the daily lives on our campus and across the state to other facilities on a regular basis. We are hoping to open the eyes to the limitless potential there is in our population, to advocate for more participation in programming, and to give recognition to those who succeed. We want to remain as interactive as possible so **Kewanee Horizons** will be picking your brains for ideas and accepting submissions to make this as interactive as possible. This publication is put together for the purpose of uplifting mind, body and spirit.

## THE FIERCE 44

### Black Americans Who Shook Up The World

By: Marcus Harris

Every week we're writing about Black Americans who inspire everyone. This information is from *The Fierce 44: Black Americans Who Shook Up the World* written by the Staff of The Undeclared. The first 11 Black Americans are:



#### **Robert Abbott (1870-1940)**

In 1905, Robert Abbott started the *Chicago Defender*, one of the most important black newspapers in history, with just twenty-five cents (the equivalent of about seven dollars today). What began as a weekly four-page pamphlet distributed in the city's black neighborhoods quickly grew into a national publication with a readership of more than half a million.

The success of the *Defender* made Abbott, the son of former slaves, into one of the nation's most prominent black millionaires and paved the way for other successful black publishers.

At the *Defender*, Abbott encouraged the Great Migration, in which six million African Americans fled the poverty and racially motivated violence of the South for new lives in the West, Northeast, and Midwest. Many of them settled in Chicago, where manufacturing jobs were opening up as World War I approached.

Abbott was a natural hustler, which helped his reputation and the paper's circulation. When the *Defender* was initially banned by white authorities in the South because it encouraged African Americans to abandon the area and head north, Abbott, who was born in Georgia, used a network of black railroad porters to surreptitiously distribute the paper in southern states. His legacy lives on today in black publications such as *Essence* and *Black Enterprise*.

## **Alvin Ailey (1931-1989)**

Born into poverty in Texas, choreographer Alvin Ailey drew on his knowledge of close-knit black churches, rural juke joints, fiery protest songs, his lonely childhood, and his adult life as a closeted gay man to fuel his passion for dance.

The modern-dance pioneer and civil rights artist-as-activist created pieces that have become as important to the definition of American art as tap dance, jazz, and hip-hop. His desire to have classically trained black dancers move to the music of Duke Ellington, gospel, blues, and Latin and African pop was revolutionary.

Ailey explored issues of social justice, racism, and spirituality in the African American experience through his art. After a few years of dancing on Broadway, he started his own company in 1958, at the height of the civil right movement. By 1965, Ailey had stopped performing as a dancer to concentrate on his company and choreographing dances for other performers. He created seventy-nine ballets over the course of his career.

*Revelations*, which premiered in 1960, is Ailey's most celebrated work. The up-from-slavery dance narrative finds beauty in the midst of tragedy and pain, celebrates black folks' resilience and humanity, and allows hope to overcome tribulation.

Even after Ailey's death from an AIDS-related illness in 1989, the company and school have continued to be the premier spot for emerging black choreographers. The Al-

vin Ailey American Dance Theater is still one of the most popular dance companies touring internationally and has performed in dozens of countries on six of the seven continents.

## **Muhammad Ali (1942-2016)**

Muhammad Ali, who loudly proclaimed himself both pretty and the greatest boxer of all time, set the standard for social activism by athletes.

He was named Cassius Clay when he was born in Louisville, Kentucky, and he started boxing at the age of twelve after someone stole his bike. At eighteen, Clay had won an Olympic gold medal. A short four years later, he beat the heavily favored Sonny Liston to become the world heavyweight champion. The next day, Clay showed the world that he was more than a great boxer, announcing that he was joining the Nation of Islam and getting rid of his “slave name.” He would now be known as Muhammad Ali.

At the time, black athletes were expected to be “credits to the race” by being modest and dignified and staying quiet about issues affecting the country. Ali rejected all of that. He was nicknamed the Louisville Lip, mocking opponents and often forecasting his victory in rhyme. He became a Muslim in a predominantly Christian country. And at a time when fighting for civil rights meant pushing for integration, Ali joined a religious group that preached racial separation.

Ali also questioned America’s participation in the Vietnam War and refused to be drafted into the Army. He was stripped of his boxing titles and put on trial for evading the draft. Ali eventually won his case after appealing it all the way to the Supreme Court. But for more than three years, no one would pay him to fight.

After his trial, Ali went on to win the world heavyweight title for an unprecedented third time in a bout against undefeated heavyweight champion George Foreman in the “Rumble in the Jungle” in Kinshasa, Zaire. Ali, at age thirty-two, was the underdog, but

with an eight-round knockout, he reclaimed the title that had been taken from him years earlier because of his opposition to the war.

A lifelong social activist and philanthropist, Ali received many honors for his humanitarian work, including the Presidential Medal of Freedom.

## **Richard Allen (1760-1831)**

Born into slavery in 1760 in Philadelphia, “Negro Richard” struck a deal in 1780 to buy his freedom and that of his brother a few years later. Richard Allen (the name he chose as a freedman) discovered religion after hearing a Methodist preacher at a secret gathering of slaves in Delaware.

But white Methodists didn’t want to pray with blacks. So Allen, his wife, Sarah, and others started the Bethel AME Church on July 29, 1794, in a converted blacksmith shop in Philadelphia. Allen was the church’s pastor. It was the beginnings of the country’s first independent black denomination, which now has more than six thousand churches with about three million members.

Recognizing that former slaves and freedmen needed education, Allen opened a day school for black children and a night school for adults, as well as created church groups to care for the poor. Many of his sermons and published articles attacked slavery and criticized groups that wanted to send blacks back to Africa. Both Allen’s family home and Bethel AME were stops on the Underground Railroad, which gave shelter and aid to slaves escaping from Southern Border States.

## **Maya Angelou (1928-2014)**

Maya Angelou lived a life just as remarkable as the poetry and prose she crafted. She experienced a traumatic childhood marked by sexual abuse and violence and at one point stopped speaking for five years. During this time, she memorized poetry, rearranging cadences and reciting Shakespearean sonnets in her head.



With the help of a teacher, Angelou was able to speak again. She used literature to help her recover from trauma, but she got pregnant at sixteen. She found work as San Francisco's first African American female cable car conductor and took many different jobs to support her family.

Later, she joined the Harlem Writers Guild and, with help from fellow author James Baldwin, went on to write *I Know Why the Caged Bird Sings*—the first in what would become a seven-volume best-selling autobiographical series. Nearly a decade later, Angelou finished *And Still I Rise*, a poetry collection that remains one of her most important works. Her writing earned her many awards, including three Grammys and the Presidential Medal of Freedom.

Angelou was also a fearless civil rights activist, serving as a coordinator for Martin Luther King Jr.'s Southern Christian Leadership Conference (SCLC) and working with Malcolm X to establish the Organization of Afro-American Unity. Life tried hard to break Angelou, but in the face of it all, she rose.

## **Ella Baker (1903-1986)**

Ella Baker's grandmother, a former slave, used to tell her a story about being threatened with a whipping for refusing to marry a man whom her owner's wife had selected for her. That story helped fuel Baker's lifelong quest for justice for her people. She became one of the most important behind-the-scenes organizers in the civil rights movement.

In the 1940s, Baker worked at the National Association for the Advancement of Colored People (NAACP), helping to convince black people that the United States could and should exist "without discrimination based on race." In 1957, she moved to Atlanta to help Martin Luther King Jr. form the SCLC, organizing protests and running a voter registration campaign called the Crusade for Citizenship. But Baker grew frustrated with the leadership style of the men at the top of the organization who didn't know how to deal with a strong woman.

Inspired by four college students who refused to leave a lunch counter at Woolworth's in Greensboro, North Carolina, after they were denied service, Baker helped create the Student Nonviolent Coordinating Committee, or SNCC. Pronounced "Snick," the group emphasized voting rights for African Americans and helped organize the Freedom Rides, in which black and white students tried to desegregate bus terminals in the South.

Baker's nickname was "Fundu," which is Swahili for a person who teaches a craft to the next generation. Baker viewed young people as one of the strongest and most important aspects of the civil rights movement. As long as they had the audacity to dream of a better, equal, and brighter tomorrow, and were willing to work for it through peaceful protest, a fairer society awaited them.

## **James Baldwin (1924-1987)**

James Baldwin knew it was his job to reveal the truth: The truth about his race. The truth about his country. The ugly truth of racism, poverty, and inequality that plague the United States even now.

He confronted American racism with fearless honesty, and he did it with style. His brilliant prose combined his own experience with the best and worst of the black life around him: the joy, the blues, the sermons, the spirituals, and the bitter sting of discrimination.

Baldwin grew up in Harlem, where his writing talent was recognized at an early age. He moved to Europe when he was twenty-four after becoming discouraged by the racism in the United States. His first novel, *Go Tell It on the Mountain*, illuminated the struggle of poor inner-city residents. His collection of essays called *The Fire Next Time* explosively represented black identity just as the country was coming to terms with how much white supremacy helped shape our history. In his second novel, *Giovanni's Room*, Baldwin wrote about homosexuality—exploring sexual identity without even mentioning race.

As an impoverished black gay man, Baldwin was asked if he felt he'd had bad luck. In fact, he said, he believed he'd hit the jackpot. His identity helped to create his work. And his writing represented every individual whose access to American civil liberties was hampered by race, gender, sexuality, or poverty.

Baldwin unapologetically asked the nation to see its true self through the beauty of its most marginalized people.

## **Jean-Michel Basquiat (1960-1988)**

Eight short years: that's how long it took Jean-Michel Basquiat to secure his legacy as a great artist. He died at the age of twenty-seven from a drug overdose, leaving behind paintings, drawings, and notebooks, many of which explored American punk and hip-hop, the urban plight of African Americans, jazz, and the nature of fame during the 1980s.

Born to a Haitian father and Puerto Rican mother, Basquiat dropped out of high school and started doing graffiti art on New York City's Lower East Side. He was handsome, fashionable, and famously eccentric.

The drawing in Basquiat's best-known pieces may look primitive, but the images are complex and sophisticated. While his worldview was undeniably black, urban, and hyper-masculine, his bold technique featuring splashes of paint was influenced by modern abstract masters Jackson Pollock and Cy Twombly. But there is also a connection to early twentieth-century African American greats such as Romare Bearden and Jacob Lawrence.

As influential as Basquiat is, most of his work is privately owned a few museums have any of his best-known pieces. His paintings attract stratospheric prices when they are put up for auction. In 2017, Basquiat's 1982 *Untitled* painting sold for 110.5 million, a record high for any American painter, making him the most successful African American painter in history. Celebrities collect his work, and an entire generation of hip-hop artists—Kanye West, Jay-Z, Lil Wayne, Killer Mike, Rick Ross, and J. Cole—have name-

checked Basquiat. In other words, legendary dopeness and enigmatic brilliance never go out of style.

## **Mary McLeod Bethune (1875-1955)**

Though she was able-bodied, Mary McLeod Bethune carried a cane because she said it gave her “swank.”

An educator, civil rights leader, and advisor to four U.S. presidents, the “First Lady of the Struggle” has been synonymous with black uplift since the early twentieth century. She turned her faith, her passion for racial progress, and her organizational and fundraising savvy into the enduring legacies of Bethune-Cookman University and the National Council of Negro Women.

Bethune, the fifteenth of seventeen children, her parents former slaves, grew up in rural South Carolina and started working in the fields as a young girl. She hoped to become a missionary in Africa after attending seminaries in North Carolina and Illinois but was told black missionaries were unwelcome. So she turned to educating her people at home, founding the Daytona Literary and Industrial Training School for Negro Girls in 1904 with \$1.50 and a handful of students. The school later merged with Cookman Institute, a school for African American boys. Bethune served as president, one of the few female college presidents in the nation at the time, and also became president of the National Association of Colored Women. A decade later, Bethune founded the influential National Council of Negro Women.

Bethune helped organize black advisors to serve on the Federal Council of Negro Affairs, the storied “Black Cabinet,” under President Franklin D. Roosevelt. First Lady Eleanor Roosevelt considered Bethune one of her closet friends.

Bethune worked to end poll taxes and lynching. She organized protests against businesses that refused to hire African Americans. Her entire life, she organized, she wrote, she lectured, and she inspired.

## **Simone Biles (1997-**

Simone Arianne Biles, born in Columbus, Ohio, and raised outside of Houston, Texas, was six when an impromptu field trip changed her life. She and her classmates were at a local gymnastics center where a coach noticed that Biles just couldn't stand still and was bouncing all over the mats.

Biles' family signed her up for classes, and her boundless energy, amazing physicality, and acrobatic bravery took flight. Biles, who stands four feet, eight inches tall, began competing internationally in 2013. Later that year, she became only the seventh American and the first African American to win the world all-around gymnastics title.

But she was just getting started.

Biles is the first woman to win three consecutive world all-around titles, and in the 2016 Rio de Janeiro Olympics she won gold medals in the vault, floor exercise, individual all-around, and team all-around competition. She invented two moves, one in the floor exercise and another in the vault, that are named after her. Her routines are so difficult that she almost fell off the balance beam and still won a bronze medal in Rio.

Biles' accomplishment are even more remarkable because of her childhood. When her birth mother was unable to care for her, Biles and her siblings spent years in foster care before her grandfather and his wife adopted her and her little sister, Adria. Biles now advocated on behalf of foster children and say being part of a family helped her feel like she mattered. So did finding her passion for gymnastics.

Her twisting, high-flying precision moves, including ones that didn't exist before she made them up, have led many gymnastics judges and fans to consider her the best athlete in the history of the sport.

## **Shirley Chisholm (1924-2005)**

Before President Barack Obama's "Yes We Can" slogan, there was Shirley Chisholm's motto, "Unbought and Unbossed."

In 1972, thirty-six years before Obama was elected the first black president, Chisholm was the first black candidate for a major party's nomination for president. That campaign made her a pathbreaker for women, too: she was the first woman to run for the Democratic Party's presidential nomination, forty-four years before Hillary Clinton became the first woman to win a major party's nomination for president.

Being the first wasn't anything new for Chisholm. In 1968, she became the first black woman elected to Congress, representing New York for seven terms from 1969 to 1983. As both a New York state legislator and a congresswoman, Chisholm fought for the federal government to help people get an education and to help poor people get enough food to eat.

Chisholm wanted woman, African Americans, and the poor to get a seat at the table. And if there wasn't an empty chair, she advised bringing your own.

Tune in to **Kewanee Horizons** next week for the next eleven Black Americans who shook up the World.

# WHAT BLACK HISTORY MEANS TO ME

By: Kenji Haley

In the late 1960's, when the younger, less progeny of the era birthed a movement. In this movement, being called **black** was not an insult but it was liberating. Suddenly, many of our people wore dashikis (brightly-colored African tribal garment), raised clinched fist with tight-fitting black gloves and responded back to versus of the most talented entertainers of time, Mr. James Brown who stated "**SAY IT LOUD...I'M BLACK AND PROUD**".

This movement influenced everyone in every area of our culture and gave rise to the black arts movement. It wasn't just mainstream politics that changed, but education, music, fashion and language shifted to reflect the demands of those who refused to go unheard. At that movement, black was the new beautiful. Afros emerged like Crowns and Tiaras; they wore like a sign of liberation from shame and self doubt. It also gave us self-determination from shame and self-doubt. A sign of hope and renewal of the spirit from our ancestors.

Brown and Ebony-skinned women were elevated to gorgeous symbols of the time. Black women who had accepted the myth of inferiority and had all but given up suddenly had role models like Aretha Franklin, Dionne Warwick, Pam Grier, Cicely Tyson,



Dinah Washington, Chaka Khan, Angela Winbush and others were seen as vision loveliness and grace.

Black men showing that they were made for this society by being athletic, on the silver screen and on the ground moving the culture forward. Men like Sidney Poitier, John Carlos, Thurgood Marshall, Jackie Robinson, H. Rap Brown, Eldridge Cleaver and Huey P. Newton. Where would we be if we didn't have these great Kings and Queens paving the way??

Steeped in symbolism of African artifacts, handshakes, slogans, songs and self-freeing poetry as well as "take-no-prisoners" attitude, we began to slowly love the whole of our black selves. So, when I think of Black History and what it means to me, it's the movement of that time that gave me the passion and creation to not be put in a box. I will never lose what I have been give. We are Watu Watzuri!! ("beautiful people" in Swahili).  
Blessings

## BLACK HISTORY MONTH

**By: Charles Murray**

Hmmm?? To me, Black History is who I am. It's what I create...History—every time I make a positive impression or a beautiful art piece. Those will be around long after I'm not. I'm magnetic, magnificent, maturated. I'm a profiteer, prolific, prominent, and one who perseveres. I'm programmable, adulterated, and bending and very, very much so unappreciated at times.

I am Black History Month!



# WHAT IS BLACK HISTORY

**By: Christopher Wright-EL**

We, as an indigenous people, our sometimes misconstrued of our story with “His-story”. Our ancestors were and still are Kings and Queens of this great nation. So, why do we degrade ourselves using the “N” word, when we are the future Kings and Queens?

Or call our women the “B-word”? Every nationality comes from our great race. We lived with the land, not on it as we are today. As time past, the pale skin nations of Europe came to “Amexem”, known today as “Africa”. The name was changed by the Roman general John Afriikanos, who conquered Amexem as they named it after him as an honor for his victory in the land. The Romans started showing our ancestors trinkets that they could use for trade of gold, pearls diamonds and our people once they saw how strong and agile we are. Then our people went for prize to possession. The same Romans who came, decided to barter our ancestors by deposing them from the shores of western Africa, to the unknown land, at the time known as the “13 Colonies” (eastern portion of the US). The Romans didn’t want the wealth of the land, they wanted it’s people. OUR PEOPLE.



Many of our people died from starvation, the lack of oxygen, amongst other things. The rancid smell of urine and feces and the decomposing bodies were traumatic not to say the least. In 1774, when the Anglo-Saxon enslaved the Moors and branded them with the name “Negro”, “black” and “colored”. Our ancestors were lied to and deceived. Instead of having an opportunity to create something of their own, they enslaved them, putting our people in chains and shackles. When our people rebelled against the harsh treatment, we were bullwhipped and isolated. Some of the times, we were hanged in a public display to show that we were not to get out of line, or that there was a consequence to be had.

To work in their fields and build the new America. They saw how we were able to work in above normal climates, compared to the Native Americans. To work on their land and grew food and build things. They wanted our people for their innovative skills and work ethic. Did you know that “colored” means anything painted, stained, varnished or dyed”? Did you know according to science that black means “death”? Look up the word “black” and then look up the word “white”. One means “not pure” and the other means “pure”. Why is that? We are not black. We are “Asiatics” and/or “Moors”. Willie Lynch came up with how to make a slave and how to keep a slave segregated. Light-skinned against dark-skinned, ugly versus beautiful and educated versus non-educated. Still today we are doing the works of Willie Lynch as he wrote in his letters, killing each other, degrading each other, not loving one another, we as a people never help one another. Why is this? So, what does BLACK HISTORY mean to me? My people, we have a nationality and its not African American. In the United Nations, there are no such nationality or flag that depicts African-Americans as a race. It is up to YOU to find your heritage. Marcus Garvey once quoted “stand up, you mighty race and accomplish what you will!!” Proclaim your nationality, divine and fig tree. Peace be upon you!

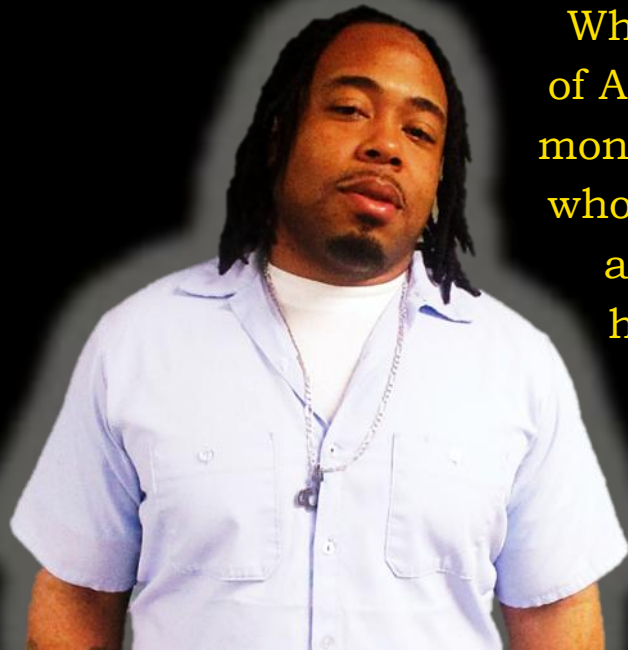
## A MOMENT OF TRUTH

**By: Shardon Gray**

As we observe the month of “Black History,” I truly encourage those of African Decent and anyone who has pride as an American, to pay respect to those who fought, and still fighting today, for equality. Though we’ve come far, we collectively have more to accomplish.

During this month of Black History, you’ll be informed about things related to slavery, Black leadership, Black movements and racial division etc. The word ‘black’ is a key word or title for the history of the people as well as the time associated with it.

What I challenge those who’re truly passionate about the people of Africa who were given the title ‘Black,’ at least during this month reflecting on the History, to have the courage to research who were the people that were stripped of their complete identity and forced to fight to regain it? Did those forced into slavery have a nationality? A tribal name that linked them—us, to a culture defined by religion, arts, education, morals, values, and principles? You’d be surprised to discover that the “Blacks’ History” that’s covered in pain, struggle, and ignorance of self extends to the history of those who held the



keys to civilization. Those of the kings and queens, the prophets and messengers of your faith and religions. The great architects, mathematicians, astrologists, and scientists of the world that helped shape and evolve the minds of all nations. And even while being oppressed, educated their oppressors and built the world on these shores which they were considered less than human. These same people who were once so great became legal slaves in 1779 which marks the beginning of what is now considered Black History.

A Black History FACT!

Black History began in North America. Black has always been a descriptive “word” never a color! Black is a word associated with death, evil or void of light. This title was more acceptable than other titles placed upon a people to replace their African tribal names (nationalities) from 1779-1865, where a legal institution of slavery was incorporated in America. There was no such thing as Black History because no blacks were brought to America!

So as we observed this month dedicated to the Blacks of American History, don't take my word for it, but if you research, you'll better understand why our brothers and sisters fought so hard and sacrificed their lives to restore their free-national names; to be treated with equality, dignity, and respect; and to give us true generational wealth—not money or property, but the knowledge of self and who your ancestors were, you are without a doubt of contradiction.

Don't allow customs, traditions, religion, or the shade of your skin divide you. Don't let roughly 244 years of “His-story” be “Your-story.” With love and respect to all of humanity, do your research and know how great our ancestors were and how great we are, you'll have a TRUE story. We even made ‘Black’ beautiful. Imagine that!



## PEER LED SHOWCASE

The Lady and Gentlemen that you see pictured above are the very people that help make our vision come to life. These individuals dedicate their time and effort to help teach our fellow peers things that are much needed in their personal development in life, which we anticipate will inspire us all to step up and do the same. We are beyond appreciative for the submissions we've received from other facilities, and other peer educators, and it's truly a wonderful thing to see. We all lead by example, and the example that we've set with these peer-led classes show that we are more than determined to prove our worth. We are all leaving behind a roadmap to success, and for all of those that are involved, to everyone that makes this possible, our gratitude cannot be expressed in simple words. However, thank you to **Everyone**, and please, keep up the good work! Trust me, it's not going unnoticed.

# BIG ROB'S ROOFING GROUP

## LESSON #7

Welcome back to Big Rob's Roofing Group. It's a new year, so let's make it count! Today we are talking about:

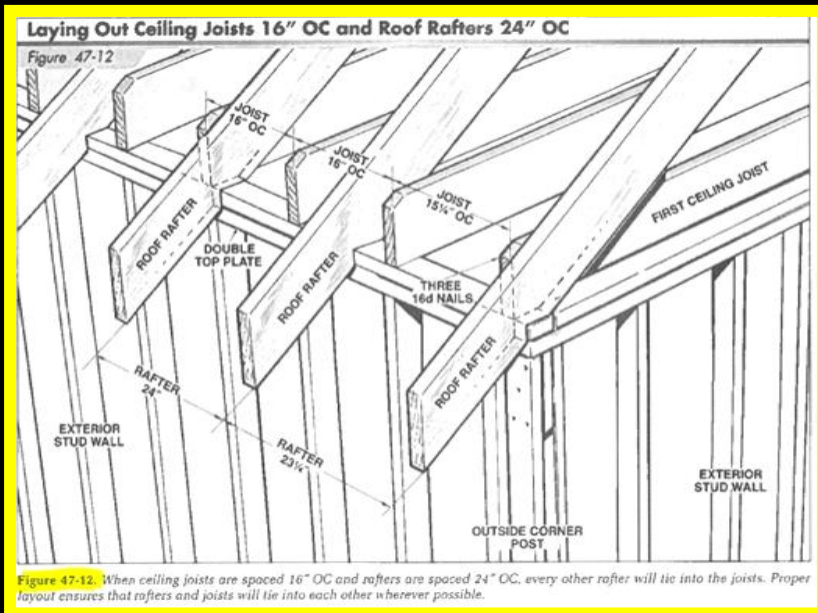
### Constructing Gable Roofs

The Major part of Gable roof construction is setting the common rafters in place. The most efficient method of constructing Gable roofs

is to precut all common rafters and then fasten them to the ridge board and wall plates in a continuous operation.

### Marking Wall Plates

Rafter locations should be marked on the top wall plates when the positions of ceiling joists are laid out. Proper roof layout will ensure the rafters



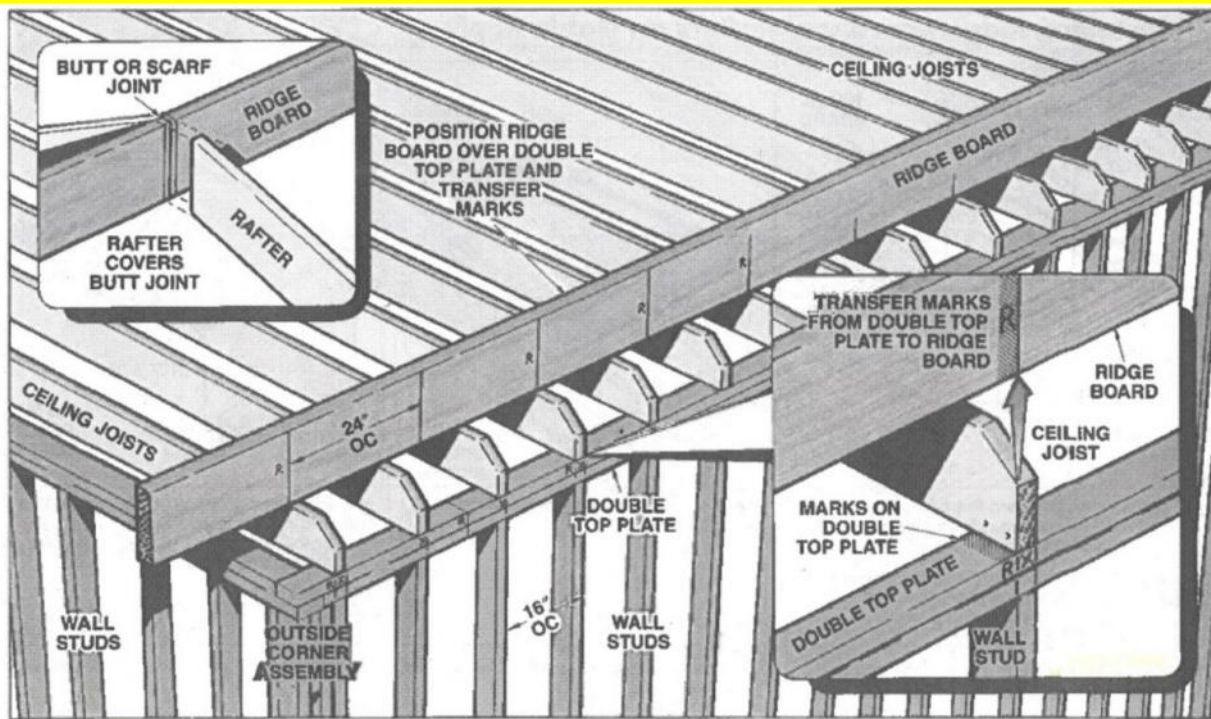


Figure 47-13. Ridge board layout is copied from markings on wall plates. Butt joints for ridge boards must occur at the center of a rafter.

and joists tie into each other wherever possible. Roof rafters are often spaced 24" on center and ceiling joists are commonly spaced 16" on center. An example of this type of layout is as shown. "A gable roof is the most common type of roof used for a residential garage, fun fact."

## Cutting and Marking a Ridge Board

The ridge board, like the common rafters, should be precut. Rafter locations are then copied onto the ridge board from the markings on the wall plates. The ridge board should be the length of the building plus the overhang at the gable ends.

Lumber used for the ridge boards is wider than rafter stock. For example, a 2" x 8" ridge board would be used with 2" x 6" rafters. Ridge boards must be at least 1" thick (nominal) and must be wider than the cut end of the rafter. Some buildings are long enough to require more than one piece of ridge material. The breaks between the ridge pieces should occur at the center of a rafter.

The ridge board, like the

## Setting Up and Bracing Ridge Boards

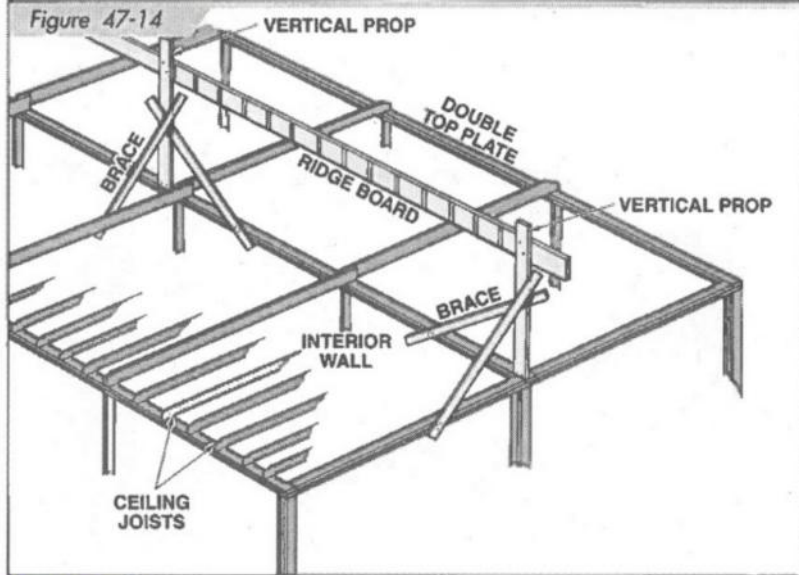


Figure 47-14. When only a few carpenters are present on a job site to set the ridge board, the ridge board is secured in position with props and braces.

## Cutting Common Rafters

One pair of rafters should be cut and checked for accuracy before the other rafters are cut. To check the first pair for accuracy, set them in position with a 1 1/2" piece of wood fitted between them. If the rafters are the correct length, they should fit the building. If, however, the building walls are out of line, adjustments will have to be made to the rafters.

After the first pair of rafters fits the building satisfactorily, one of the pairs can be used as a template for marking the other rafters. A circular saw is then used to cut the rafters.

## Installing Ridge Board and Rafters on Gable Roofs

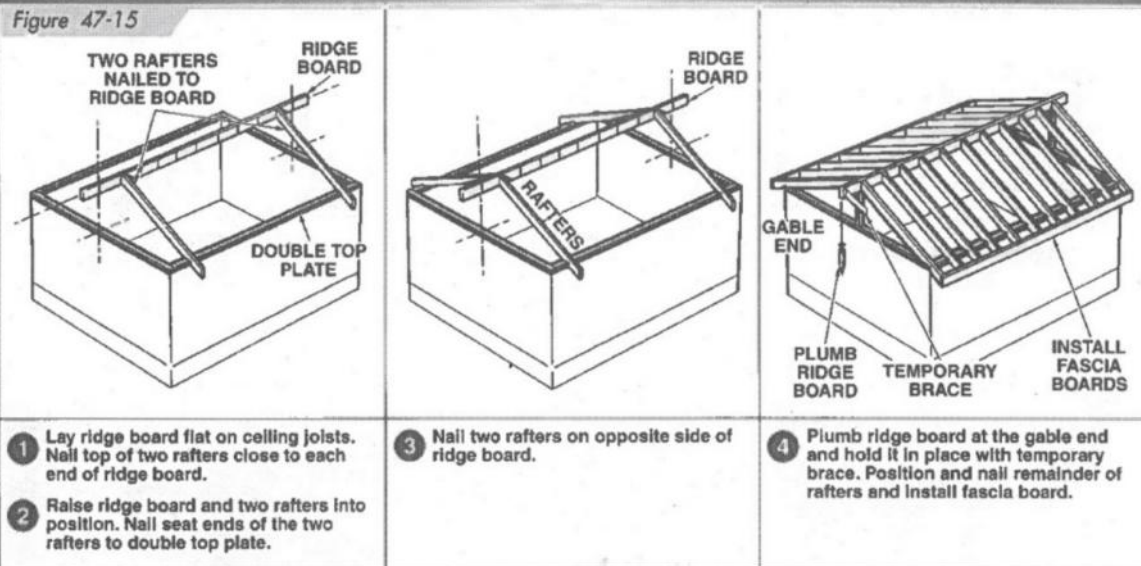


Figure 47-15. When several carpenters are present to raise a gable roof, the method shown is used to set the ridge board and nail rafters for a gable roof.

## Placing a Ridge Board and Common Rafters

Various methods may be used to set up the ridge board and attach rafters to it. Plywood or OSB panels should be laid on top of ceiling joists where the framing will take place. The panels provide safe and comfortable footing for carpenters



and also provide a place to put tools and materials.

When only a few carpenters are present on a job site, the most convenient procedure is to set the ridge board to its required height (Total Rise) and hold it in place with temporary props and braces. The rafters can then be nailed to the ridge board and the top wall plates.

A faster system that can be used when a larger crew is present is shown here.

## **Cutting Common Rafter Overhang**

Common rafter overhang can be laid out and cut before the rafters are set in place. However, carpenters may prefer to cut the overhang after rafters are fastened to the ridge board and wall plates. A chalk line is snapped from one end of the building to the other and the tail plumb lines are marked with a sliding T-bevel. The rafters are then cut with a circular saw. Cutting common rafter overhang after the rafters are set in place ensures the line of the overhang will be perfectly straight, even if the building is not.

## **Framing Gable End Overhang**

Another overhang is formed over each gable end of the building. The main framing members of the gable end overhang are the fascia rafters or barge rafters. Fascia rafters are fastened to the ridge board at one end and to the fascia board at the lower end. Fascia boards are often nailed to the tail ends of the common rafters to serve as a finish

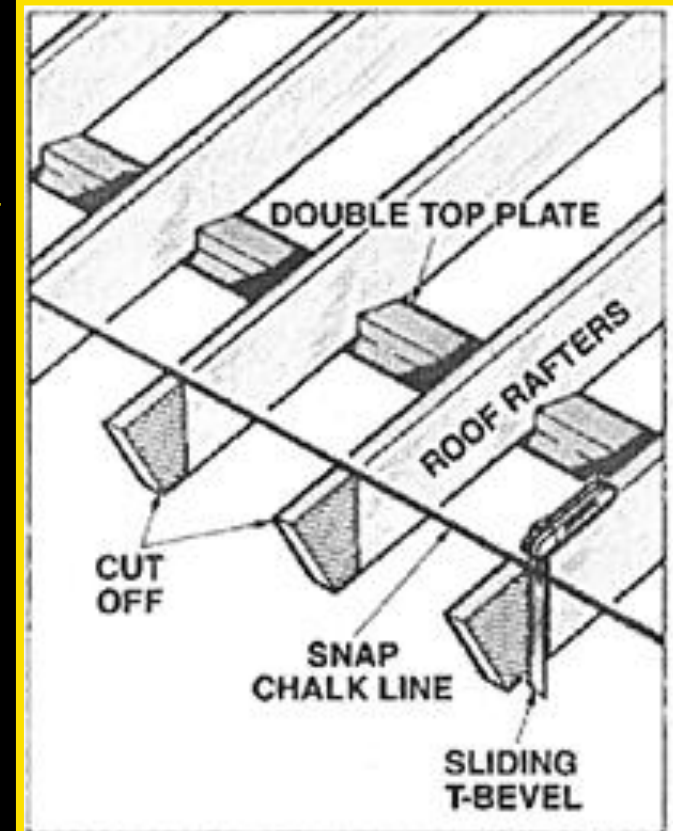


Figure 47-16. Many carpenters prefer to cut the overhang after rafters are fastened to the ridge board and wall plates. A chalk line is snapped along the rafters and a sliding T-bevel is used to lay out the tail plumb lines.

piece at the edge of a roof. By extending past the gable ends of the house, fascia boards also help to support the fascia rafters.

## Cutting and Placing Gable Studs

At each end, vertical members called gable studs are placed. Gable studs decrease in length from the ridge section toward the exterior side walls. The common length difference can also be calculated mathematically by dividing the gable stud spacing by the unit run and then multiplying by the unit rise ( $[16 \text{ divided by } 12] \times 8 = 10.67''$  or  $10 \frac{11}{16}$ ). Gable studs also require an angle cut where the fit beneath a top plate or rafter. The framing square can be used to lay out the angle. A finished gable stud will appear similar to the one shown here.

## Placing Purlins and Collar Ties

If purlins are required, they are nailed beneath the rafters after the roof framing is completed. The rafters should be aligned with a string while the posts are being fitted between the purlin and the supporting partition. Collar ties are also installed at this time.

Thank you community for your support! Next time we will start talking about Gambrel Roofs. Well it's 2023 and I want you to remember, "You dictate how it will go!" So, lets make this a great year. Lets learn some stuff together and make this year better than last year. Lets stay focused and git-r-done! God Bless you community, lets make 2023 ours.

**Thanks,  
Big Rob**

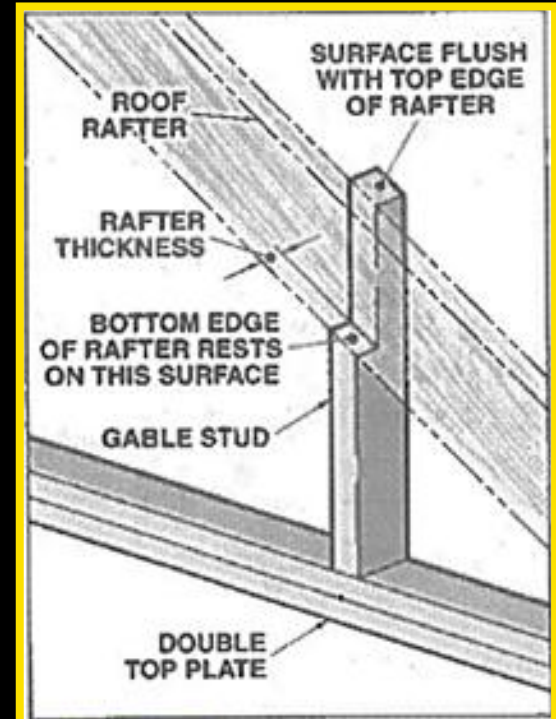


Figure 47-22. Gable studs provide gable wall structure and support rafters along their bottom edges.

Figure 47-23 shows a section view of a gambrel roof. The meeting points of the upper and lower rafters in this gambrel roof are supported by walls.

# Perception Matters

## Hello Brothers & Sisters

On November 29th, I took a trip to our Capitol in Springfield IL to promote **Restore Justice House Bill 1064** to abolish **Life Without Parole** for most people 20 and younger. Going and actually being a part of that process Finding out how legislation works was both amazing and hard work. Talking to senators and telling my story of being sentenced to natural life at the age of 17, as well as obstacles I had to overcome being in the system and also since being home, was therapeutic for me, while

By:  
**Demetrius Jackson**



changing the thoughts they may have had about incarcerated people. Perception is everything. And since going to Springfield, my perception of how to get bills passed has changed.

The perception most have about promoting a SB\HB (Senate Bill/House Bill) is that everyone gets in a room, talk about said bill, and a decision at that point is made. That's not the process at all. For us here at RJ, the process of promoting a bill is a tedious one. There are 59 legislators in our senate. And for a bill to pass, 30 must agree. Which means for us, we have to talk to each legislator about why this bill matters until we can get 30 to say yes to our bill.

So, imagine, walking around the capitol having to possibly talk to 59 people, one at a time, and taking meetings that are hours apart. Well, that's the process of getting a bill passed. And also keep in mind, that is our process each time we work to introduce a bill. It's not easy, but It's part of the work that needs to be done. Being part of the work that helps get bills that matters to us passed, has given me a different perspective about the workings of our justice system, as well as changing the thoughts and views of people about incarcerated people and returning citizens.

**Giving us a voice and a face.**

**Because again,**

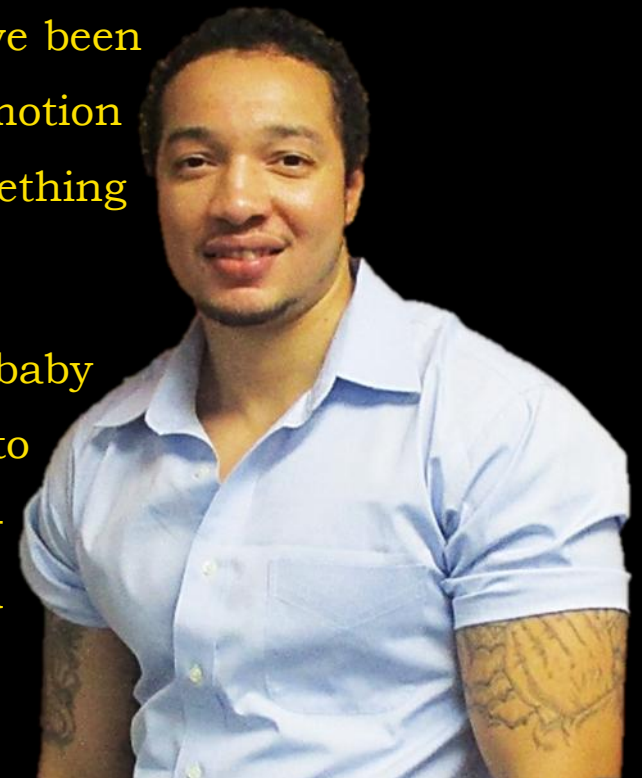
**perception matters.**

# "NEW YEAR, BETTER ENERGY"

By: Tiiyon t. Byrd

Now that we've entered a new year, the wonderful year of 2023, I first want to wish everyone a Happy New Year and may this year bring us all nothing but good things. I hope that with this New Year, we've all wiped our slates clean and are going to make the best of this year. For some of us, another year passing is simply just that, another year passing. I've never been one to celebrate any holidays since I've been incarcerated, mainly because I try and block off any and all emotion involved with "holiday spirit" because it's always been something that gets me in my feelings.

The hardest thing for me has been being away from my baby boy, who is no longer a baby. There's a movie that I used to watch every Christmas, which would make get me over-emotional, which is "Jingle All the Way", with Arnold Schwarzenegger and Sinbad.



I love that movie so much because for me, it showed that a parent would do anything to make their kid happy. I am most definitely the kind of father that would do anything to make his kid happy, as I'm sure that everyone else feels the same way.

Throughout my incarceration, I would keep everything to myself, mainly because being vulnerable in prison isn't ideal for any of us, and that's never healthy. As I mentioned in the previous volume of KH, talking to people and getting things off your chest is important for your mental health and sanity. It also makes you feel a lot better, and that's something that I know for a fact. I am 100% comfortable sharing everything about myself to every single one of you because I know the many things that we all deal with on a daily basis, and I want to do everything in my power to help us all get through this, and also inspire everyone to do the same. With the New Year comes new ideas, new hopes, new dreams, new everything.

One of my biggest hopes is that my words to all of you are taken seriously because I am someone that's going to leave this place and fight for each and every single one of you, to help make things better for us all, not only inside of prison, but for those of us that will be released one day.

I can't stress to you enough the importance of making sure that we all know that we are the ones that the change has to begin with. When people see us doing positive things, and not just things that benefit "you", but others as well, people are more inclined to help and that's a fact. I just want everyone to be mindful of the fact that being considerate of others and displaying selflessness is something that will take you far in life. We have to literally come together and learn to embrace one another, help one another, and pull each other up. There's a lot of us within these prison walls that survived off being selfish, and though that may have worked for you prior to being in prison, why are you here now? I've encountered so many people that are inconsiderate and selfish that it's not even funny. I've tried getting to the bottom of the reasoning behind why they're the way they are, and majority of the reason is because someone, or multiple people, did them wrong before. Short answer, they were hurt and never let it go.

That's something that we have to learn how to do, let go of old stuff and learn to forgive people. The same way we desire forgiveness for all the wrong we've done, we too have to be forgiving. Point is I just want us all to be better. Those of us who have been incarcerated for quite some time need to set a better example for the younger generation that's coming into the prison system.

For a lot of us that are older, we view the younger generation as wild, reckless, and disrespectful. We have to understand that the world is nothing like how it was when we were growing up, and honestly, the world is a lot crazier than what anyone could've ever imagined. Think about the pandemic and the impact that it had on the entire world. I remember when the pandemic began, and all the craziness that came with it. Everyone was panicked, terrified, and had no idea what to do.

The moment we heard that people were dying rapidly because of covid, our immediate thoughts were survival and how do we get through this. That same fear and mindset is similar to those of us that are incarcerated. We enter prison with fear of the unknown, and the only thing that we're trying to make sure of is that we survive and make it through to the best of our ability. We need to all be understanding that we all deal with things differently in life. Instead of being quick to be judgmental, we need to try and be understanding of one another and help each other as best as we can. I want you to think about if your kid or younger sibling, or anyone that you care about for that matter, was to be locked up and have to come to prison. What kind of environment would you want them in? What kind of people would you want them around?



God forbid it ever being the case, but if any of my loved ones were to be incarcerated, I would want them to be around positive people and in a safe and healthy environment. Being in prison doesn't require you to have a shitty attitude, that's a choice that people make. For this New Year, I'm hoping for everyone single one of us to be better than what we were in the year that just passed. Before I depart, I want to share something with you that I thought was cool. I'm sure we've all seen that commercial with Ancestry.com and how it displays some of the amazing things people in your family has achieved. You can do so many things while in prison that can add to those achievements, and or, just things that future generations of your family can look back on and have something to smile about and be proud of. Don't doubt yourself or your capabilities EVER! Think about what it is that you want to do, plan it out, and make it happen.

There are many agencies out there, "free agencies" that is, that are more than willing to help you with whatever it is that you're wanting to achieve. Simple things such as putting together a children's book is something that is ever-lasting, it's something that can be passed down to every generation in your family, and who knows, you may even start a family trend. Whatever it is you do, make sure to give it your all and be proud of the things you do. Until next time, please take it easy and Happy New Year to you all!

# THE MARKET CORNER

## Dollar Cost Averaging

**By: Robert “Bulldog” Kennedy**



When you purchase stocks, particularly as a long term investment, it's very common to do what is considered “dollar cost averaging” along the way. Dollar cost averaging simply means adding money to your investments on a regular or consistent basis over time. Lets look at an example. Suppose you were interested in initiating a position in the S&P500 as an investment. You chose the Direxion Daily S&P500 Bull 3X Shares (SPXL) to gain some exposure in all 500 stocks trading within the S&P500. Currently at the time of this writing, the (SPXL) is trading at \$71.52 per share. You decide to buy one share every month for the next 20 years. Well, as you know, the market will go up and down every single

day as buyers and sellers determine the value of each company in the US stock market. However, this is of no major concern to you. If you bought one share of the (SPXL) every

month, all year, you would be dollar cost averaging. Hypothetically speaking, let's say you started today with your first purchase of the SPXL. Every month to follow, you added a single share to your portfolio, no matter what the price is. You would capture a different price per share every month and over time your overall price or your "dollar cost average" would be approximately the average price the SPXL was being sold at for the entire year. In other words, sometimes you will buy it at a high price when the market is rising and at a much lower price when the market is falling. It may look something like this:

September: \$71.52 October: \$73.60 November: \$76.80 December: \$69.40 January: \$68.30

February: \$66.90 March: \$67.40 April: \$68.10 May: \$71.20 June: \$70.25 July: \$74.10  
August: \$72.05

Your dollar cost average after the entire year of investing would = \$70.80 per share. You currently own 12 shares of (SPXL), at an average cost per share of \$70.80, for a total investment of \$849.60. As you can see, you bought (SPXL) on 12 different occasions throughout the year, ranging from a low of \$66.90 to a high of \$76.80, yet your "dollar cost average" was somewhere in the middle, (\$70.80).

The broker platform you choose, (i.e. TD Ameritrade, E-Trade, Robinhood) will do the dollar cost averaging for you, but the idea is to add all 12 months of purchases together then divide the total amount by 12 to get the average cost over the whole year. In our example, you would continue this for the next 20 years, choosing to buy as many or

as few shares as you wish. This is just an example of having complete exposure to the U.S. stock market without worrying about what the stock market is doing every single day. You will actually be better off when the market is in a downward trend, so you can buy (SPXL) at a lower price. As a long term investor, in my opinion, this is a smart move. Essentially, you are betting the U.S. stock market will increase in value over time. The U.S. economy is the strongest economy in the world. The U.S. stock market has always come back from any crash it has ever encountered, only to become stronger. In my opinion, the U.S. stock market will continue to increase in value in the future. In my opinion, dollar cost averaging into the S&P 500 will make a lot of dollars and a lot of “sense.” Just something to take a look at. Catch you next time!

## **-WARNING!-**

**INVESTING IN THE STOCK MARKET INVOLVES RISK. THE MARKET CORNER IS MEANT AS AN INFORMATIONAL TOOL, NOT AS INVESTING ADVICE. INVEST AT YOUR OWN RISK!**

# FINANCIAL LIT

## Understanding What Your Credit Data Includes and Means

A **CREDIT REPORT** contains information such as...

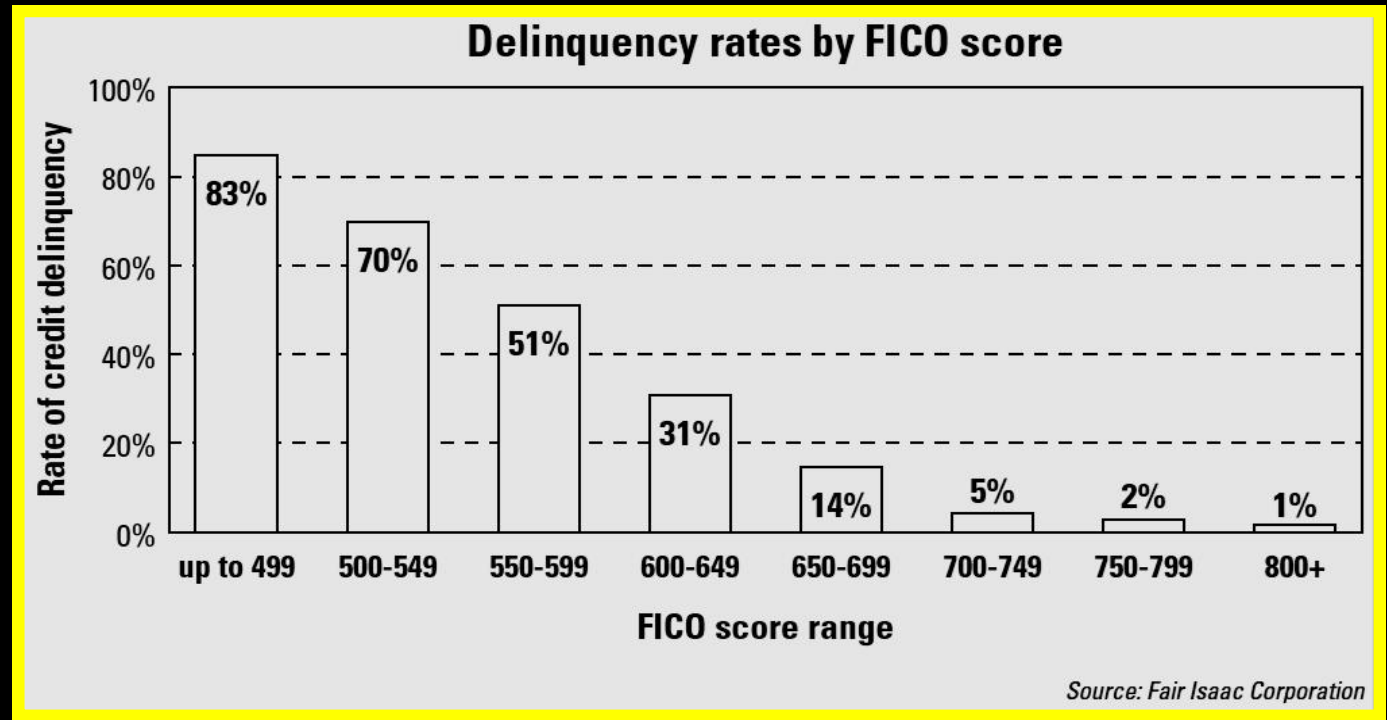
- ♦ **Personal identifying information:** Includes name, address, Social Security number, and so on
- ♦ **Record of credit accounts:** Details when each account was opened, latest balance, payment history, and so on
- ♦ **Bankruptcy filings:** Indicates whether you've filed bankruptcy in recent years
- ♦ **Inquiries:** Lists who has pulled your credit report because you've applied for credit

Your *credit score*, which is not the same as your credit report, is a three-digit score based on the report. Lenders use your credit score as a predictor of your likelihood of defaulting on repaying your borrowings. As such, your credit score has a major impact on whether a lender is willing to extend you a particular loan and at what interest rate.

*FICO* is the leading credit score in the industry and was developed by Fair Isaac and Company. *FICO* scores range from a low of 300 to a high of 850. Most scores fall in the 600s and 700s...higher scores are better. (In recent years, the major credit bureaus—Equifax, Experian, and TransUnion—have developed their own credit scoring systems, but many lenders still use *FICO* the most.)

The higher your credit score, the lower your predicted likelihood of defaulting on a loan. The “rate of credit delinquency” refers to the percentage of consumers who will become 90 days late or later in repaying a creditor within the next two years. Consumers with low credit scores have dramatically higher rates of falling behind in their loans. Thus, low credit scorers are considered much riskier borrowers, and fewer lenders are willing to offer them a given loan; those who do charge relatively high rates.

The median FICO score is around 720. You will generally qualify for the best lending rates if your credit score is in the mid-700s or higher.



### Disclaimer:

**Kewanee Horizons** is **NOT** a financial institution, we also are **NOT** a financial advisory board. The information provided by our publication is general knowledge, **NOT** advice, use this information as a teaching tool, **NOT** as a blueprint. This information has been acquired from the following:

1. **Personal experience.** Although these are our experiences, yours may be entirely different.

**AND**

2. **Information gathered from other sources.** These sources may include but are not limited to books, magazines, handouts, etc.

## MENTAL HEALTH TIP

Here is another grounding technique exercise to try. Grounding techniques can help control the uncomfortable symptoms that are normal to experience after trauma. These symptoms can include: flashbacks, anxiety, or other physiological activities. This exercise is called the Categories exercise.

Choose at least three of the categories listed below and name as many items as you can in each category. Spend a few minutes on each category. Try to stay focused on the activity, if you notice your thoughts wandering to something else, take a breath and refocus.

- Movies
- Sports Teams
- Animals
- Countries
- Colors
- Cities
- Books
- Cars
- TV Shows
- Cereals
- Fruits and Veggies
- Famous People

For a variation on this activity, try naming items in a category alphabetically. For example, for the fruits and veggies category, say “apple, banana, carrot,” and so on...

# BRAIN FACTS

Body language is nonverbal communication, in which our thoughts, intentions, or feelings are expressed by physical behaviors such as body posture, gestures, eye movements, and facial expressions...more than 50% of communication is based on our body language.

## **Nonconscious communication**

Social interactions between people involve complex streams of nonverbal communication that are processed in parallel to speech. Many aspects of body language arise instinctively - eye movements, facial expressions, and posture, for example, all change without conscious control. These movements can therefore reveal unspoken intentions. Body language is also used to signal social intentions overtly, such as when blowing a kiss. The richness of this communication involves the whole body and our brains are attuned to it.

## **Eye signals**

Pupils frequently shift size and can signal various things. A dilated pupil may indicate surprise or attraction. Constricted pupils are associated with negative emotions such as anger. From a resting point (normal), pupils can shrink or expand; Iris muscles contract to enlarge pupil when dilated.



## **Brian processes**

Processing body language involves areas like the amygdala, which receives emotional content; part of the superior temporal gyrus, which responds to seeing human movement; and the orbitofrontal cortex, which analyzes meaning. Special cells, called mirror neurons, are also activated when you see someone else moving.

## **Facial expressions**

Facial expressions reveal much about a person's emotions. The eyes and the mouth, in particular, automatically respond to strong feelings, although people can consciously change their expressions to mask emotions.

## **Posture**

An aggressive posture tends to inflate a person's size. It may involve extending the arms, setting the feet far apart, and protruding the chest. The same postures may be used to invade others' personal space. In contrast, defense postures are closed - folded arms, for example, are a classic indicator.

## **Gestures**

Most body language is performed unconsciously, but we have more conscious control over our gestures, which are movements of the body used to convey meaning. There are four categories of gestures: symbolic (or emblematic); deictic (or indexical); motor (or beat); and lexical (or iconic). They might be used instead of speech or alongside it for emphasis. Some scientists believe that increasingly complex gestures evolved as the forerunners of speech, which now defines our species.

### **Symbolic**

These are gestures that can be literally translated into words - for example, waving hello or making the “okay” sign. They are widely recognized in a given culture but may not be recognized beyond that culture.

### **Deictic**

Deictic gestures involve pointing or otherwise indicating a concrete object, person, or more intangible item. Used with or without speech, they act like pronouns, meaning “this” or “that.”

### **Motor**

This type of gesture is short and tied to speech patterns, such as moving the hand in time with speech, and is used for emphasis. Motor gestures contain no inherent meaning and are meaningless without accompanying vocalization.

### **Lexical**

These gestures depict actions, people, or objects, such as miming throwing when telling a story about throwing a ball, or using your hands to depict an object’s size. They usually accompany speech but contain meaning independently.

# ADVENTURES OF J-DAWG

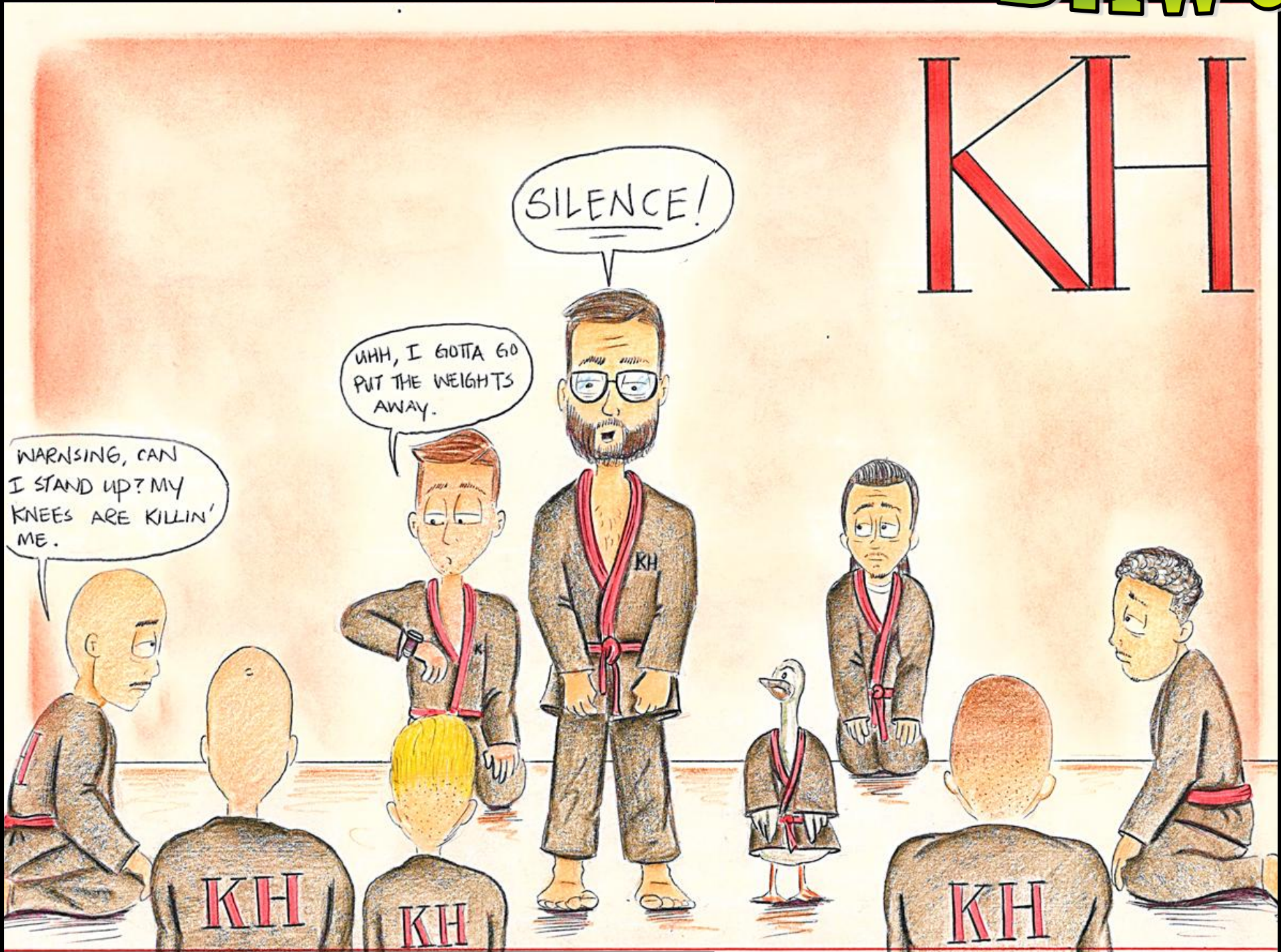


SILENCE!

UHH, I GOTTA GO PUT THE WEIGHTS AWAY.

WARNSING, CAN I STAND UP? MY KNEES ARE KILLIN' ME.

KH



# A BUNCH OF RANDOM FUN FACTS...

1. Three presidents, all Founding Fathers—John Adams, Thomas Jefferson, and James Monroe—died on July 4. Presidents Adams and Jefferson also died the same year, 1826; President Monroe died in 1831. Coincidence? You decide.

([constitutioncenter.org](http://constitutioncenter.org))

2. The Barbie doll's full name is Barbara Millicent Roberts, from Willows, Wisconsin. Her birthday is March 9, 1959, when she was first displayed at the New York Toy Fair.

([barbiemedia.com](http://barbiemedia.com))

3. There actually aren't "57 varieties" of Heinz ketchup, and never were. Company founder H.J. Heinz thought his product should have a number, and he liked 57. Hint: Hit the glass bottle on the "57," not the bottom, to get the ketchup to flow. ([heinz.com](http://heinz.com))

4. One of President John Tyler's grandsons is still alive today—and he was born in 1790. How is this possible? President Tyler, the 10th US president, was 63 when his son Lyon Tyler was born in 1853; Lyon's son was born when he was 75. President Tyler's living grandson, Harrison Tyler is 93. Lyon's other son Lyon Jr. passed away in 2020 at the age of 95. The Tyler family still maintains the President's home, Sherwood Forest Plantation in Virginia. ([sherwoodforest.org](http://sherwoodforest.org))

5. The tallest man ever recorded was American giant Robert Wadlow (1918–1940), who stood 8 feet 11 inches. Wadlow's size was the result of abnormally enlarged pituitary gland. ([guinnessworldrecords.com](http://guinnessworldrecords.com))

6. The tallest living man is 39-year-old Sultan Kosen, from Turkey, who is 8 feet, 2.8 inches, who set the record in 2009. His growth is also due to a pituitary issue.

([guinnessworldrecords.com](http://guinnessworldrecords.com))

7. The oldest person ever to have lived (whose age could be authenticated), a French woman named Jeanne Louise Calment, was 122 years old when she died in 1997.

([guinnessworldrecord.com](http://guinnessworldrecord.com))

8. Sliced bread was first manufactured by machine and sold in the 1920s by the Chillicothe Baking Company in Missouri. It was the greatest thing since...unsliced bread?

([chlicothenews.com](http://chlicothenews.com))

9. The Earl of Sandwich, John Montagu, who lived in the 1700s, reportedly invented the sandwich so he wouldn't have to leave his gambling table to eat. ([pbs.org](http://pbs.org))

10. The first college football game was played on November 6, 1869, between Rutgers and Princeton (then known as the College of New Jersey) in New Brunswick, New Jersey. Rutgers won. ([ncaa.com](http://ncaa.com))

**THERE YOU GO,**

**SOME RANDOM FUN FACTS?**

# HOROSCOPES 46



**Aries** - March 21 - April 20 -Your emotions have been pulled out of shape and you need to do a little backtracking. Communication will be your strong point and you should be able to persuade others to see things your way. Deception may cause disputes you can do without. Make arrangements to meet friends at your local dance club. Your luckiest events this month will occur on a Thursday.

**TRANSLATION: Calm down, relax, and breathe easy...Then talk it out, that's how things get figured out.**



**Taurus** - April 21 - May 20 -Relatives will want to get together. Your positive attitude and intellectual outlook will draw others to you. Get together with friends who like to participate in indoor sports. Try not to take others for granted. Tempers could get out of hand this month. Your luckiest events this month will occur on a Thursday.

**TRANSLATION: Keeping a positive attitude despite being in prison says a lot about the person you are, and hopefully it'll rub off on others and motivate them to do the same.**



**Gemini** - May 21 - June 20 -You will find that friends or relatives may not understand your needs. Compromise if you wish to have any fun at all. Uncertainty about your relationship is prevalent. You will have to be sure not to burn the candle at both ends. Your luckiest events this month will occur on a Sunday.

**TRANSLATION: Have your people listen to that "Where ya at" by Future & Drake, they'll get what you mean and how you feeling.**



**Cancer** - June 21 - July 22 -Travel opportunities should be your first choice. Do not allow colleagues to hinder your ambitions. Stay away from social unpleasantness. Take a close look at contracts and agreements that have been offered to you. Your luckiest events this month will occur on a Thursday.

**TRANSLATION: Travel opportunities in the "prison-world" means the opportunity for a transfer to a better place with more opportunities. Opportunities must be the word of the day?**

**Leo** - July 23 -August 22 -Stress coupled with diet will add to stomach problems. Your creative ideas will be put to good use if you dig in and do things around the house that will make your family happy. You might not be as reserved on an emotional level as you'd like. Travel will be fun and entertaining. Your luckiest events this month will occur on a Saturday.

**TRANSLATION: Take some time to travel into the world of the tablet and listen to Roy D. Mercer. Taking time to relax and just laugh a little bit will definitely relieve some stress.**

**Virgo** - August 23 - September 22 -New partnerships will develop if you join investment groups. You are best to do your research before taking on such a venture. You may find that someone you live with may be irritable; you're best to leave them alone. Others may want to steal your thunder when they realize your ideas are pretty solid. Your luckiest events this month will occur on a Tuesday.

**TRANSLATION: Pay attention to "The Market Corner" in KH, get what you can out the material, and don't let your angry roommate throw you off. Maybe learning something and sharing that information will benefit the both of you.**

**Libra** - September 23 - October 22 -Don't count your chickens before they hatch. Deception is evident around you. Be confident in your endeavors and others will believe in your efforts. Avoid lending money or belongings to friends. Your luckiest events this month will occur on a Friday.

**TRANSLATION: Being excited after receiving good news is cool, but always remember to remain humble...at least until its actually time to TURN UP!**

**Scorpio** - October 23 - November 21 -You could be blind to the defects of those you love. Tell it like it is. Responsibilities with respect to older relatives may be a burden. Do not yield to children or relatives when they really don't deserve it. Your luckiest events this month will occur on a Thursday.

**TRANSLATION: It's always good to be mindful of people's feelings when it comes to certain things, but at the end of the day, honesty is key...definitely let them know what it is.**



**Sagittarius** - November 22 - December 20 -Be sure to think twice before you say something that might hurt your partner's feelings. Visit friends or relatives you rarely see. Debates will stifle passion and result in estrangement. You need to make your lover feel wanted, not like a piece of the furniture. Your luckiest events this month will occur on a Saturday.

**TRANSLATION: Make sure the people that've been there for you know that you appreciate them and how much they mean to you, tomorrow isn't promised to any of us.**

**Capricorn** - December 21 - January 19 -Your creative imagination will help you in coming up with unique ideas. Leave things as they are for the moment and focus on reaching your highest potential at work. You are ahead of your time, and trying to stay in one spot could be asking too much. Travel will be fun, but expect it to cost you. Your luckiest events this month will occur on a Friday.

**TRANSLATION: All of those bright ideas you have, make sure instead of forgetting them, write them down and actually put more effort into achieving the goals you set for yourself. It'll definitely pay off in the long run.**

**Aquarius** - January 20 - February 18 -Be sure to keep communication open with those you live with. You could pick up valuable knowledge through conversations with experienced individuals. Erratic behavior at home may be hard to handle. Don't overspend on luxury items. Your luckiest events this month will occur on a Tuesday.

**TRANSLATION: Just because we're all in prison doesn't mean that some of us don't possess (knowledge) that may be valuable to you. Open your ears and learn to listen to those who have something to give.**

**Pisces** - February 19 - March 20 -Children may pose a problem if they don't like suggestions. Some of your new friends may not be that trustworthy. Try to be patient and understanding. You are best to do your research before taking on such a venture. Your luckiest events this month will occur on a Thursday.

**TRANSLATION: Patience is most definitely a virtue, especially when dealing with children that no longer feel like they're children. Remember to always keep your cool and understanding that they may be going through things that you are unaware of.**





# STATEWIDE CALLOUT

Everyone here at **Horizons** would like to take the time to express our sincerest gratitude for all of the viewers, supporters, and participants of **Kewanee Horizons**. Our approach is different from other material that has been of benefit to us all, especially in regards to highlighting the successes of our fellow peer's, as well as highlighting the fact that we have an outstanding amount of friends, family, and loved ones that contribute to our overall success. **Horizons** is more than just a platform for us to use to spread content throughout I.D.O.C., it's also valuable to us all to show that we are indeed a community made up of "real" people, striving to make it through this journey. With **Horizons**, we are experiencing amazing things. Things that weren't the norm just a few years ago, and that's the evolution of "US", (the incarcerated individuals), and our desire to spark an already contagious thing, which is a change in the utmost positive direction. Change begins with us, and that's exactly what's been shown, as well as proven.

Being able to see some of the Peer led groups is something that is a blessing for us all. For so long, some of us didn't have the courage to teach what we knew, and quite possibly, the issue was that we didn't know what we knew would help anyone. Kewanee doesn't make **Horizons**, we "ALL" make **Horizons**. It's about all of us. The things we do during this incarceration not only impacts us, but our community as well. If we want people to believe in us, we first have to believe in ourselves. The entire **Horizons** team is honored to be able to be a voice for some of those that feel that you don't have one. Our focus is on positivity and how any occurrence that you've encountered since being incarcerated has impacted you in a positive way. Our driving force is positivity with a Restorative Justice mind-set. We don't look to focus on anything negative, we don't want anyone dwelling on yesterday's bad decisions, we want everyone focusing on tomorrow's goal of productivity, positivity, and finding ways to help one another in the best way possible. Please don't shy away from submitting your article to **Horizons**. WE WANT TO HEAR FROM YOU!

# STATEWIDE CALLOUT

## MAILING US SUBMISSIONS

The address for **Kewanee Horizons** is:

**Kewanee Horizons Editor, KLSRC**  
**ATTN: EFA Mr. Warnsing**  
**2021 Kentville Rd.**  
**Kewanee, IL 61443**

Here is a quick list of Do's and Do-not's:

- **DO** try to have someone official from your facility contact EFA Mr. Warnsing before you send anything through the mail, they may be able to e-mail it directly to him at [doc.kewaneehorizons@illinois.gov](mailto:doc.kewaneehorizons@illinois.gov)
- **DO** try to stick within the ideals we have tried to promote in your article, namely Community and Restorative Justice principles, i.e. how the subject of your piece is community related and affected, stay positive
- **DO NOT** expect to have whatever you send, however you send it, returned to you under any circumstances
  - **DO NOT** write to any individuals in custody at **Kewanee Horizons** directly, or indirectly if you are in prison, incarcerated, locked up, doing a bit or anything in that direction
- **DO** write to or e-mail our liaison E.F.A. Mr. Warnsing if you are a free person in the free world and would like to submit something for possible publication
- **DO** understand, your submission is not guaranteed publication in **Kewanee Horizons**, we have internal and external guidelines that we adhere to

**KEWANEE HORIZONS NOW HAS ITS VERY OWN EMAIL ADDRESS**

[doc.kewaneehorizons@illinois.gov](mailto:doc.kewaneehorizons@illinois.gov)

**TELL YOUR FAMILY AND FRIENDS TO SCREENSHOT THIS PAGE  
AND SHARE IT TO THEIR SOCIAL MEDIA WITH THE HASHTAG:**

# #KEWANEEHORIZONS

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